# GOLDEN YEARS

Germantown Senior Club Christmas Party November 29, 2023

Doors open at 11 am at the Senior Center Lunch served at 11:30 am Catered by Bunzel's

Lunch Menu is: *Roast Beef, Baked Ham, mashed potatoes, green beans almandine, green salad and holiday cake* 

Special entertainment: Germantown High School Choral Group Cost: Club Membe: \$18.00 Non-Member: \$25.00 <u>Sign up opens September 13, 2023</u> <u>and closes November 13, 2023</u> Check or cash (in exact amount)

Checks made out to Germantown Senior Club



CONTENTS FITNESS CLASSES TRIPS VAN INFORMATION TRIPS CENTER PROGRAMS ACTIVITY CALENDAR Club INFORMATION W162 N11960 Park Ave. Germantown, WI 53022 262.253.7799

CENTER OFFICE HOURS: 8:00 A.M. TO 4:30 P.M. MONDAY THROUGH FRIDAY-SEPTEMBER 2023 VOL.9 MMXXI11

# INFORMATION

#### **CENTER STAFF**

Main Office: (262) 253-7799 Fax Number: (262) 250-1733 Park & Rec Director: Gilford Standridge Senior Coordinator: Mary Fiegel Office Assistant: Susan Tatalovich Office Aides: Jennifer Reinert, Sandra Gillespie, Jackie Shebesta, Faye Price,

#### SENIOR CENTER ADVISORY COMMITTEE

Trustee: Dennis Myers Trustee: Jan Miller Citizen Representative: Norine Janzen Senior Representative: Jackie Shebesta Senior Representative:: Faye Price

#### Wheels for Germantown

#### **CENTER OPERATION & PROCEDURES**

Need a ride to the grocery store, bank, shopping, doctor, dentist, or to the Senior Center? Wheels for Germantown is just for you! The van service is provided by our volunteer drivers for Germantown residents 55+ and operates Tuesday - Fridays from 9 a.m. to 2:30 p.m. On Mondays from 9-1. Call 262 -253-7799 for more information and/or to make a reservation.

#### **Germantown Senior Dining**

The Germantown Senior Center meal site is run through the Washington County Aging and Disability Resource Center. A nutritious meal is served Monday through Friday at 11:30 a.m. To make a reservation call (414) 380-8666 by 12:00 (noon) the day before Diners must be 60 or older. A contribution of \$5.00 is suggested.

Meal Reservations : (414) 380-8666 Senior Dining Site Manager: Monica Cammack Here is the link to the ADRC of Washington County. You will find the meal menus for each month on this website.

www.washcowisco.gov/adrc.org

We are closed on Monday, September 4th for Labor Day. We do not accept phone in reservations for van rides on days that we are closed. That also includes Saturdays or Sundays.



Aging & Disability Resource Center of Washington County (ADRC) 1.877.306-3030 or 262.335.4497

ADRC BENEFIT SPECIALIST – Jennifer Fechter –no in house appointments at this time but Jennifer is available by phone. 262.335.4497 or 1.877.306.3030

Washington County Shared Ride Taxi Service 262.338.2908

Washington Co. Interfaith Caregivers Van Service 262.365.0902

Germantown Senior Van Service 262.253.7799 Monday– 9-1 Tues- Friday 9-2:30 reservation 24 hours prior to service required. We cannot pick up persons in an Assisted Living Facility or Memory care.

How to access the Golden Years Newsletter on line: go to the \* Village of Germantown Website, \* Park & Recreation Dept. \*Senior Center, \*Golden Years Newsletter or stop by the Senior Center to pick up a hard copy. They can also be found at Village Hall Rec. Dept and the Library

Just an FYI Due to the limit of staff at the Center we cannot provide one on one assistance during events, classes, or trips. It is your responsibility to provide someone to assist you if needed.

The Senior Center has a Van Service that will bring you to the center and back home again for a nominal fee. You need to make your reservations at least 24 hours in advance. Seniors who attend events at the Center should have prior arrangements for rides before attending events. No other Senior should feel obligated to take anyone home from the Center and if you do it is at your own risk when giving others rides.

