G@LDEN YEARS



Golden Tones Choir Program at the Germantown Senior Center on Wednesday, May 24 at 10 am. Please reserve your seat by calling 262.253.7799 don't miss

this fun group of Seniors entertaining you. Refreshments after the concert.

SCAMS>>>>ALERT>>>BE IN THE KNOW Join

us on Tuesday, May 9th at 1:00 pm Officer Justin

Rechlicz of the Germantown Police Dept Know the scams that are hitting our area, what to look out for and who, when and why and where to call for help. This program is free but you must sign up to attend. We will serve donuts and coffee after the program



Watercolor Class Come and join us for a three part class learning the fundamentals of watercolor. Tuesday May 5, 16, and 23 from 9:30 to 10:30 am in the muti-purpose room. cost: \$45.00 which includes the instruction and all supplies.



Bucky Badger Contest:

In April Bucky was found on page 4 under the Easter Eggs
The winner: Nancy Kosteretz

The Germantown Senior Club Board has decided to eliminate the Bucky Badger contest, so that they can save money. I have hidden one last one for you hunters in this issue but there will not be a prize awarded for finding him.

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Club Information

W162 N11960 Park Ave. Germantown, WI 53022 262.253.7799

CENTER OFFICE HOURS: 8:00 A.M. TO 4:30 P.M. MONDAY THROUGH FRIDAY MAY 2023 VOL.5 MMXXI11

INFORMATION

CENTER STAFF

Main Office: (262) 253-7799 Fax Number: (262) 250-1733

Park & Rec Director: Gilford Standridge

Senior Coordinator: Mary Fiegel Office Assistant: Susan Tatalovich

Office Aides: Jennifer Reinert, Sandra Gillespie,

Jackie Shebesta, Faye Price,

SENIOR CENTER ADVISORY COMMITTEE

Trustee: Dennis Myers Trustee: Jan Miller

Citizen Representative: Norine Janzen Senior Representative: Jackie Shebesta Senior Representative:: Faye Price

Wheels for Germantown

CENTER OPERATION & PROCEDURES

Need a ride to the grocery store, bank, shopping, doctor, dentist, or to the Senior Center? Wheels for Germantown is just for you! The van service is provided by our volunteer drivers for Germantown residents 55+ and operates Tuesday - Fridays from 9 a.m. to 2:30 p.m. On Mondays from 9-1. Call 262 -253-7799 for more information and/or to make a reservation.

Germantown Senior Dining

The Germantown Senior Center meal site is run through the Washington County Aging and Disability Resource Center. A nutritious meal is served Monday through Friday at 11:30 a.m. To make a reservation call (414) 380-8666 by 12:00 (noon) the day before Diners must be 60 or older. A donation of \$3.75 is suggested.

Meal Reservations: (414) 380-8666
Senior Dining Site Manager: Monica Cammack
Here is the link to the ADRC of
Washington County. You will find the
meal menus for each month on this
website.

www.washcowisco.gov/adrc.org

"Everyone you know is fighting a battle you know nothing about. . Be kind. Always." Robin Williams



Aging & Disability Resource Center of Washington County (ADRC) 1.877.306-3030 or 262.335.4497

ADRC BENEFIT SPECIALIST – Jennifer Fechter –no in house appointments at this time but Jennifer is available by phone. 262.335.4497 or 1.877.306.3030

Washington County Shared Ride Taxi Service 262.338.2908

Washington Co. Interfaith Caregivers Van Service 262.365.0902

Germantown Senior Van Service 262.253.7799 Monday– 9-1 Tues- Friday 9-2:30 reservation 24 hours prior to service required.

We have deadlines for people to sign up For events because:

* we need to order food for those attending and there is a deadline for the caterer * we only have so much space on the bus * or we only have so much space in a room *there are deadlines for ordering tickets for events

SO PLEASE UNDERSTAND it is your responsibility to sign up by the date required or we cannot accommodate you.

