

The Chatter

Fall
2023

A Publication for Experienced Adults



ANNUAL HOLIDAY BOUTIQUE & BAKE SALE

Thursday, November 30

9 am - 2 pm

Burnsville Senior Center

(200 W. Burnsville Parkway, Burnsville)

Event and exhibitor info may be found on **page 16!**

Our Mission

To provide a Senior Center that is a community focal point on aging where older adults come together for services and activities that reflect their experience and skills, respond to their diverse needs and interests, enhance their dignity, support their independence and encourage their involvement in and with the Center and the community.

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**Extensive college
and career prep
opportunities**

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in middle & high school**

**Commitment to arts
education at all levels**

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in grades 6-12**

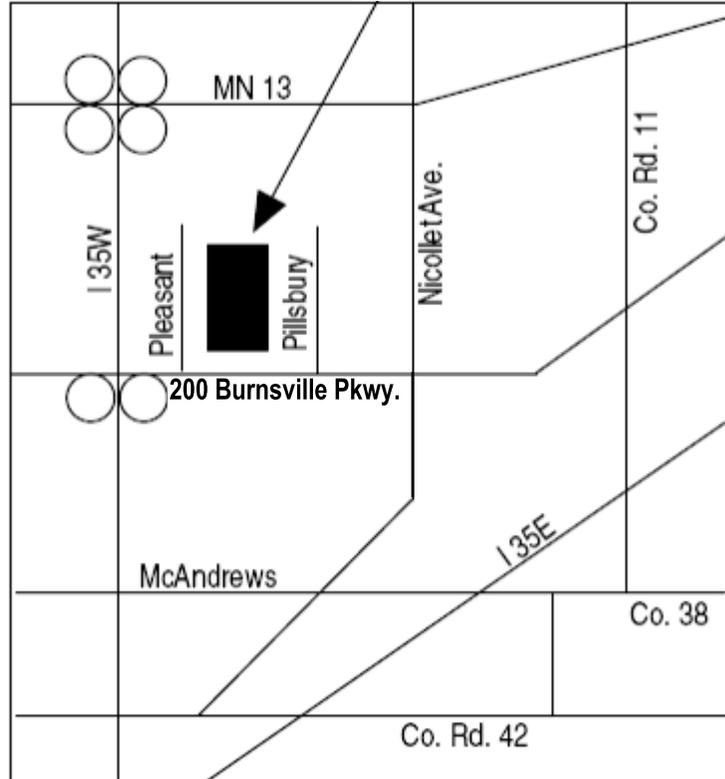
**Dedicated, talented
staff members**



952-707-2000

www.isd191.org

Directions to Burnsville Senior Center



The Burnsville Senior Center is located in the lower level of Diamondhead Education Center.

Address: 200 W. Burnsville Pkwy
Burnsville, MN 55337
Phone: 952-707-4120
Email Address: senior.center@isd191.org
Hours: Monday - Friday (9:00 am - 4:30 pm)

To register for classes or events, please use the registration forms on the back page. Registrations may be mailed or dropped off at the above address.

Senior Center Advisory Council

Vivian Clemons
Barb Dorry
Peg Fink
Ingrid Jensen
Barb Knoke
Audrey Lattery
Martha Nicholas

Maggie McKinney
Wayne Scheffel
Fred Steaderman
Wanda Trousil
Liz Whetter
Guests always welcome

Burnsville Senior Center



Where aging is embraced

Burnsville Senior Center Newsletter Staff



Editor:
Michele Starkey

Senior Center Partners:

Linda Melberg	Site Manager - noontime Dining Program
Susan Dieseth	Moving Meals Program Manager
Barb Tiggemann	Friendly Visitors Program - DARTS
Joyce Fagerness	Quilters Coordinator
Bruce Smith	Woodcarving Coordinator
Sherry Beason	Knitter Coordinator
Norma Pedersen.....	Craft Group Coordinator
Jack Corley & Dick Hennen	Duplicate Bridge Coordinators
Colleen Malterud.....	Hand & Foot Coordinator
Sharon Raasch.....	Stroke Group Coordinator
Wanda Trousil	Library Coordinator
Maggie McKinney	Evaluation Coordinator
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Dan McElroy	Men's Breakfast Coordinator
Senior Led.....	Sunshine Stretch Coordinator
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Lin Moilan.....	Scrabble Coordinator
Gary Konkler & Elizabeth Mikeworth.....	500 Coordinators
Judy Hurley	Card Recycling Coordinator
Maggie McKinney	Participation Coordinator
Naomi Whitman.....	Cribbage Coordinator
Maggie McKinney	Ladies Breakfast Coordinator
Trellis.....	Health Insurance Coordinator

The SENIOR CHATTER is mailed to over 3,900 senior households in northwest Dakota County courtesy of ISD 191 Community Education and the City of Burnsville.

- If you have friends, relatives, or neighbors who would like to receive a free subscription to THE CHATTER, have them call 952-707-4120.
- If you do not wish to receive THE CHATTER, please call 952-707-4120 and have your name removed.

Fun and Friendship Officers 2023-2024:

Martha Nicholas	President
Sue Fuller	First Vice President
Barb Knoke.....	Second Vice President
Liz Whetter	Secretary
Ingrid Jensen	Treasurer



MICHELE'S MOMENTS

Oh, it's been nice to have things back to their new normal. Late spring, we saw our best ever attended ERA Aging and Wellness Expo. The summer shredding event had initial lines of cars into the street, but with the efficiency of Home Instead and Veterans Shredding, the lines moved quickly. June brought many of you in for the ice cream social, courtesy of The Regent at Burnsville and The Moments supplied us with "Movie Magic" provided by Dakota Valley Symphony.



Michele Starkey

So, what's ahead? We are closed on Monday, September 4 for Labor Day. Many of our One91 students will return to the classroom on Tuesday, September 5th. In terms of special events you can anticipate two opportunities to get your flu and updated Covid vaccinations. Metro Dining Club cards should arrive mid to late September. Another 'fall' shredding event (in case you got REALLY motivated). And fall brings about the card tournaments for those interested.

We are planning our Annual Holiday Boutique and Bake Sale. We are looking for bakers and crafters. Gently used jewelry and sloppy joes are also on the menu. We will begin taking nominations for the BE A SANTA TO A SENIOR program and of course that mean that those of you who love to shop, can get some holiday ideas for our community seniors. And it would not be a HOLIDAY season without the Meal Deal with a precooked turkey dinner just in time for the Christmas holiday. (And then the Holiday Open House to kick off 2024!)

Annual Giving Campaign letters will be going soon, and I just want to say thank you for your consideration...we truly appreciate your support...all forms!

The fall calendar is also loaded with several new coffee and travel talks. Low Waste Living, funeral planning, Senior Safety and Scams Prevention (with the Burnsville Police Dept.). What is a Living Will? How do you write one and/or update it? Do you need a regular will? When is a Power of Attorney helpful? Information on Medical Assistance and Veterans Benefits. There is something for everybody here, so call to reserve a place and join us.

The Golden Bachelor is all the buzz and will premier in September. We are looking to do Monday viewing parties but the details are still being arranged. IF you would be interested in joining us, please call us at 952-707-4120 and add your name to the list of those interested.

The Twin Cities Ukulele Club jams here every Wednesday morning. They are considering offering lessons. IF you might be interested call and let us know.

And in between all this learning and working out and excitement, please take a moment to enjoy the fall!

Michele

ADVISORY COUNCIL HIGHLIGHTS

From the Burnsville Senior Center Advisory Council

During the summer months, the following items were discussed by the Burnsville Senior Center Advisory Council



Is the Senior Center still OPEN?

Yes. The doors may be secured but we are all still here. Early this summer, the DEC building was locked to provide additional security for our participants and the building. This meant that Door #12 was locked and you needed to come thru Door #11 to access the building. There is a door bell like thing you need to press, listen carefully to someone from Community Ed who will speak with you and then “click” the door so you can come in. This is new and different and a part of our new normal. There is a possibility that by the time you read this, as this all gets tweaked, there may be a new access point on our door, Door #12, for your convenience. Keep checking for updates.