#### **"Toenail Trimmers"**

is at the German town Senior Center on the fourth Thursday of each month. The charge is \$31.00 per person payable at the time of service. To make an appointment



please call Toenail Trimmers at 262.719.0336. The Senior Center no longer takes the appointments for their clients. We also cannot confirm your appointments as we do not get a schedule of the appointment.

#### YOGA

The dates for the next yoga classes are: The cost: Residents: \$35.00 non-residents: \$40.00 Sign up is open now.



Aug. 15, 22, 29, Sept 5, 12, 19, 26, Oct 3

#### Strength & Balance Class

Please wear comfortable clothing and if you own 2 lb. weights, please bring them along. .Strength & Balance



Classes Thursday Mornings( Two choices ) Class A 9 am-10 am Class B 10:15 am to 11:15 am(22 people per class) \$25.00 per person/ 8 weeks Min: 12 Max: 22 per class we are now offering the two time slots to accommodate more people. Both are the same class. Just offered twice. Dates: Sept. 28, Oct. 5, 12, 19, 26, Nov. 2.9.16.

ZUMBA- Next session to be determined. Please check at the Senior Center for dates.



FYI- The Vans we use for transportation for our trips are not handicapped accessible. We cannot accommodate



any walkers or wheelchairs when using these vans.

The Senior Van for transportation around Germantown is handicapped accessible. We do not provide rides for Assisted Living or Memory Care Residents . To use the van service, reservations must be made 24 hours in advance by calling the Center. This van is not utilized for trips, it is only utilized for booked Senior center Van Rides for appointments.

#### Germantown Library Programs at the **Senior Center**

October 25– Braided Yarn Pumpkins (class Full)

#### **Line Dancing**

August 14, 21, 28 September 11, 18, 25, Oct 2. 9 2023

This is a combination of 101 and 102 from previous classes. 10 am to 11:00. (limited to 30 people) If there are people



who have never taken the line dancing classes in previous sessions you can take the "freshman" class from 11:00am to 12:00 pm. (limited to 20 people) The cost of either session is: \$15.00 per person.

#### Striders Walking Group Schedule—pick up a schedule at the Senior Center.

The time that we meet is 9:30 am .on Monday mornings. We meet at the Senior Center and then carpool to the hike and then back to the Senior Center.



#### Christmas in Milwaukee December 14, 2023

Enjoy Christmas in our own

Fireside Trip Friday, November 3

includes transportation and Entry

into the Domes. Trip is sold out.

backyard. We will start our day off

at 11:30am Cost: \$30.00 which

Join us for this merry, sparkling, tuneful, boisterous Broadway Version of the worlds most beloved Christmas story– Dickens A Christmas Carol. The entrée choices for this show are: Supreme Cut Chicken, Sliced Beef Tenderloin or



Salmon. Please indicate your choice when you sign up. \$95.00 per person includes your transportation and the show. It does not include your gratuity for beverages or your meal. Sign up opens Sept 1 and closes Oct 3.

#### "Old Germantown" Restaurant Outing Thursday, October 19, 2023 3 pm

Join us for a home brewed beer and the sausage sandwich of your choice and it comes with fries. We will car pool to this event. Order off the menu. Cost of the meal and tip are on your own.

#### Old World Christmas Market at Ostoff House, Elkhart Lake

#### Thursday, December 7, 2023

Guests stroll the aisles of a grand heated tent bedecked with fragrant boughs of fresh evergreens and the tantalizing scents of roasted almonds and Nüremberg bratwurst as they browse for unique and specialty items among international and regional artisans. Czech blown-glass ornaments, Russian nesting dolls, German hand-carved smokers and nutcrackers, fine apparel, handmade amber and silver jewelry, Turkish pashmina scarves and shawls, stained glass art, Russian hand-painted Santas, fresh green wreaths, kissing balls and centerpieces, alpaca products, Estonia woolens, fine chocolates, Plauen lace, fine woodwork, fur products and much more!"

