

# GOLDEN YEARS



## 50th Anniversary Celebration of the Germantown Senior Center November 2, 2023

*You are Cordially Invited to attend this Special  
Celebration: Celebrating 50 Years of the  
Germantown Senior Center*

*For anyone 55 or better the cost is \$25.00 per  
person. (The best part is that when you show up  
for the event you get your \$25.00 check back!)*

*So it is a free event. Enjoy a power point presen-  
tation of the past 50 years followed by a five  
course dinner, some presentations and live din-  
ner music. The doors open at 2:30 pm and the  
celebration will conclude at 6:30 pm.*

*Attendance is limited. Sign up opens October  
2nd and closes October 24th.*

*Attire: (Business formal)  
Men: dress pants/shirt and tie  
ladies: dress or dress slacks/blouse*

**Payment by check only.**



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Club INFORMATION

W162 N11960 Park Ave.  
Germantown, WI 53022  
262.253.7799

CENTER OFFICE HOURS:  
8:00 A.M. TO 4:30 P.M.  
MONDAY THROUGH FRIDAYS  
OCTOBER 2023  
VOL.10 MMXXI11

# INFORMATION

## CENTER STAFF

Main Office: (262) 253-7799  
Fax Number: (262) 250-1733  
Park & Rec Director: Gilford Standridge  
Senior Coordinator: Mary Fiegel  
Office Assistant: Susan Tatalovich  
Office Aides: Jennifer Reinert, Sandra Gillespie,  
Jackie Shebesta, Faye Price,

## SENIOR CENTER ADVISORY COMMITTEE

Trustee: Dennis Myers  
Trustee: Jan Miller  
Citizen Representative: Norine Janzen  
Senior Representative: Jackie Shebesta  
Senior Representative:: Faye Price

## Wheels for Germantown

## CENTER OPERATION & PROCEDURES

Need a ride to the grocery store, bank, shopping, doctor, dentist, or to the Senior Center? Wheels for Germantown is just for you! The van service is provided by our volunteer drivers for Germantown residents 55+ and operates Tuesday - Fridays from 9 a.m. to 2:30 p.m. On Mondays from 9-1. Call 262-253-7799 for more information and/or to make a reservation.

## Germantown Senior Dining

The Germantown Senior Center meal site is run through the Washington County Aging and Disability Resource Center. A nutritious meal is served Monday through Friday at 11:30 a.m. To make a reservation call (414) 380-8666 by 12:00 (noon) the day before. Diners must be 60 or older. A contribution of \$5.00 is suggested.

**Meal Reservations : (414) 380-8666**

**Senior Dining Site Manager: Monica Cammack**

**Here is the link to the ADRC of Washington County. You will find the meal menus for each month on this website.**

**[www.washcowisco.gov/adrc.org](http://www.washcowisco.gov/adrc.org)**



**Aging & Disability Resource Center of Washington County (ADRC)**  
**1.877.306-3030 or 262.335.4497**

**ADRC BENEFIT SPECIALIST –**  
**Jennifer Fechter –no in house appointments at this time but Jennifer is available by phone.**  
**262.335.4497 or 1.877.306.3030**

**Washington County Shared Ride Taxi Service**  
**262.338.2908**

**Washington Co. Interfaith Caregivers Van Service** **262.365.0902**

**Germantown Senior Van Service**  
**262.253.7799 Monday– 9-1 Tues- Friday 9-2:30 reservation 24 hours prior to service required. We cannot pick up persons in an Assisted Living Facility or Memory care.**

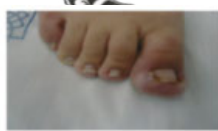
**How to access the Golden Years Newsletter on line:**  
**go to the \* Village of Germantown Website, \* Park & Recreation Dept. \*Senior Center, \*Golden Years Newsletter or stop by the Senior Center to pick up a hard copy. They can also be found at Village Hall Rec. Dept and the Library**

