

GOLDEN YEARS



Spring Forward by keeping your mind and
body in shape!

If you are age 55+ consider joining in the activities at
the Germantown Senior Center:

Zumba *Line Dancing* *Yoga*
Striders *Walking Group* *Trips* *Games*
Writer's Group *Parties* *Educational Opportunities*
Nutrition Program *Strength & Balance Class*
Fitness Room *Card Games* *Socializing*
Creative Projects *Brain Teasers*
Cooking Classes *Cricut Classes*
Scrapbooking Classes *Outdoor Activities*



Please Save the Date! Thursday, November 2, 2023 the 50th
Anniversary Celebration of The Senior Center



Bucky Badger Contest :

We have hidden a Bucky Badger somewhere in this newsletter. If you have the patience to hunt for it, and are lucky enough to find it, drop a note in the box in the office. Include your name, phone number and where the logo was located. We will have a random drawing of all correct entries to win a free lunch card to use for senior dining at Germantown Senior Center. Please submit your entries by the 9th of each month.

In March Bucky was found on page 8 behind the Easter Eggs
The winner : Rita Falkenstein

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Club Information

W162 N11960 Park Ave.
Germantown, WI 53022
262.253.7799

CENTER OFFICE HOURS:
8:00 A.M. TO 4:30 P.M.
MONDAY THROUGH FRIDAY

APRIL 2023
VOL.4 MMXXI11

INFORMATION

CENTER STAFF

Main Office: (262) 253-7799
Fax Number: (262) 250-1733
Park & Rec Director: Gilford Standridge
Senior Coordinator: Mary Fiegel
Office Assistant: Susan Tatalovich
Office Aides: Jennifer Reinert, Sandra Gillespie,
Jackie Shebesta, Faye Price,

SENIOR CENTER ADVISORY COMMITTEE

Trustee: Dennis Myers
Trustee: Jan Miller
Citizen Representative: Norine Janzen
Senior Representative: Jackie Shebesta
Senior Representative: Faye Price

Wheels for Germantown

CENTER OPERATION & PROCEDURES

Need a ride to the grocery store, bank, shopping, doctor, dentist, or to the Senior Center? Wheels for Germantown is just for you! The van service is provided by our volunteer drivers for Germantown residents 55+ and operates Tuesday - Fridays from 9 a.m. to 2:30 p.m. On Mondays from 9-1. Call 262-253-7799 for more information and/or to make a reservation.

Germantown Senior Dining

The Germantown Senior Center meal site is run through the Washington County Aging and Disability Resource Center. A nutritious meal is served Monday through Friday at 11:30 a.m. To make a reservation call (414) 380-8666 by 12:00 (noon) the day before. Diners must be 60 or older. A donation of \$3.75 is suggested.

Meal Reservations : (414) 380-8666

Senior Dining Site Manager: Monica Cammack

Here is the link to the ADRC of Washington County. You will find the meal menus for each month on this website.

www.washcowisco.gov/adrc.org



Aging & Disability Resource Center of Washington County (ADRC)
1.877.306-3030 or 262.335.4497

ADRC BENEFIT SPECIALIST –
Jennifer Fechter –no in house appointments at this time but Jennifer is available by phone.
262.335.4497 or 1.877.306.3030

Washington County Shared Ride Taxi Service
262.338.2908

Washington Co. Interfaith Caregivers Van Service **262.365.0902**

Germantown Senior Van Service
262.253.7799 Monday– 9-1 Tues- Friday 9-2:30 reservation 24 hours prior to service required.

We have deadlines for people to sign up For events because:

- * we need to order food for those attending and there is a deadline for the caterer**
- * we only have so much space on the bus**
- * or we only have so much space in a room**
- *there are deadlines for ordering tickets for events**

SO PLEASE UNDERSTAND it is your responsibility to sign up by the date required or we cannot accommodate you.

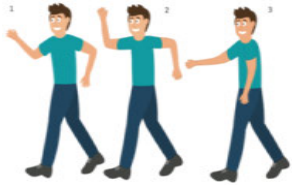
How to access the Golden Years Newsletter on line:
go to the * Village of Germantown Website, * Park & Recreation Dept. *Senior Center,
*Golden Years Newsletter or stop by the Senior Center to pick up a hard copy. They can also be found at Village Hall Rec. Dept and the Library

Just an FYI Due to the limit of staff at the Center we cannot provide one on one assistance during events, classes, or trips. It is your responsibility to provide your own assistance if needed.