Annual Giving Campaign

Annual Giving Campaign letters will be in your mail boxes very soon. Thank you for your ongoing support. We are so grateful for your consideration and support. So, on behalf of the One91 Burnsville-Eagan-Savage school district and the City of Burnsville, I say THANK YOU.

Flu Shot & COVID Shot Clinics

Thanks to CUB, we will have TWO clinics this year. Both will offer the latest flu shot options and the latest COVID options. Wednesday, September 27 from 9 am to noon AND Thursday, October 26 from 2 – 5 pm. Please remember to bring all your health insurance information. Join us for treats from Ecumen Centennial House and the Seasons of Apple Valley.

Wanna “WRAP”?

Looking for “gift wrappers”. WE will kick off the Be A Santa To A Senior Program and we NEED YOUR HELP. If you know of someone in the Burnsville or the surrounding communities, who will be isolated during the upcoming holidays, please share that information with Michele. If you like to shop there will be trees around the community with paper ornaments suggesting gifts ideas for these individuals. Buy the item and drop it off at the Burnsville Senior Center. Then, for those who enjoy wrapping up presents, plan to come on by on Wednesday, December 13th. We will have the wrapping paper. The tape, scissors and of course, the gifts.

Annual Holiday & Bake Sale

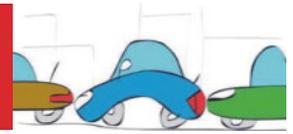
Looking for CRAFTERS and BAKERS for the Holiday Boutique and Bake Sale planned for Thursday, November 30th from 9am to 2pm. There will also be gently used jewelry for sale and of course, our famous, sloppy joes for lunch.

Meal Deal

That fabulous precooked Meal Deal will be available again this year. Last year we handed out almost 700 meals. Look inside this *Chatter* to see the deals and call us BEFORE the deadline to place your order.



DRIVER SAFETY



The Burnsville Senior Center has partnered with Minnesota Highway Safety and Research Center to offer driver improvement courses for adult drivers. As with all driver improvement courses sanctioned by the State Department of Public Safety, drivers over 55 may be entitled to a 10% discount on their auto insurance. An eight-hour course is initially required,

followed by a four-hour refresher class every three years. All driver improvement courses should be refreshed every three years to keep the discount in force. NO written or behind-the-wheel tests will be given. Classes are intended to be non-threatening, interactive and informative.

Several ways to register:

- Mail in your registration form and a check made out to "Burnsville Senior Center".
- Visit our website www.rschooldtoday.com/isd191site and find class list under Community/Community Ed.
- Visit the Burnsville Senior Center & we'll assist you.
- Call the MHSRC toll-free 1-888-234-1294, register and pay at the time of the class.

Please note there is a \$5 fee for any changes on pre-paid classes and no refunds if you are unable to attend a pre-paid class. Walk-in registrations will be accepted at the discretion of the instructor.

Driver Improvement 8 HR Program

Drivers over 55 are eligible to receive a 10% discount on their auto insurance upon completion of this program. This 8 hour program offers a learning experience for participants by providing instruction from a certified professional who uses the most up-to-date research in the field. Instructors have completed 40 hours of training and must complete a re-certification program by MHSRC every three years. Topics covered include but are not limited to: visual scanning techniques, steering techniques, antilock brake systems, airbag safety and new vehicle technology. Classes are held at the Diamondhead Education Center in the Meeting Room. Cost: \$28.00.

Driver Improvement 4 HR Refresher Program

This 4 hour program is open to anyone who has taken an eight-hour course within the last three years. Participants of all eight-hour are welcome. This course has demonstrated a reduction in accidents and traffic violations and is designed to meet the needs of the mature driver. Topics reviewed include but are not limited to: visual scanning techniques, antilock brake systems, airbag safety and new vehicle technology. Classes are held at the Diamondhead Education Center in the Meeting Room. Cost: \$24.00.