**Just an FYI Due to the limit of staff at the Center we cannot provide one on one assistance during events, classes, or trips. It is your responsibility to provide someone to assist you if needed.**

**The Senior Center has a Van Service that will bring you to the center and back home again for a nominal fee. You need to make your reservations at least 24 hours in advance. Seniors who attend events at the Center should have prior arrangements for rides before attending events. No other Senior should feel obligated to take anyone home from the Center and if you do it is at your own risk when giving others rides.**

## **“Toenail Trimmers”**

is at the German town Senior Center on the fourth Thursday of each month. The charge is \$31.00 per person payable at the time of service. To make an appointment please call Toenail Trimmers at 262.719.0336. The Senior Center no longer takes the appointments for their clients. We also cannot confirm your appointments as we do not get a schedule of the appointment.



## **YOGA**

The dates for the next yoga classes are: The cost: Residents: \$35.00 non-residents: \$40.00 Sign up is open now.



**Oct. 10, 17, 24, 31 Nov. 7, 14, 21, 28** There will not be any yoga in December

## **Strength & Balance Class**

Please wear comfortable clothing and if you own 2 lb. weights, please bring them along. .Strength & Balance Classes Thursday Mornings( Two choices ) Class A 9 am-10 am Class B 10:15 am to 11:15 am(22 people per class) \$25.00 per person/ 8 weeks Min: 12 Max: 22 per class we are now offering the two time slots to accommodate more people. Both are the same class. Just offered twice. Dates: Sept. 28, Oct. 5, 12, 19, 26, Nov. 9, 16., 30 **please note, no class on Nov.2 No classes in December.**



## **ZUMBA— next session**

November 14, 21, 28 Dec 5, 12, 19. Jan 9, 16 Max: 25 Min 10 \$25.00 resident \$30 non resident Registration open now.



**FYI— The Vans we use for transportation for our trips are not handicapped accessible. We cannot accommodate any walkers or wheelchairs when using these vans.**



**The Senior Van** for transportation around Germantown is handicapped accessible. We do not provide rides for Assisted Living or Memory Care Residents . To use the van service, reservations must be made 24 hours in advance by calling the Center. This van is not utilized for trips, it is only utilized for booked Senior center Van Rides for appointments.

## **Germantown Library Programs at the Senior Center**

October 25— Braided Yarn Pumpkins (class Full)

## **Line Dancing**

**Oct 10, 16, 23, 30 Nov 6, 13, 20, 27 Dec 6**

10 am to 11:00. (limited to 30 people) If there are people who have never taken the line dancing classes in previous sessions you can take the “freshman” class from 11:00am to 12:00 pm. (limited to 20 people) The cost of either session is: \$15.00 per person.



## **Striders Walking Group Schedule—pick up a schedule at the Senior Center .**

The time that we meet is 9:30 am .on Monday mornings. We meet at the Senior Center and then carpool to the hike and then back to the Senior Center.



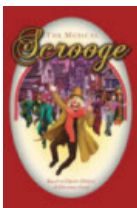
## Christmas in Milwaukee December 14, 2023

Enjoy Christmas in our own backyard. We will start our day off at 11:30am Cost: \$30.00 which includes transportation and Entry into the Domes. **Trip is sold out.**



## Fireside Trip Friday, November 3

Join us for this merry, sparkling, tuneful, boisterous Broadway Version of the worlds most beloved Christmas story—Dickens A Christmas Carol. **The entrée choices for this show are: Supreme Cut Chicken, Sliced Beef Tenderloin or Salmon.** Please indicate your choice when you sign up. \$95.00 per person includes your transportation and the show. It does not include your gratuity for beverages or your meal. Sign up opens Sept 1 and closes Oct 3.



## “Old Germantown” Restaurant Outing Thursday, October 19, 2023 3 pm

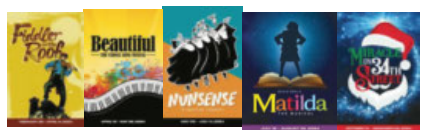
Join us for a home brewed beer and the sausage sandwich of your choice and it comes with fries. We will car pool to this event. Order off the menu. Cost of the meal and tip are on your own.