The Striders Group

Thursdays 1:30 pm

Plan to be at the place and ready to walk at 1 pm, if you want to carpool please call each other directly. Kathy Landgraf needs to know who is coming each week so please email her weekly if you are participating. Please call the Senior Center if you are interested in joining this group. 262.253.7799



They meet every
Thursday afternoon at
1:00

YOGA

The dates for the next yoga class are: June 6, 13, 20, 27 July 11, 18, 25. August 1. The cost is: Residents \$35.00 non-residents: \$40.00 Sign up is open now.



Strength & Balance Class

The next session begins at 10 am until 11 am on the following days: March 9, 16, 23, 30 April 6, 13, 20, 27. Please wear comfortable clothing and if you own 2 lb. weights, please bring them along. The minimum number in the class is 20 and maximum is 25. Class is full. Next offering is in May and June.



ZUMBA

The next session of Zumba starts April 18. It will only be a six week session this time. The dates are: April 18, 25, May 2, 9, 23, 30. This is held Tuesdays at 10 am. The charge for this session will be: residents \$17.00 and School Dist. & non-res \$22.00 sign up is open



FYI– The Vans we use for transportation for our trips are not handicapped accessible. We cannot accommodate any walkers or wheelchairs when using these vans.



The **Senior Van** for transportation around Germantown is handicapped accessible. We do not provide rides for Assisted Living or Memory Care Residents. To use the van service, reservations must be made 24 hours in advance by calling the Center. This van is not utilized for trips, it is only utilized for booked Senior center Van Rides for appointments.

Germantown Library Programs at the Senior Center

April 26 1:00 pm Hummingbirds & Butterflies—Wehr Nature Center
June 28– 1:00 pm Mind Games
October 35 1:00 pm Wisconsin Ghost Towns
August 23 1:00 pm Too Hot To Cook
Sign up required to attend

LINE DANCING

classes will begin on April 3, Monday mornings at the Germantown Senior Center. Put on your best dancing shoes and join the group for fun and exercise. The beauty of Line Dancing is that you do not have to have a partner! Call The Senior Center if you need more information. The cost: \$15.00 for 8 weeks



SPECIAL BINGO PARTY April 19th

Come join the Lawrence- Dittberner Real Estate Team as we host free bingo with prizes, good treats to eat, and more. We have over 26 years of combined real estate experience working hard for you. We will help you get the best price for your home with the least amount of stress. We specialize in helping seniors and have a trusted network of experts that can help with downsizing, packing, moving, setup at your next destination or anything else you may need. We are your one stop real estate solution. sign up required.

TRIPS

Fireside Dinner Theatre- "Grumpy Old Men" Friday, May 19, 2023

Cost \$95.00 per person which includes transportation and your meal, the show; it does not include gratuity for your cocktails. Please indicate your choice of entrée at the time that you sign up. Choices Are: Pretzel Crusted Stuffed Chicken, Grilled Pork Ribeye or Trout. This show is the story of John and Max, neighbors who have been feuding for most of their lives. Based on the 1993 film. This show has humor, great songs and a group of small towns people that make everyone feel at home. Depart at 9:30 am and return about 5:30 pm Sign up opens February 14, 2023 and closes March 7

Fireside Trip Legends in Concert Friday, June 2

\$95.00 per person

The Sound! The Look! The Glamour! Direct from London The Legends in Concert. A four piece band will accompany the legends of Adele, Rod Stewart, Elton John, Dusty Springfield. You will think that the real performers are right in front of you. Your entrée choices are: Chicken Cordon Bleu, Steak Diane, Grilled Shrimp. Includes Transportation, the show, your meal and all gratuities. Min: 10 Max: 13 sign up is open now and closes May 8 Depart at 9:30 am and return about 5:30 pm from the Germantown Senior Center.

Fireside Trip Mary Poppins Friday, August 4

The World's favorite Nanny comes alive on the Fireside stage serving up more than a spoonful of delightful music, dancing and laughter that will transport and enchant audiences of all ages. Entrée Choices: Chicken Alfredo, Grilled Pork Loin or Salmon. Cost: \$95.00 includes transportation, meal, show and gratuity Sign up is open now and closes on July 12 or when full. Minimum 10 maximum 13

Lake Geneva Mailboat Experience

There are only a handful of places left in the country where mail is still delivered by boat and none with a more exciting and scenic tour than this! With over 100 years of mail service, we still deliver mail to about 75 homes around the lake on a daily basis. The Walworth departs promptly at 10:00 a.m. every day with a load of passengers, mail, and a very unique mail person. The Mailboat returns to the Riviera Docks after its 2½-hour cruise around the entire lake. Snacks and beverages can be purchased on the boat. After the boat ride we will stop at Next Door Pub & Pizzeria for a late lunch, the cost of lunch/gratuity is on your own. We will return home about 4 pm

Depart from The Germantown Senior Center at 7:45 am.