How to access the Golden Years Newsletter on line: go to the * Village of Germantown Website, * Park & Recreation Dept. *Senior Center, *Golden Years Newsletter or stop by the Senior Center to pick up a hard copy. They can also be found at Village Hall Rec. Dept and the Library

Just an FYI Due to the limit of staff at the Center we cannot provide one on one assistance during events, classes, or trips. It is your responsibility to provide your own assistance if needed.

The Striders Group

Plan to be at the place and ready to walk at 1 pm, if you want to carpool please call each other directly. Kathy Landgraf needs to know who is coming each week so please email her weekly if you are participating. Please call the Senior Center if you are interested in joining this group. 262.253.7799



They meet every Monday mornings at 9:30 am depart from **Senior Center DAY AND TIME**

YOGA

The dates for the next yoga

class are: June

6,13,20,27 July 11,18, 25. Au-

gust 1. The cost is:

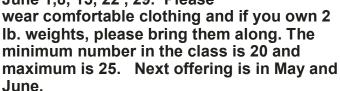
Residents: \$35.00 non-

residents: \$40.00 Sign up is open now.



Strength & Balance Class

The next session begins at 10 am until 11 am on the following days: May 11,18, 25, June 1,8, 15, 22, 29. Please



ZUMBA

The next session of Zumba starts April 18. It will only be a six week session this time. The dates are: April 18, 25, May 2,9,23,30. This is held Tuesdays at 10 am. The charge for this session

will be: residents \$17.00 and School Dist. & non-res \$22.00 sign up is open



FYI- The Vans we use for transportation for our trips are not handicapped accessible. We cannot accommodate

any walkers or wheelchairs when using these vans.

The Senior Van for transportation around Germantown is handicapped accessible. We do not provide rides for Assisted Living or Memory Care Residents . To use the van service, reservations must be made 24 hours in advance by calling the Center. This van is not utilized for trips, it is only utilized for booked Senior center Van Rides for appointments.

Germantown Library Programs at the Senior Center

June 28-1:00 pm Mind Games October 35 1:00 pm Wisconsin Ghost Towns August 23 1;00 pm Too Hot To Cook Sign up required to attend

LINE DANCING

The next session will begin June 5, Monday

mornings at the Germantown Senior Center. Put on your best dancing shoes and join the group for fun and exercise. The beauty of Line Dancing is that you do not



have to have a partner! Call The Senior Center if you need more information. The cost: \$15.00 for 8 weeks. There will be two classes 101 for newbies and 102 for those ready to advance

Jewelry Making Class

There will be two classes in May teaching you how to make jewelry. All supplies will be furnished for the project. There is a sample at the office if you would like to see the project. The classes will be held on Tuesday June 6 and June 13th from 10 am to noon. We welcome our new artist in residence instructor, Cyndi Fusek. Cyndi will be teaching various art classes during the year at the Senior Center. Join us in finding your creative side The cost of the jewelry class is \$ 15.00. This cost is for instructors fee and all of your supplies.

TRIPS

Fireside Dinner Theatre- "Grumpy Old Men" Friday, May19, 2023

Based on the 1993 film. This show has humor, great songs and a group of small towns people that make everyone feel at home. Depart at 9:30 am and return about 5:30 pm Sign up closed

Fireside Trip Legends in Concert Friday, June 2 \$95.00 per person

The Sound! The Look! The Glamour! Direct from London The Legends in Concert. A four piece band will accompany the legends of Adele, Rod Stewart, Elton John, Dusty Springfield. You will think that the real performers are right in front of you. Your entrée choices are: Chicken Cordon Bleu, Steak Diane, Grilled Shrimp. Includes Transportation, the show, your meal and all gratuities. Min: 10 Max: 13 sign up is open now and closes May 8 Depart at 9:30 am and return about 5:30 pm from the Germantown Senior Center.