## Old World Christmas Market at Ostoff House, Elkhart Lake Thursday, December 7, 2023

Departure: 12:30 pm Return 5:30 pm Min: 6  
Max: 19 Sign up closes: 11-1-23 **trip is sold out**

## Announcing the 2024 Fireside Theatre line up! Not open for sign up yet. Just an FYI.

Fiddler on The Roof March 15  
Beautiful-The Carole King Musical May 13  
Nunsense June 21  
Mathilda August 2  
Miracle on 34th Street December 11



More information coming soon.



## 2024 Premier World Discovery Trip To Cape Cod & The Islands June 8-June 14, 2024

5 nights in Cape Cod, 1 night in Boston 7 days-flight to Boston with home pick up. Get a brochure at the Senior Center. Flight to the east coast and then motorcoach tour. Pick up a brochure at the Senior Center.

## 2024 Premier World Discovery Trip to Albuquerque Balloon Fiesta October 4-Oct 9, 2024

Home pick up, flight to Arizona 6 days on motorcoach tour. Get a brochure at the Senior Center.

## 2024 Trip offered through Collette– “Ireland” October 31– November 9, 2024

Pick up a brochure at the Senior Center  
Flight and motorcoach.

## Trip offered through Collette: The “Pacific Northwest & California.”

September 8-12, 2024 Get a brochure at the Senior Center. flight and motorcoach. Home pick up. Pick up a brochure t the Senior Center

## 2024 Mayflower Value Tour Myrtle Beach Melodies

March 2024 8 Days -12 Meals 7  
breakfasts 1 lunch and 4 dinners. Free  
home or local pick up and return  
Cost per person double room: \$2,199.00  
single room add \$649.00  
Pick up the complete brochure at Sr.  
Center motorcoach tour.

We currently have all the above trip brochures available in the brochure rack. Stop by and pick one up at the Senior Center.

## Fireside Trip January 5, 2024

### “Jersey Boys”

The Jersey Boys follows the fascinating evolution of four blue collar kids who became one of the greatest successes in pop-music history. The story takes you behind the scenes of Frankie Valli and The Four Seasons to discover a 40 year friendship as they work their way from New Jersey to the heights of stardom. (contains explicit adult language). \$95.00 per person, sign up open now. Max 13 min 10  
entrée choices :Pork ribeye, Salmon, Creole Chicken.



## Germantown Senior Center Van Rides

### Monday—Friday      Van Service Information:

(Reservations are only taken Monday -Friday...no calls accepted Sat or Sun)

- Van operates Monday 9-1      Tuesday through Friday 9 am-2:30 pm
- Must call 24 hours in advance to book a ride (weekdays only) , phone calls need to be received between 8 am and 4:15 pm the day before the ride you desire. 262.253.7799
- Must reside in the village for ride pick up
- When you make a reservation, please have the address of where you are going, where you are being picked up, time of pick up and your phone number.
- You are charged according to the mileage involved in the trip there and back
- We try to get as close to your desired time as possible, please be on time as we book many rides a day. We cannot do same day rides.
- Must be 55 years of age or older to use this service. We do not assist you with shopping.
- Driver's cannot enter passengers home, a rider must be able to get out to the van on their own or have a caregiver with them.
- We cannot transport people home from the hospital or ER after a procedure.
- We also cannot transport large items in the van such as furniture, televisions etc. (riders must be able to carry what they purchase)
- we cannot transport assisted living or memory care residents

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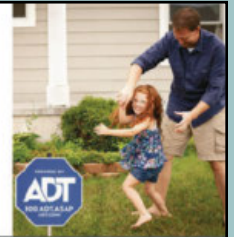


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Germantown Senior Club, Germantown, WI

A 4C 01-1438

## Spotlight Productions presents the Musical "Oliver"

Thursday October 5 Come along with us to see one of the best loved musicals ever. Presented at the Silver Lining Theatre in West Bend. (no meal)