Minimum: 10 Maximum: 13 \$ 65.00 includes transportation, the boat tour, it does not include lunch. DATE is pending.



Ho- Chunk Trip for Spring 2023 will be Thursday April 13.

Join us for a one day get away to HO Chunk Dells.. You will receive \$25.00 in credits on your player's club card at Ho Chunk Dells. You don't have a player club card? NO problem you can sign you up when you get there and you can enjoy the free credits also. You must bring a valid ID with you and use your player's club card at all times while at the casino. Pick up for both trips is at 8 am at the Germantown Center Mall and return time about 5:30 pm.. We have 2 spots available. When you sign up you must have your player's card number and the name, phone number of a contact person who is not on the trip with you for emergency use. We do not keep that information on file.

Wisconsin Dells Sunset Dinner Cruise Thursday, July 13

Enjoy the beautiful upper Dells on a dinner cruise We will enjoy a happy hour on the boat before departing for our voyage. We will be dining on steak and shrimp cooked right on the boat on a barbie. This is a beautiful cruise with music, history, social time, and great food. Prior to the cruise you will have 2 hours to bum around downtown Dells to pick up fudge, a henna tatoo or enjoy walking along the river at your leisure. Cost per person is \$125.00 which includes transportation, boat tour, dinner, and all gratuities. (It does not include extra beverages after happy hour on the boat.) Minimum : 13 Maximum: 30 Sign up is open now and closes: depart at 1 pm and return about 11:00 pm

Milwaukee Lakefront Fireworks Monday, July 3

Join us on Monday, July 3rd for the fantastic Fireworks in Milwaukee. We will depart from the Germantown Center Mall at 5 pm on a deluxe motorcoach to take us to the War Memorial. You will need to walk one block from where the coach drops us off into the War Memorial. After we arrive for this special evening, you will be seated at tables on the deck of the Memorial, the best seats in town for the Fireworks show. This is where you will enjoy your all you care to eat picnic style Buffet dinner which includes two beverages per person, either beer, wine, or soda. There will be musical entertainment on the deck while you dine and await the fireworks. (Just a reminder, don't wear white clothing, we are that close to where the fireworks are shot off.) The War Memorial is closed that evening so reservations for this event are purchased ahead of time. We return home about midnight.

Sign up is open now and closes : June 1. Minimum : 30 and maximum: 60. \$145.00 per person

Comedy Sportz Club Trip Friday May 12

The Troupe came here in 2022 now let's go to their home to see two teams compete against each other, and yes it is interactive! Show time is 7:30 pm and if you wish you can purchase food / beverages while you are there. They also have a full service bar. You will order and pay for your own food & beverages. The cost: \$12.00 Depart 5:30 pm and return about 10:00 pm .

Amazing Race-Senior Style

Just a heads up, the Senior Style Amazing Race will be taking place in September of this year. Check in the Golden Years Newsletter which is online at Village of Germantown for details later in the summer.

Germantown Senior Center Van Rides **Monday—Friday Van Service Information:**

(Reservations are only taken Monday -Friday...no calls accepted Sat or Sun)

- **Van operates Monday 9-1 Tuesday through Friday 9 am-2:30 pm**
- **Must call 24 hours in advance to book a ride (weekdays only)** , phone calls need to be received between 8 am and 4:15 pm the day before the ride you desire. 262.253.7799
- **Must reside in the village for ride pick up**
- When you make a reservation, please have the address of where you are going, where you are being picked up and your phone number.
- You are charged according to the mileage involved in the trip there and back
- We try to get as close to your desired time as possible, please be on time as we book many rides a day.
- Must be 55 years of age or older to use this service.
- Driver's cannot enter passengers home, a rider must be able to get out to the van on their own or have a caregiver with them.
- We cannot transport people home from the hospital or ER after a procedure,
- We also cannot transport large items in the van such as furniture, televisions etc.
- we cannot transport assisted living or memory care residents
- We cannot transport persons who are inebriated.

If the Center is Closed due to weather or a holiday, there is no van service.

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Germantown Senior Club, Germantown, WI

A 4C 01-1438



Germantown Senior Club 5th Wednesday Information Wednesday, May 31, 2023

Join us for a fun filled afternoon of socializing, eating and enjoying entertainment.

The doors open at 12:30 pm.

1:00 entertainment by:

The West Bend Area Ukulele Initiative

A group of over 15 musicians and singers.