Fireside Trip Mary Poppins Friday, August 4

The World's favorite Nanny comes alive on the Fireside stage serving up more than a spoonful of delightful music, dancing and laughter that will transport and enchant audiences of all ages. Entrée Choices: Chicken Alfredo, Grilled Pork Loin or Salmon. Cost: \$95.00 includes

transportation, meal, show and gratuity Sign up is open now and closes on July 12 or when full.

Minimum 10 maximum 13



Lake Geneva Mailboat Experience

There are only a handful of places left in the country where mail is still delivered by boat and none with a more exciting and scenic tour than this! With over 100 years of mail service, we still deliver mail to about 75 homes around the lake on a daily basis. The Walworth departs promptly at 10:00 a.m. every day with a load of

passengers, mail, and a very unique mail person. The Mailboat returns to the Riviera Docks after its 2½-hour cruise around the entire lake. Snacks and beverages can be purchased on the boat. After the boat ride we will stop at Next Door Pub & Pizzeria for a late lunch, the



cost of lunch/gratuity is on your own. We will return home about 4 pm

Depart from The Germantown Senior Center at 7:45 am. Minimum: 10 Maximum: 13 \$ 65.00 includes transportation, the boat tour, it does not include lunch. DATE: Thursday, August 10, 2023 sign up is open now.

We have a potential person to teach ukulele or guitar lessons at the Senior Center. If you are interested, please call the Senior Center. 262.253.7799



Wisconsin Dells Sunset Dinner Cruise Thursday, July 27 trip is full.

Enjoy the beautiful upper Dells on a dinner cruise We will enjoy a happy hour on the boat before departing for our voyage. We will be dining on steak and shrimp cooked right on the boat on a barbie. This is a beautiful cruise with music, history, social time, and great food. Prior to the cruise you will have 2 hours to bum around downtown Dells to pick up fudge, a henna tattoo or enjoy walking along the river at your leisure. Cost per person is \$125.00 which includes transportation, boat tour, dinner, and all gratuities. This trip is full.

Milwaukee Lakefront Fireworks Monday, July 3

Join us on Monday, July 3rd for the fantastic Fireworks in Milwaukee. We will depart from the Germantown Center Mall at 5 pm on a deluxe motorcoach to take us to the War Memorial. You will need to walk one block from where the coach drops us off into the War Memorial.

After we arrive for this special evening, you will be seated at tables on the deck of the Memorial, the best seats in town for the Fireworks show. This is where you will enjoy your all you care to eat picnic style Buffet dinner which includes two beverages per person, either beer, wine, or soda. There will be musical entertainment on the deck while you dine and await the fireworks. (Just a reminder, don't wear white clothing, we are that close to where the fireworks are shot off.) The War Memorial is closed that evening so reservations for this event are purchased ahead of time. We return home about midnight.

Sign up is open now and closes: June 1. Minimum: 30 and maximum: 60. \$145.00 per person

Amazing Race-Senior Style

Just a heads up, the Senior Style Amazing Race will be taking place in September of this year. Check in the Golden Years Newsletter which is online at Village of Germantown for details later in the summer.

Ho Chunk Trip June 15, 2023

Join us for a one-day get away to HO Chunk Wisconsin Dells. You will receive \$25.00 in credits on your player's card club

card at Ho Chunk Dells. You don't have a player's club card? No problem they will sign you up when



you get there and you can enjoy the free credits also. You must bring a valid ID with you and use your players club card at all times while at the casino. Please register by June 1st.

Departure at Germantown Center Mall parking lot is at 8 am sharp! And return is about 4:30 pm Make sure when you sign up your have your players card number and also the name and phone number of an emergency contact person.

Resident: \$40.00 Non-resident: \$50.00

Participants at the Senior Center If you are not feeling well, please stay home and don't share your germs.
Thank you!