Departs from the Germantown Senior Center at 6:15 pm and return about 10:15 pm.  
\$19.00 includes transportation and the show.  
Min, 5 Max 18  
Sign up open now  
Sign up closes Friday, September 15

## 3 County Dine Around Ozaukee, Milwaukee and Waukesha

**Thursday, October 12, 2023**

Join us for excursion # 3 of Dine Around. The Cost is \$89.00 per person which pays for all your meals, transportation and gratuities. It does not include any alcoholic beverages. The van is not handicapped accessible. We do not let you know where we are going ahead of time, that is for you to figure out!

Thursday October 13 10:30 am to 5:00 pm  
Sign up is open now and closes on September 20 or when full. Min: 10 max: 18



*A United Health Care Representative will be here on Monday mornings at 9:30 am. This will be starting Monday, October 15 through December 7. These are general meetings about Medicare. Call 262.253.7799 to sign up for the date you would like to attend*

## United Health Care Medicare Meetings at the Germantown Senior Center

*When you attend a United Medicare Solutions informational meeting, expect a no-pressure experience. You'll only find friendly seminars with the information you need to help choose the best Medicare Plan. I offer two types of meetings: in person and seminars. At the Seminar option you'll have the chance to learn from other participants as they explore their own Medicare options.. At each seminar I provide an overview of the Medicare program Program, an explanation of how UHC Medicare health and prescription drug plans work, and in-*

*depth look at Medicare plans offered by UHC, plan options rated 5 out of 5 stars for 2023 and answers to any questions you have. You can also contact me for a one on one appt by calling 262.246.2708 or email me at yanagainiz@yahoo.com*

## Gambling Trip to Ho-Chunk in the Dells Thursday, November 2

Join us for a one-day getaway to Ho Chuck Dells. You will receive \$25 in credits on your player's club card at Ho Chunk Dells. You don't have a player's club card? No problem they will sign you up when you get there, and you can enjoy the free credits also. You must bring a valid ID with you and use your player's club card at all times while at the casino. **Please Register by Oct 19.** You will need to tell us when you register what your Player's card number is and a name/phone number of an emergency contact who is not on the trip with you.

Germantown pick up will be 8:00 am and return at 4:30 pm

Price will be \$48 for resident and \$58 for Non-resident. Min: 10 Max: 20

***Ho Chunk trips are via a motorcoach.***



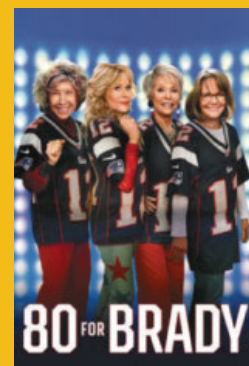
***Just a heads up...the Senior Center will be closed from 1 pm on Wednesday Nov 1 and all day Thursday November 2nd. The center will reopen again on Friday November 3. No van rides on the 2nd of November.. Also we Will be unable to accept phone calls on the 2nd of November.***

**CLOSED**

## October Movie "80 for Brady"

1 H 28 M PG 13


Wednesday, October 4, 2023



This movie stars Lily Tomlin, Jane Fonda, Rita Moreno and Sally Field. This is a hilarious and heartfelt comedy, inspired by a true story of friendship and adventure. Four lifelong friends set out on an unforgettable journey to see their hero Tom Brady play in Super Bowl L1 and witness one of the greatest comebacks in sports history, discovering that it's never too late to live life to the fullest.

*Please call the Senior Center to sign up 262.253.7799 to attend*

**Bring along a beverage, snacks will be served.**



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This project was supported, in part by grant number 90MPPG0102-01-00, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201.