Cost: \$20.00 which includes transportation and admission into the market. It does not include a meal, there will be food to purchase at the event if you choose to do so. Departure: 12:30 pm Return 5:30 pm Min: 6 Max: 19 Sign up closes: 11-1-

23 only 4 tickets left

#### 2024 Premier World Discovery Trip To Cape Cod & The Islands June 8-June 14, 2024

5 nights in Cape Cod, 1 night in Boston 7 daysflight to Boston with home pick up. Get a brochure at the Senior Center. Flight to the east coast and then motorcoach tour.

#### 2024 Premier World Discovery Trip to Albuquerque Balloon Fiesta October 4-Oct 9, 2024

Home pick up, flight to Arizona 6 days on motorcoach tour. Get a brochure at the Senior Center.

#### 2024 Trip offered through Collette- 'Ireland"

October 31– November 9, 2024 Pick up a brochure at the Senior Center Flight and motorcoach.

#### Trip offered through Collette: The "Pacific Northwest & California."

September 8-12, 2024 Get a brochure at the Senior Center. flight and motorcoach. Home pick up.

#### 2024 Mayflower Value Tour Myrtle Beach Melodies

March 2024 8 Days -12 Meals 7 breakfasts 1 lunch and 4 dinners. Free home or local pick up and return Cost per person double room: \$2,19 single room add \$649.00 Pick up the complete brochure at Sr. Center motorcoach tour.

#### Technology Classes available for Free at Kewaskum High School through

Washington County ADRC. 10:40 am-11:30 am Sept 13, 20,27.Oct 4 ,11,18, Learn how to download apps, create notes and lists, facetime and text, use email, and much more, use of smart phones and I phones. Call the ADRC 262.335.4497

Information poster at Senior Center

We have a potential person to teach ukulele or guitar lessons at the Senior Center. If you are interested, please call the Senior Center. 262.253.7799 we have 3 so far

#### Germantown Senior Center Van Rides Monday—Friday Van Service Information:

(Reservations are only taken Monday -Friday...no calls accepted Sat or Sun)

- Van operates <u>Monday 9-1</u> <u>Tuesday through Friday 9 am-2:30 pm</u>
- <u>Must call 24 hours in advance to book a ride (weekdays only)</u>, phone calls need to be received between 8 am and 4:15 pm the day before the ride you desire. 262.253.7799
- Must reside in the village for ride pick up
- When you make a reservation, please have the address of where you are going, where you are being picked up and your phone number.
- You are charged according to the mileage involved in the trip there and back
- We try to get as close to your desired time as possible, <u>please be on time as we book</u> <u>many rides a day.</u> We cannot do same day rides.
- Must be 55 years of age or older to use this service.
- <u>Driver's cannot enter passengers home</u>, a rider must be able to get out to the van on their own or have a caregiver with them.
- We cannot transport people home from the hospital or ER after a procedure,
- We also cannot transport large items in the van such as furniture, televisions etc. (riders must be able to carry what they purchase)
- we cannot transport assisted living or memory care residents



#### **Spotlight Productions presents the Musical** "Oliver"

Thursday October 5 Come along with us to see one of the best loved musicals ever. Presented at the Silver Lining Theatre in West Bend. (no meal)



Departs from the Germantown

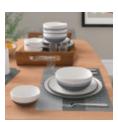
Senior Center at 6:15 pm and return about 10:15 pm.

\$19.00 includes transportation and the show. Min, 5 Max 18

Sign up open now

Sign up closes Friday, September 15

#### **3** County Dine Around **Ozaukee**, Milwaukee and Waukesha



Thursday, October 12, 2023 Join us for excursion # 3 of Dine Around. The Cost is \$89.00 per

person which pays for all your meals, transportation and gratuities. It does not include any alcoholic beverages. The van is not handicapped accessible. We do not let you know where we are going ahead of time, that is for you to figure out!

Thursday October 13 10:30 am to 5:00 pm Sign up is open now and closes on September 20 or when full. Min: 10 max: 18

#### **Fireside "Titanic"**



Date: Friday, September 15, 2023 depart from G-town Senior Center at 9:30 am. Return about 6:00 pm trip is sold out.