Germantown Senior Center Van Rides Monday—Friday Van Service Information:

(Reservations are only taken Monday -Friday...no calls accepted Sat or Sun)

- Van operates Monday 9-1 Tuesday through Friday 9 am-2:30 pm
- Must call 24 hours in advance to book a ride (weekdays only), phone calls need to be received between 8 am and 4:15 pm the day before the ride you desire. 262.253.7799
- Must reside in the village for ride pick up
- When you make a reservation, please have the address of where you are going, where you are being picked up and your phone number.
- You are charged according to the mileage involved in the trip there and back
- We try to get as close to your desired time as possible, <u>please be on time as we book many rides a day.</u>
- Must be 55 years of age or older to use this service.
- <u>Driver's cannot enter passengers home</u>, a rider must be able to get out to the van on their own or have a caregiver with them.
- We cannot transport people home from the hospital or ER after a procedure,
- We also cannot transport large items in the van such as furniture, televisions etc.
- we cannot transport assisted living or memory care residents
- We cannot transport persons who are inebriated.

If the Center is Closed due to weather or a holiday, there is no van service.





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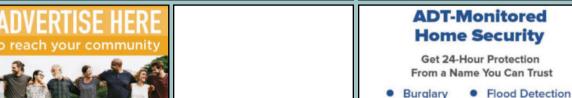


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Germantown Senior Club 5th Wednesday Information Wednesday, May 31, 2023

Join us for a fun filled afternoon of socializing, eating desserts and enjoying entertainment.

The doors open at 12:30 pm.

1:00 entertainment by:

The West Bend Area Ukulele Initiative

A group of over 15 musicians and singers.

After the concert we will enjoy a variety of decadent desserts and have time to socialize.

Cost; \$5.00 Members \$10.00 Non-Members

Sign up opens April 3 and closes on May 15



Striders Walking Group Schedule

As of May 1, 2023 we are changing from our winter hours to our spring/summer hours. The time that we meet will be 9:30 am and here is the schedule of where we will be going: May 1– Homestead Hollow Park 8-Lion's Den 15– Regner Park West Bend 22– Virmond Park Mequon and off on the 29th for Memorial Day.

June 5 Eisenbaum Trail West Bend 12 Bug Line M Falls 19– Holy Hill 26 Dretzka Park July 3 ShoenLafen Park 10– Grafton to Cedarburg 17 Men, Falls Vug line south 24 Schlitz Audobon Nature Center

We meet at the Senior Center and then carpool to the hike and then back to the Senior Center. You do not have to sign up just show up, but be on time.

Movie May 3, 2023 1:00 pm "Top Gun—Maverick" 2022 Starring Tom Cruise PG 13 2 H 10 M Drama



After more than 30 years of service as one of the Navy's top aviators, Pete "Maverick" Mitchell is where he belongs, pushing the envelope as a courageous test pilot and dodging the advancement in rank that would ground him. Training a detachment of graduates for a special assignment, Maverick must confront the ghosts of his past and his deepest fears, culminating in a mission that demands the ultimate sacrifice from those who choose to fly it.

Please call the Senior Center to sign up to attend. Snacks will be provided, please bring your own beverage.

NEVER MISS OUR NEWSLETTER!

SUBSCRIBE

Have our newsletter emailed to you every week.



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"Toenail Trimmers" Fires is at the German Date town Senior Center on the fourth Thursday of each month.

The charge is \$31.00 per person payable at the time of service. To make an appointment please call Toenail Trimmers at 262.719.0336. The Senior Center no longer takes the appointments for their clients. We also cannot confirm your appointments as we do not get a schedule of the appointment.

Planning Ahead Seminar Free

Washington County ADRC and UW OF WI-Madison presents a 7 session course (one hour each) that guides participants through the following topics: Planning AHEAD for the end of this life: getting started, handling financial changes, advance medical and legal directives, estate planning, choices in End of Life Care, final wishes and understanding grief. This will be held at the Germantown Senior Center Aug 2, 9, 16, 23 September 6, 13, 20 at 10:30 am. You can call the Senior Center or the ADRC to register after July 1, 2023.