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**Ruth Schlitz**

[rschlitz@lpicommunities.com](mailto:rschlitz@lpicommunities.com)

(800) 950-9952 x2671



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Germantown Senior Club, Germantown, WI

B 4C 01-1438

**THRIVE**  
LOCALLY



**Germantown Senior Club  
Christmas Party  
November 29, 2023**

**Doors open at 11 am at the  
Senior Center**

**Lunch served at 11:30 am**

**Catered by Bunzel's**

**Lunch Menu is:**

*Roast Beef, Baked Ham,  
mashed potatoes, green beans  
almandine, green salad and  
holiday cake*

**Special entertainment:  
Germantown High School Choral  
Group**

**Cost:**

**Club Member: \$18.00**

**Non-Member: \$25.00**

**Sign up opens September 13, 2023**

**and closes November 13, 2023**

**Check or cash**

**(in exact amount)**

**Checks made out to**

**Germantown Senior Club**

**You must sign up and pay for this  
event by the registration date.**

**No registration, no party!**

**NO EXCEPTIONS! So don't snooze  
and loose out on attending this event.**



**Registration Process**

If you are calling in to register for a trip, event, or class you can do so, but payment must be received at the time of call by a credit card. We cannot write out a registration and then wait for a check in the mail. Payments by cash or check must be made in person. No registrations accepted by snail mail.

**We take registrations via the phone with payment by a credit card! Phone number  
262.253.7799**

**Cricut Class**

Make a Holiday Themed Home Décor Item. All items will be cut out on a Cricut machine and you do all the assembly.

Cost: \$12.00 per person.

Min- 5 Max 8 **Wednesday, Dec. 13 1-4 pm**

**Sign up Closes: October 2, 2023**

instructor: Susan Tatalovich

**Card Making & Sign Making Class**

**Friday, October 22, 2023 1:00 pm**

Make a Halloween Card and a sign. All supplies are pre-cut, you do the assembly.

Cost: \$6.00 instructor: Susan Tatalovich

Min – 8 Max- 20

Sign up Closes: Oct. 2 or when full

***Just a reminder: If you use the exercise room please bring along a pair of shoes that you do not wear outside and change into them before using the equipment. This keeps the equipment free from a lot of dirt and dust. Thank you.***

***The Winter/Spring 2023/ 2024 Recreation Dept Brochure will be available at the beginning of December. All the information from the Senior Center is also in this newsletter.***



**Join the Strider's Group and get out in Nature!**



## Germantown Senior Center Washington County Meal Program VOLUNTEERS NEEDED

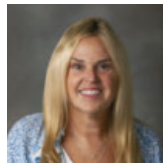
Do you have an hour to spare? Monica is looking for a volunteer to pack brown bags on Fridays for home delivered meals of Washington County –Germantown Area. Also we need a driver for Meal Delivery on Mondays, mileage is reimbursed.

For more information Contact Monica Cammak 414.380.8666 or stop by the Center and ask to see her in the kitchen.

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**Saturday 9am-4pm**

Donations from 9am-3pm

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Germantown Senior Club, Germantown, WI