A United Health Care Representative will be here on Monday mornings at 9:30 am. This will be starting Monday, October 15 through December 7. These are general meetings about Medicare. Call 262.253.7799to sign up for the date you would like to attend

#### United Health Care Medicare Meetings at the Germantown Senior Center

When you attend a United Medicare Soluntions informational meeting, expect a no-pressure experience. You'll only find friendly seminars with the information you need to help choose the best Medicare Plan. I offer two types of meetings: in

person and seminars. At the Seminar option you'll have the chance to learn from other participants as they explore their own Medicare options.. At each seminar I provide an overview of the Medicare program Program, an explanation of how UHC Medicare health and prescrtiption drug plans work, and indepth look at Medicare plans offered by UHC, plan options rated 5 out of 5 stars for 2023 and answers to any questions you have. You can also contact me for a one on one appt by calling 262,246.2708 or email me at yanagainiz@yahoo.com

#### Gambling Trip to Ho-Chunk in the Dells Thursday, September 21

Join us for a one-day getaway to Ho Chuck Dells. You will receive \$25 in credits on your player's club card at Ho Chunk Dells. You don't have a player's club card? No problem they will sign you up when you get there and you can enjoy the free credits also. You must bring a valid ID with you and use your player's club card at all times while at the casino.

#### Please Register by Sept 7.

Germantown pick up will be 8:00 am and return at 4:30 pm

You will need to tell us when you register what your Player's card number is and a name/phone number of an emergency contact who is not on the trip with you.

Price will be \$48 for resident and \$58 for Nonresident. Min: 10 Max:20



#### Gambling Trip to Ho-Chunk in the Dells **Thursday, November 2**

Join us for a one-day getaway to Ho Chuck Dells. You will receive \$25 in credits on your player's club card at Ho Chunk Dells. You don't have a player's club card? No problem they will sign you up when you get there, and you can enjoy the free credits also. You must bring a valid ID with you and use your player's club card at all times while at the casino.

Please Register by Oct 19. You will need to tell us when you register what your Player's card number is and a name/phone number of an emergency contact who is not on the trip with you.

Germantown pick up will be 8:00 am and return at 4:30 pm

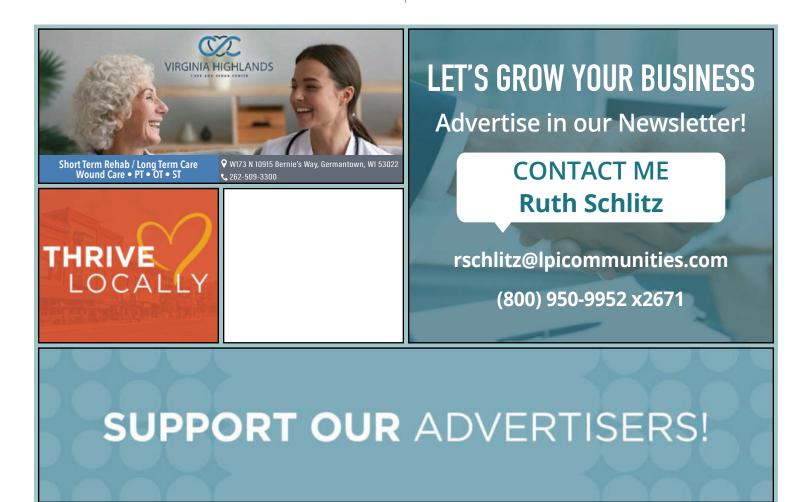
Price will be \$48 for resident and \$58 for Nonresident. Min: 10 Max: 20

Ho Chunk trips are via a motorcoach.

#### Movie September 6, 2023 <u>1:00 PM</u> "Father Stu Reborn" PG 13 2 H 4 M

Based on the incredible true story of the World's most unlikely Priest. Father Stu Reborn is an unflinching honest, funny and uplifting story about finding your purpose in a most unexpected place. After surviving a terrible motorcycle accident, Stuart Long (Mark Wahlberg) wonders if he can use his second chance to help others find their way, which leads this former amateur boxer to the surprising realization that he is meant to be a Priest. Despite a devastating health crisis, and the skeptisism of church oficials, and his estranged parents, Stu pursues his vocation with courage and compassion, inspriring not only those closest to him but countless others along the way.