After the concert we will enjoy a variety of **decadent desserts** and have time to socialize.

Cost; \$5.00 Members \$10.00 Non-Members

Sign up opens April 3 and closes on May 15

Movie April 5, 2023
1:00 pm
"Ticket To Paradise"
2021 PG 13 1 H 44 M
Drama/comedy



A man and his ex-wife race to Bali, Indonesia, to stop their daughter from marrying a seaweed farmer. As they desperately try to sabotage the wedding, the bickering duo soon find themselves rekindling old feelings that once made them happy together.

***Please call the Senior Center to sign up to attend.
Snacks will be provided, please bring your own beverage.***

**NEVER MISS
OUR NEWSLETTER!**

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Have our newsletter
emailed to you every week.



VISIT WWW.MYCOMMUNITYONLINE.COM

“Toenail Trimmers” is at the German town Senior Center on the fourth Thursday of each month. The charge is \$31.00 per person payable at the time of service. To make an appointment please call Toenail Trimmers at 262.719.0336. The Senior Center no longer takes the appointments for their clients. We also cannot confirm your appointments as we do not get a schedule of the appointment.

Planning Ahead Seminar Free
Washington County ADRC and UW OF WI-Madison presents a 7 session course (one hour each) that guides participants through the following topics: Planning AHEAD for the end of this life: getting started, handling financial changes, advance medical and legal directives, estate planning, choices in End of Life Care, final wishes and understanding grief. This will be held at the Germantown Senior Center Aug 2, 9, 16, 23 September 6, 13, 20 at 10:30 am. You can call the Senior Center or the ADRC to register after July 1, 2023.

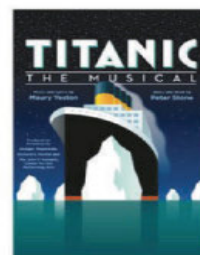
Ho Chunk Trip June 15, 2023
Join us for a one-day get away to HO Chunk Wisconsin Dells. You will receive \$25.00 in credits on your player's card club card at Ho Chunk Dells. You don't have a player's club card? No problem they will sign you up when you get there and you can enjoy the free credits also. You must bring a valid ID with you and use your players club card at all times while at the casino. Please register by June 1st. Departure at Germantown Center Mall parking lot is at 8 am sharp! And return is about 4:30 pm Make sure when you sign up your have your players card number and also the name and phone number of an emergency contact person.
Resident : \$40.00 Non-resident: \$50.00

There will be a **watercolor painting class** offered in May. Call the Senior Center for details. This class will lead you through the basics of doing watercolor. Watercolor paper will be furnished but participants must have their own watercolor paints. Price pending number of people interested.

Fireside “Titanic” **Date: Friday, September 15, 2023**

Titanic. The very name signals one of the most enduring events of the Twentieth Century. TITANIC is the 1997 Broadway Musical that captured five Tony Awards including Best Musical. Soaring songs, grand staging, and a set awash in glorious costumes makes this historic musical a must-see event. It traces the lives of all the varied strata of people uniquely united on that fateful journey, with the central character being the Titanic herself. TITANIC is human drama that explores and reveals individual strength, love, faith, and especially the triumph of human dignity. Don't miss this musical as unforgettable as the historic event itself. Entree Choices: Chicken Waterford, Sliced Pork Tenderloin, Shrimp Tempura.

95.00 per person depart from G-town Senior Center at 9:30 am. Return about 6:00 pm



Fireside Trip Friday, November 3, 2023 : “Scrooge the Musical”

Join us for this merry, sparkling, tuneful, boisterous Broadway Version of the worlds most beloved Christmas story– Dickens A Christmas Carol. The entrée choices for this show are: Supreme Cut Chicken, Sliced Beef tenderloin or salmon. Please indicate your choice when you sign up. \$95.00 per person includes your transportation and the show. It does not include your gratuity for beverages or your meal. Sign up opens Sept 1 and closes Oct 3.



Big Green Lake Dinner Cruise

Hop on board the Escapade Yacht and enjoy a cruise on Big Green Lake, the deepest lake in Wisconsin. More info TBA.

SCAMS>>>>ALERT>>>>BE IN THE KNOW

Join us on Tuesday, May 9th at 1:00 pm Officer Justin Rechlicz of the Germantown Police Dept Know the scams that are hitting our area, what to look out for and who, when and why and where to call for help. This program is free but you must sign up to attend.