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# OCTOBER 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> 9:30 Strider's 10:00 Line Dancing 1:00 Corn Hole 1:00 Open Sheepshead 1:00 Wii bowling	<b>3</b> 10:00 Zumba 1:00 Polish Poker 1:00 Tournament Sheepshead 2:30 Yoga	<b>4</b> 1:00 Movie "80 for Brady"	<b>5</b> 9:00 Strength & Balance 9:30 Chat N Crafts 10:00 Strength & Balance class 1:00 Dartball <b>6;15 Theatre Trip</b> <b>"OLIVER"</b>	<b>6</b> 1:00 Hand & Foot
<b>9</b> 9:30 Strider's 10:00 Line Dancing 1:00 Club Board Meeting 1:00 Corn Hole 1:00 Open Sheepshead 1:00 Wii bowling	<b>10</b> 10:00 Zumba 1:00 Polish Poker 1:00 Tournament Sheepshead 2:30 Yoga	<b>11</b> <b>1:00</b> <b>Club Meeting &amp;</b> <b>Bingo (doors open</b> <b>at 12:45, please</b> <b>wear your nametag</b> <b>for admittance)</b>	<b>12</b> 9:00 Strength & Balance 9:30 Chat N Crafts <b>10:30 3 County Dine</b> <b>Around</b> 10:00 Strength & Balance class 1:00 Dartball	<b>13</b> 1:00 Hand & Foot  1:00 Canasta
<b>16</b> 9:30 Strider's 10:00 Line Dancing 1:00 Corn Hole 1:00 Open Sheepshead 1:00 Wii Bowling	<b>17</b> 10:00 Zumba 1:00 Polish Poker 1:00 Tournament Sheepshead 2:30 Yoga	<b>18</b> <b>10:30 Travel Show by</b> <b>Collette please pre-</b> <b>register</b> 1:00 Jackpot Bingo Treats sponsored by <i>Frontida</i> <i>Assisted Living of</i> <i>Germantown</i>	<b>19</b> 9:00 Strength & Balance 9:30 Chat N Crafts 10:00 Strength & Balance class 1:00 Dartball <b>3:00 Old G-town</b> <b>Trip</b>	<b>20</b>  1:00 Hand & Foot
<b>23</b> 9:30 Strider's 10:00 Line Dancing 1:00 Corn Hole 1:00 Open Sheepshead 1:00 Wii Bowling	<b>14</b> 10:00 Zumba 1:00 Polish Poker 1:00 Tournament Sheepshead 2:30 Yoga	<b>25</b> <b>1:00 G-town Library</b> <b>presents braided yarn</b> <b>pumpkin class.</b> <b>class is full</b>	<b>26</b> 9:00 Strength & Balance Class 9:30 Chat N Crafts 10:00 Strength & Balance Class 1:00 Dartball	<b>27</b> 1:00 Hand & Foot  1:00 Canasta
<b>30</b> 9:30 Strider's 10:00 Line Dancing 1:00 Corn Hole 1:00 Open Sheepshead 1:00 Wii Bowling	<b>31</b> 1:00 Polish Poker 1:00 tournament Sheepshead 2:30 Yoga	<b>We are not offering Flu</b> <b>shots at the Senior</b> <b>Center this year.</b> <b>Please go to your Dr.'s</b> <b>office or Walgreens to</b> <b>get your flu shot.</b>		<b>There are no</b> <b>membership fees to</b> <b>come to the Senior</b> <b>Center. You do you</b> <b>not have to belong</b> <b>to the Club to</b> <b>come to Senior</b> <b>Center activities</b>

# Senior Club News

## Germantown Senior Club News

President- Kathy Gutsch  
Vice President- Barbara Schultz  
Secretary – Jackie Shebesta  
Treasurer: Della Rogers  
Membership/Sunshine: Audrey Kanies

**The next Club Meeting is October 11 at 1:00 pm.** Please be sure to wear your nametag. If you do not have a nametag, please stop by the front desk to get one. Each year you get a new dot on your tag for that year. The color this year is red. Make sure you pick one up after the meeting.

**CLUB MEMBERSHIP :** is \$20.00 per year. Membership provides that your newsletter is mailed to you; you get a reduced price on Club 5<sup>th</sup> Wednesday events, you can attend Club meetings once a month which includes Club Bingo and your birthday is listed in the Newsletter.

**In November the Club holds elections for their officers.**

**The new application for Club Membership for 2024 will be in the December and January issues of the Golden Years Gazette.**

The Club Picnic in 2024 will be held on July 31 and the Christmas Party will be held on December 11. All other 5th Wednesday events are discontinued for 2024.

## ***OCTOBER Birthdays***

2– Arline Flesch  
13– Barb Schultz  
14– Darlene Daley  
14– Rita Nelson  
20 Nancy Beyerl  
23– Diane Boehlke  
24– Mary Ann Karch  
28– Linda Bauers  
28– Kathy Schwenk





# GOLDEN YEARS GAZETTE

**GERMANTOWN SENIOR CENTER**

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**OCTOBER 2023**