DEFENSIVE DRIVING

Office Use _____
 Name _____
 Telephone (Work/Cell) _____
 E-mail _____
 Address _____
 City, State, Zip _____

For the latest updates on driver safety classes, visit:
www.mnsafetycenter.interactyx.com/Pages/Catalog/CourseCatalog.aspx

8-Hour Course • #0908 (Cost: \$28.00)

- #0908-Sept1213 Tues, Wed, Sept 12 & 13 1-5 pm
- #0908-Oct1112 Wed, Thurs, Oct 11 & 12 5:30-9:30 pm
- November No Class November No Class
- #0908-Dec0405 Mon, Tues, Dec 4 & 5 5:30-9:30 pm
- #0908-Jan1617 Tues, Wed, Jan 16 & 17 5:30-9:30 pm

4-Hour Refresher Course • #0904 (Cost: \$24.00)

- #0904-Sept7 Thursday, September 7 1-5 pm
- #0904-Sept14 Thursday, September 14 5:30-9:30 pm
- #0904-Sept19 Tuesday, September 19 5:30-9:30 pm
- #0904-Sept27 Wednesday, September 27 1-5 pm
- #0904-Oct2 Monday, October 2 1-5 pm
- #0904-Oct17 Tuesday, October 17 5:30-9:30 pm
- #0904-Oct25 Wednesday, October 25 1-5 pm
- #0904-Nov2 Thursday, November 2 5:30-9:30 pm
- #0904-Nov15 Wednesday, November 15 1-5 pm
- #0904-Dec7 Thursday, December 7 5:30-9:30 pm
- #0904-Dec18 Monday, December 18 1-5 pm
- #0904-Jan9 Tuesday, January 9 1-5 pm
- #0904-Jan22 Monday, January 22 5:30-9:30 pm
- #0904-Jan30 Tuesday, January 30 1-5 pm

Payment Method

Cash _____ Charge My: Visa MasterCard
 Check _____ Expiration Date: _____
 Account Number: _____ - _____ - _____
 Signature: _____

EDUCATIONAL OPPORTUNITIES



Chair Tai Chi #09TC

Tai Chi has been practiced in China for centuries for both its health benefits and to harmonize the body and mind. The slow-flowing movements of Tai Chi are non-impact and help build balance, flexibility, and strength while also reducing stress and relieving pain. The class is particularly beneficial for those with limited mobility or with chronic conditions such as MS, Parkinson's or arthritis. Students will use a chair but may progress to standing, if appropriate. Join us for fun, exercise, and relaxation. For questions call 952-707-4120 or email anne.m.kamiri@gmail.com. Classes conducted in the DEC Studio A on Wednesdays.

#09TC-Sep6 • Sept. 6 - Oct. 25
(no class Sept. 20)
11:15 am-12 pm • 7 sessions/\$49

#09TC-Nov1 • Nov. 1 - Dec. 20
(no class Nov. 15)
11:15 am-12 pm • 7 sessions/\$49

#09TC-Jan10 • Jan. 10 - Feb. 28
(no class Jan. 17)
11:15 am-12 pm • 7 sessions/\$49

Painters Workshop #09PW

This painter's workshop is for beginning and experienced artists in oil/acrylics. It features a cooperative painting time that allows you to develop and enhance your own artistic style. The group setting provides a great source of motivation and inspiration. Students will gain perspective and insight from one another while developing their artistic knowledge of the proper use of materials, blending, color mixing, other techniques and art history through demonstrations, discussions and handouts. Please bring your own materials. This is a self-led workshop held Fridays, from 9 am to noon. **Classes are conducted in the DEC meeting room on Fridays from 9am-12pm unless otherwise noted.**