Dementia Screening

by Tammy Dickman Dementia Specialist
Date: June 6 9 am– 4 pm
June is Alzheimer's and brain
Awareness Month. The
ADRC of Wash. Co. is



providing an opportunity for county residents to receive FRR memory screens to help raise awareness and provide an opportunity to begin a discussion about planning for the future. What is a memory screen? It is a wellness tool that helps identify possible changes in memory and cognition. Why have a screening done? It creates a baseline of where a person is at so any future changes can be monitored. Some Types of dementia are reversible with proper treatment. Dementias that are not reversible can be treated with medications that may slow the process and preserve quality of life for longer period of time. It is also important for an early diagnosis to allow for making plans for the future. To schedule your memory screen, please call Tammy at the ADRC 262.335.4497 to make your appoint ment.

Fireside "Titanic" Date: Friday, September 15, 2023

Titanic. The very name signals one of the most enduring events of the Twentieth Century. TITANIC is the 1997 Broadway Musical that captured five Tony Awards including Best Musical.



Soaring songs, grand staging, and a set awash in glorious costumes makes this historic musical a must-see event. It traces the lives of all the varied strata of people uniquely united on that fateful journey, with the central character being the Titanic herself. TITANIC is human drama that explores and reveals individual strength, love, faith, and especially the triumph of human dignity. Don't miss this musical as unforgettable as the historic event itself. Entree Choices: Chicken Waterford, Sliced Pork Tenderloin, Shrimp Tempura.

95.00 per person depart from G-town Senior Center at 9:30 am. Return about 6:00 pm

Fireside Trip Friday, November 3, 2023 : "Scrooge the Musical"

Join us for this merry, sparkling, tuneful, boisterous Broadway Version of the worlds most beloved Christmas story—Dickens A Christmas Carol. The entrée choices for this



show are: Supreme Cut Chicken, Sliced Beef tenderloin or salmon. Please indicate your choice when you sign up. \$95.00 per person includes your transportation and the show. It does not include your gratuity for beverages or your meal. Sign up opens Sept 1 and closes Oct 3.

Big Green Lake Dinner Cruise

Hop on board the Escapade Yacht and enjoy a cruise on Big Green Lake, the deepest lake in Wisconsin. This info will be posted at the Senior Center by April 21, please call the center for details 262.253.7799

Madison Cruise & Booze

Sunday, August 27, 2023 cost per person is \$109.00 Enjoy a beautiful day in Madison on a 3 hour pontoon cruise of Mendota and Monona Lakes! Sit back and relax while you enjoy views of the Frank Lloyd Wright designed Monona Terrace, the Capitol Building and the Governor's Mansion. We will pass through the locks for a very unique experience and make a stop at the UW Babcock Dairy Store where youcan use the restrooms and enjoy an ice cream treat if you would like. Lunch is included at the Statkweather Brewery. It includes hand breaded buttermilk chicken tenders, tator tots with homemade ranch dressing on the side, cookie, lemonade or soda and a 5 oz sample of Lake Loop Cream Ale. Enjoy a short brewing/beer talk! Departure is from the Watertown Plank Park & Ride at 7:30 am. Motorcoach transportation through Happy Times Tours

Registration is open now.

Hearing Help is now available at the **Germantown Senior Center**

Hearing Life and The National Campaign for Better Hearing will be offering baseline hearing assessments and monitoring hearing health at the

Senior Center on a quarterly basis. This is FREE to those age 60 + years of age. They can also assist in cleaning and checking hearing aides or are available to discuss hearing loss and assist with issues related to hearing loss. These sessions will be offered on Friday mornings from 10 am to noon. Call the Senior Center for more details. This is also great for people who live with persons who have hearing loss. You will need to make appointments for this service through the Senior Center. 262.253.7799 **July 14** October 6

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Hours:

Monday-Friday: 9am-6pm Donations from 9am-5pm Saturday 9am-4pm Donations from 9am-3pm

FREE HOME PICK-UP

MAY 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 10:00 Line Dancing 1:00 Corn Hole 1:00 Sheepshead 1:00 Wii Bowling 1:00 Striders Group	2 10:00 watercolor Class 10:00 Zumba 1:00 Polish Poker 1:00 Tournament Sheepshead	3 1:00 Movie "Top Gun" please call to sign up	9:30 Chat N Crafts 10:00 Strength & Balance class 1:00 Dartball	1:00 Hand & Foot
8 10:00 Line Dancing 1:00 Club Board Meeting 1:00 Corn Hole 1:00 Sheepshead 1:00 Striders Group	9 10:00 watercolor Class 10:00 Zumba 1:00 Polish Poker 1:00 Tournament Sheepshead 1:00 Scam Program by GT Police Dept and donuts will be served	10:00 Mexican Train 1:00 Club Meeting & Bingo (doors open at 12:45)	9:30 Chat N Crafts 10:00 Strength & Balance class 1:00 Dartball	12 1:00 Canasta 1:00 Hand & Foot
15 10:00 Line Dancing 1:00 Corn Hole 1:00 Sheepshead 1:00 Striders Group	16 10:00 watercolor Class 10:00 Zumba 1:00 Tournament Sheepshead 1:00 Polish Poker	1:00 Jackpot Bingo	18 9:30 Chat N Crafts 10:00 Strength & Balance class 1:00 Dartball	9:30 Fireside Trip 1:00 Hand & Foot
22 10:00 Line Dancing 1:00 Corn Hole 1:00 Open Sheepshead 1:00 Writer's Group 1:00 Striders Group	23 10:00 watercolor Class 10:00 Zumba 1:00 Tournament Sheepshead 1:00 Polish Poker	10:00 Golden Tones Concert/refreshments	25 TNT here. 9:30 Chat n Crafts 10:00 Strength & Balance Class 1:00 Dartball	26 1:00 Hand & Foot 1:00 Canasta
SENIOR CENTER CLOSED Meal program closed Memorial Day	30 10:00 watercolor Class 10:00 Zumba 1:00 Tournament Sheepshead 1:00 Polish Poker	31 SENIOR CENTER CLOSED FOR Club 5th Wednesday Event Van rides available Meal Site open for pick of meals only		There are no membership fees to come to the Senior Center. You do you not have to belong to the Club to come to Senior Center activities

Senior Club News

Germantown Senior Club News

President- Kathy Gutsch Vice President- Barbara Schultz Secretary – Chris Smith

Secretary – Chris Smith Treasurer: Della Rogers

Membership/Sunshine: Audrey Kanies

The next Club Meeting is May 10, at 1:00 pm. Please be sure to wear your nametag. If you do not have a nametag, please stop by the front desk to get one. Each year you get a new dot on your tag for that year. The color this year is red. Make sure you pick one up after the meeting.

CLUB MEMBERSHIP: is \$20.00 per year. Membership provides that your newsletter is mailed to you; you get a reduced price on Club 5th Wednesday events, you can attend Club meetings once a month which includes Club Bingo and your birthday is listed in the Newsletter.

The 5th Wednesdays in 2023 are: May 31, August 30 (picnic), November 29 (Christmas Party) see page 6 for the May 31 Wednesday details.

We extend our sympathy to the family of Connie Contos.

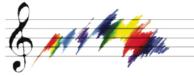
We are happy to inform you that Rick and Patricia Skarie have received the status of Honorary Members. Congratulations and thank you!

May Birthdays

- 12- Allan Christenson
- 14- Richard Saeger
- 19-Gail Hanson
- 22- Wayne Nelson
- 22- Kenneth Thom
- 23- Patricia Kramp
- 27- Markie Meyer
- 28-Terry Cyra

Happy Birthday to all of you!







GERMANTOWN SENIOR CENTER

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