Mark your calendar for November 2, 2023 for our 50th Anniversary celebration

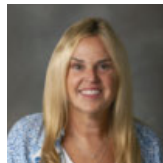


Hearing Help is now available at the Germantown Senior Center

Hearing Life and The National Campaign for Better Hearing will be offering baseline hearing assessments and monitoring hearing health at the Senior Center on a quarterly basis. This is **FREE** to those age 60 + years of age. They can also assist in cleaning and checking hearing aides or are available to discuss hearing loss and assist with issues related to hearing loss. These sessions will be offered on Friday mornings from 10 am to noon. Call the Senior Center for more details. This is also great for people who live with persons who have hearing loss. You will need to make appointments for this service through the Senior Center. 262.253.7799 April 14 July 14 October 6

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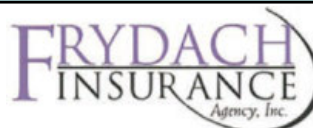
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Germantown Senior Club, Germantown, WI

C 4C 01-1438

APRIL 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 10:00 Line Dancing 1:00 Corn Hole 1:00 Sheepshead 1:00 Wii Bowling	4 Chocolate trip 9:30 Deco Art 10:00 Zumba 1:00 Polish Poker 1:00 Tournament Sheepshead	5 1:00 Movie "Paradise" please call to sign up	6 9:30 Chat N Crafts 10:00 Strength & Balance class 1:00 Striders Group 1:00 Dartball	7 Senior Center Closed GOOD FRIDAY Washco meal program open
10 10:00 Line Dancing 1:00 Club Board Meeting 1:00 Corn Hole 1:00 Sheepshead 1:00 Wii Bowling	11 9:30 Deco Art 10:00 Zumba 1:00 Polish Poker 1:00 Tournament Sheepshead	12 1:00 Club Meeting & Bingo (doors open at 12:45)	13 HO Chunk Trip And 68th street Trip 9:30 Chat N Crafts 10:00 Strength & Balance class 1:00 Striders Group 1:00 Dartball	14 10-12 Hearing Help 10:00 1:00 Canasta 1:00 Hand & Foot
17 10:00 Line Dancing 1:00 Corn Hole 1:00 Sheepshead 1:00 Wii Bowling	18 9:30 Deco Art 10:00 Zumba 1:00 Tournament Sheepshead 1:00 Polish Poker	19 1:00 BINGO SPONSORED BY SHOREWEST FREE. Please call to sign up this is instead of Jackpot bingo this month	20 9:30 Chat N Crafts 10:00 Strength & Balance class 1:00 Striders Group 1:00 Dartball	21 1:00 Canasta 1:00 Hand & Foot
24 10:00 Line Dancing 1:00 Corn Hole 1:00 Open Sheepshead 1:00 Wii Bowling 1:00 Writer's Group	25 9:30 Deco Art 10:00 Zumba 1:00 Tournament Sheepshead 1:00 Polish Poker	26 1:00 Butterflies & Hummingbirds presented by Wehr Nature Center sign up required.	27 TNT here. 9:30 Chat n Crafts 10:00 Strength & Balance Class 1:00 Striders Group 1:00 Dartball	28 1:00 Hand & Foot 1:00 Canasta
There are no membership fees to come to the Senior Center. You do you not have to belong to the Club to come to Senior Center activities				

Senior Club News

Germantown Senior Club News

President- Kathy Gutsch
Vice President- Barbara Schultz
Secretary – Chris Smith
Treasurer: Della Rogers
Membership/Sunshine: Audrey Kanies

The next Club Meeting is March 8, at 1:00 pm. Please be sure to wear your nametag. If you do not have a nametag, please stop by the front desk to get one. Each year you get a new dot on your tag for that year. The color this year is red. Make sure you pick one up after the meeting.

CLUB MEMBERSHIP : is \$20.00 per year. Membership provides that your newsletter is mailed to you; you get a reduced price on Club 5th Wednesday events, you can attend Club meetings once a month which includes Club Bingo and your birthday is listed in the Newsletter.

The 5th Wednesdays in 2023 are: May 31, August 30 (picnic), November 29 (Christmas Party) see page 6 for the May 31 Wednesday details.

April Birthdays

1– Phyllis Doherty
1– Lynn Prost
2– Diane Torcivia
5– Jan Breitzmann
5– Deb Turtenwald
8– Lynn Schreiner
11– Jayne Saybolt
17– Thomas Rogers
20 Chris Smith



12– Roy Frank 15– Mary Voss
20– Rodney Gehrig
22– Renee Stuesse 29 –James Lauderdale



GOLDEN YEARS GAZETTE

GERMANTOWN SENIOR CENTER

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APRIL 2023