#09PW-Sep1 • 5 sessions
Sept. 1-29 • \$15

#09PW-Nov3 • 3 sessions
Nov. 3-17 • \$9

#09PW-Oct6 • 4 sessions
Oct. 6-27 • \$12

#09PW-Dec1
3 sessions • Dec. 1-15 • \$9

#09PW-Jan5 • 4 sessions
Jan. 5-26 • \$12

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EDUCATIONAL OPPORTUNITIES

Strength & Balance #09SB

A fun exercise class led by Thomas Lindmeier where the primary goal is to have fun! This is a low impact class that helps you improve flexibility and build strong muscles. Strength exercises may include lifting weights, using resistance bands or doing body-weight exercises. Class will meet on Mondays, Wednesdays and Fridays with one class from 10:30 to 11:15 am and the second class from 11:30 am to 12:15 pm in Studio B at the Diamondhead Education Center.

This class may be covered by your health insurance. To determine if this class is covered by your health insurance, please provide health insurance information and your date of birth when registering.

#09SB-Sep1030
Sept. 6 - 29
10:30 am - 11:15 am
11 sessions M-W-F/\$32

#09SB-Sep1130
Sept. 6 - 29
11:30 am - 12:15 pm
11 sessions M-W-F/\$32

#09SB-Oct1030
Oct. 2 - 30 • 10:30 am - 11:15 am
13 sessions/ M-W-F/\$32

#09SB-Oct1130
Oct. 2 - 30 • 11:30 am - 12:15 pm
13 sessions/ M-W-F/\$32

#09SB-Nov1030
Nov. 1 - 29 (No Class on Nov. 24)
10:30 am - 11:15 am
12 sessions/ M-W-F/\$32

#09SB-Nov1130
Nov. 1 - 29 (No Class on Nov. 24)
11:30 am - 12:15 pm
12 sessions/ M-W-F/\$32

#09SB-Dec1030
Dec. 1 - 20 • 10:30 am - 11:15 am
9 sessions/ M-W-F/\$32

#09SB-Dec1130
Dec. 1 - 20 • 11:30 am - 12:15 pm
9 sessions/ M-W-F/\$32

#09SB-Jan1030
Jan. 3 - 31 • 10:30 am - 11:15 am
13 sessions/ M-W-F/\$32

#09SB-Jan1130
Jan. 3 - 31 • 11:30 am - 12:15 pm
13 sessions/ M-W-F/\$32

Write a Health Care Directive Workshop #0944-F23

This workshop is a safe place to learn, discuss options and share stories while writing your Health Care Directive. The group energy propels everyone to create this important legal document and get the work done! \$29 for the 2-part workshop held at DEC Conference Room II. This workshop is from 2 – 3:30 pm and held at DEC Meeting Room. Please consider joining us for the “Speaking of Dying” Film Screening on Thursday, September 14 also at 2pm. And let us know so we can save you a spot.

#0944-F23
Sept. 21 & 28 • 2-3:30pm
2 sessions/\$29

****For over 30 years, Laurel Riedel guided women and families through the miracle and mystery of birth as a nurse midwife at Hennepin County Medical Center. She was also able to care for both parents through the challenges of aging and was their Health Care Agent and able to be at each of their bedsides during their final days.*

Now her passion is to help people write thoughtful Health Care Directives and more importantly to befriend the conversations about end of life. Laurel believes that this journey is more peaceful when we are clear about the care and comfort we want surrounding us.



Sunrise Stretch

A self-led early morning exercise class done with pre-recorded instructions. Class meets every Monday, Wednesday and Friday from 8:30 - 9:30 am in Studio B at DEC. Cost: \$10 per session. This interactive class combines flexibility, strengthening and conditioning with socializing and fun!