**Please call the Senior Center to sign up to attend.** A snack will be provided, please bring your own beverage.



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#### **Registration Process**

If you are calling in to register for a trip, event, or class you can do so, but payment must be received at the time of call by a credit card. We cannot write out



a registration and then wait for a check in the mail. Payments by cash or check must be made in person. No registrations accepted by snail mail.

#### Wii Bowling

We are now forming teams for Fall Wii Bowling Teams. Teams consist of two people. If you are interested in participating



please call the Senior Center as soon as possible. Please do not wait until August, the sooner the better. If you have bowled in previous years or not we still need a phone call from you regarding your intentions. 262.253.7799 We have room for new players. Ir you played lst year and want to play again this year, please let the Senior Center know.

#### Amazing Race-Senior Style – September 7, 2023

Join us for the Amazing Race Senior Style #2. This is done in teams of 2 people



who must both be 55+. You will get clues to go to places in Germantown for a scavenger hunt type race. You will need to have a smart phone or an I phone (one you can take pictures with) and a vehicle to get around. This is a timed event. You start at the Senior Center and end at the Center. The race starts at 3 pm and ends at 4:30 pm. This is a free event but you must pre-register for this event as a team, 2 people per team. Registration is now open.

#### **Tournament Sheepshead**

Play resumes on September 5th. <u>Every Tuesday</u> <u>at 1 pm.</u> If you are interested in Tournament play, please call the Senior Center to have your name put on the play list.

We take registrations via the phone with payment by a credit card! Phone number 262.253.7799

#### **Cricut Class**

Make a Holiday Themed Home Décor Item. All items will be cut out on a cri cut machine and you do all the assembly. Cost: \$12.00 per person. Min- 5 Max 8 Wednesday, Dec. 13 1-4 pm Sign up Closes: October 2, 2023 instructor: Susan Tatalovich

#### Acrylic Art Classes

Sept. 5,12,19,26 October 3, 10, 17, 24, 31

(9 classes) \$45.00 per person 10- 11:30 Tuesday Mornings, you will need to purchase your own

canvas' for each painting. Your paints and Brushes to use will be furnished. Sign up is closed. Watch for future art classes.

#### Card Making & Sign Making Class Friday, October 22, 2023 1:00 pm Halloween Card & Sign

Make a Halloween Card and a sign. All sup plies are pre-cut, you do the assembly. Cost: \$6.00 instructor: Susan Tatalovich Min – 8 Max- 20 Sign up Closes:

Program by Board on Aging & Long Term Care Friday, September 8, 2023 10 am to noon Have questions about Medicare, Medicare Supplements, Ads seen on TV, Medicare Advantage Plans, Part D Prescription drug Plans, Senior Care, Medicaid, or other coverage op tions? Come and get more information. Present er: Cheryl Zautcke, medigap Counselor with Medigap Helpline State of Wisconsin

Just a reminder: If you use the exercise room please bring along a pair of shoes that you do not wear outside and change into them before using the equipment. This keeps the equipment free from a lot of dirt and dust. Thank you.

On Wednesday, September 27 there is a special class on how to make a Bundt festive popcorn cake. It is delicious. You must bring your Bundt cake pan, a large mixing bowl, and a spatula. The cost of this class is to cover the ingredients. \$7.00 person. Call the center to sign up. Limited to 8 people.

#### 50th Anniversary Celebration Of the Germantown Senior Center November 2, 2023



You are Cordially Invited to attend this Special Celebration: Celebrating 50 Years of the Germantown Senior Center For anyone 55 or better the cost is \$25.00 per person. (The best part is that when you show up for the event you get your \$25.00 check back!) So it is a free event. Enjoy a power point presentation of the past 50 years followed by a five course dinner, some presentations, and live dinner music. The doors open at 2:30 pm and the evening will conclude at 6 pm.

<u>Attendance is limited. Sign up opens October 10th</u> and closes October 24th.



## **SEPTEMBER 2023**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
There are no membership fees to come to the Senior Center. You do you not have to belong to the Club to come to Senior Center activities				1 1:00 Hand & Foot 1:00 Bocce
4 <u>Closed for</u> <u>Labor Day</u>	5 10:00 Zumba 1:00 Polish Poker 1:00 Tournament Sheepshead 2:30 Yoga	6 10:30 PA Seminar 1:00 Movie "Father Stu Reborn"	7 9:00 Strength & Balance 9:30 Chat N Crafts 10:15 Strength & Balance class 1:00 Dartball 3:00 Amazing Race Must be prergistered	8 10:00 Program by Board on Aging and Long Term Care sign up 1:00 Hand & Foot 1:00 Bocce 1:00 Canasta
11 9:30 Strider's 10:00 Line Dancing 1:00 Club Board Meeting 1:00 Corn Hole 1:00 Sheepshead	12 10:00 Zumba 1:00 Polish Poker 1:00 Tournament Sheepshead 2:30 Yoga	13 10:30 PA Seminar 1:00 Club Meeting & Bingo (doors open at 12:45, please wear your nametag for admittance)	14 9:00 Strength & Balance 9:30 Chat N Crafts 10:15 Strength & Balance class 1:00 Dartball	15 9:15 Fireside Trip 1:00 Hand & Foot 1:00 Bocce
18 9:30 Strider's 10:00 Line Dancing 1:00 Corn Hole 1:00 Open Sheepshead 1:00 Wii Bowling	19 10:00 Zumba 1:00 Polish Poker 1:00 Tournament Sheepshead 2:30 Yoga	20 10:30 PA Seminar 1:00 Jackpot Bingo Treats sponsored by <i>Frontida</i> Assisted Living of Germantown	21 Ho Chunk Trip 9:0 Strength & Balance Class 9:30 Chat N Crafts 10:15 Strength & Balance Class 1:00 Dartball	22 1:00 Hand & Foot 1:00 Bocce 1:00 Canasta
25 9:30 Strider's 10:00 Line Dancing 1:00 Corn Hole 1:00 Open Sheepshead 1:00 Wii Bowling 1:00 Writer's Group	26 1:00 Polish Poker 1:00 tournament Sheepshead 2:30 Yoga	27 <i>10:30</i> <i>Popcorn Bundt Cake</i> <i>Class (must have</i> <i>own Bundt cake pan</i> <i>to participate)</i>	28 TNT Here 9:00 Strength & Balance Class 9:30 Chat N Crafts 10:15 Strength & Balance Class 1:00 Dartball	30 1:00 Hand & Foot 1:00 Bocce

# **Senior Club News**

#### **Germantown Senior Club News**

President-	Kathy Gutsch
Vice President-	Barbara Schultz
Secretary –	Jackie Shebesta
Treasurer:	Della Rogers
Membership/Sunshine:	Audrey Kanies

**The next Club Meeting is August 9 at 1:00 pm.** Please be sure to wear your nametag. If you do not have a nametag, please stop by the front desk to get one. Each year you get a new dot on your tag for that year. The color this year is red. Make sure you pick one up after the meeting.

**CLUB MEMBERSHIP**: is \$20.00 per year. Membership provides that your newsletter is mailed to you; you get a reduced price on Club 5<sup>th</sup> Wednesday events, you can attend Club meetings once a month which includes Club Bingo and your birthday is listed in the Newsletter.

**The Last 5th Wednesdays in 2023** is: November 29 (Christmas Party) The Senior Center is closed to other activities on this day.

#### **September Birthdays**

8– Henni Bartel 9– Mary Lauderdale 21– Jean Murray 24– Linda Gehrig



### GOLDEN YEARS GAZETTE

GERMANTOWN SENIOR CENTER W162 N11960 Park Ave. Germantown, WI 53022 262.253.7799 PRSRT STD US POSTAGE **PAID** NEW BERLIN, WI PERMIT NO. 188