#09SS-Sept6
Sept. 6 - 29 • M-W-F
8:30 am - 9:30 am
11 sessions/\$10

#09SS-Oct2
Oct. 2 - 30 • M-W-F
8:30 am - 9:30 am
13 sessions/\$10

#09SS-Nov1
Nov. 1 - 29 • M-W-F
(No class Nov. 24)
8:30 am - 9:30 am
12 sessions/\$10

#09SS-Dec1
Dec. 1 - 20 • M-W-F
8:30 am - 9:30 am
9 sessions/\$10

#09SS-Jan3
Jan. 3 - 31 • M-W-F
8:30 am - 9:30 am
13 sessions/\$10

EDUCATIONAL OPPORTUNITIES



American History Lesson The Story of Constitution Day



Join us as educator, speaker and historian Frank Sachs shares the story behind the crafting of our Constitution, which is the first and longest existing written constitution for people governing themselves by the Rule of Law and not the Rule of Kings. This event is provided in partnership between the League of Women Voters of Dakota County and District 191 Community Education. Pre-registration is appreciated for this free event. Call 952-707-4150.

#103-02

Oct 10 • 6:30-8 pm

DEC Eagan/Savage Meeting Rooms

Have Your Heard of a Death Doula?

Let's talk about death and learn about the support a Death Doula can provide. Explore the mystery of death and dying, and learn about the growing trend to have a Death Doula by your side. Bring a comforting hot tea, coffee or water and we'll have a conversation about a topic that is often not talked about until it is upon us. You'll leave with information to spur these valuable conversations with loved ones.

Ann Viveros believes in the importance of restoring death to its sacred place in the beauty, mystery and celebration of life. A graduate of the Conscious Dying Institute, she is a death doula and end of life coach. Her passion is teaching self-care and inquiry-based mindful awareness practices so that we may experience a more peaceful death.

#H422-02

Oct 14 • 10 am-12 pm

DEC Sr Center \$29

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ANNOUNCEMENTS

Ladies Breakfast Chat

PREREGISTRATION REQUIRED

We have a lot to say and now there is a place to say it. Join the ladies for a breakfast filled with conversation about whatever you want it to be. The Ladies Breakfast Chat will take place the 2nd Friday of every month at Morgan's Restaurant in the Best Western (14201 Nicollet Ave) at 9 am. **Dates: Sept. 8, Oct. 13, Nov. 10 and Dec. 8.** Contact Maggie with at 651-226-2373 or email her at danncldy57@yahoo.com.

2023 ERA Senior Resource Guides

If you would like updated information about senior resources in the Burnsville and surrounding area, stop by and get a 2023 Resource Guide. They are bright yellow this year and easy to find.

Annual Giving Campaign

You just might find one of these in your mail. We continue to appreciate the community support of the Burnsville Senior Center. EVERY little bit helps and it all adds up. Thank you for your consideration.



Want to Share your EMAIL?

IF you would prefer to get the Chatter newsletter electronically, we are here to help. Give us a call, specify that you want to get the newsletter electronically and we will see that that happens.

Stroke Support and Education Group

4th Tuesday morning of each month at 10:30 am. This active support group is for persons who have had a stroke or for the spouse or caregiver of a stroke person. Meetings are held at the Burnsville Senior Center (200 W. Burnsville Parkway) and include continuing education programs, stroke updates and information, social activities, lunches, guest speakers and more. All interested persons are invited. For more info., call the Senior Center, 952-707-4120. DEC meeting room.

**Sept. 26 • Oct. 24
Nov. 28 • No Dec. mtg**

Are You Looking for a Way to Stretch Your Grocery Dollars?

Fare For All is a unique program that has the capacity to serve many of our community members. A Fare For All truck will be here monthly and set up a 2-hour store where participants can pay for and then take their food packages home that day. Fare For All provides fresh, quality food items at up to 40% off retail prices. What type of food is for sale? The **Produce Pack (\$10)** typically includes five varieties of fresh vegetables and two fresh fruits. The **Meat Only Pack (\$11)** has a minimum of four assorted meat items. And the **Monthly Special (\$25-\$30)** may include Mega Meat Packs, Grilled Packs and Holiday Packs. This opportunity really helps to stretch your food budget. There are no income restrictions and no forms to complete. Fare For All participants may pay with cash, debit or credit cards, or food support (EBT) cards. Just stop in, select your 'package', pay and we even help you get it to your car. **Mark your calendar for these upcoming dates: Sept. 27, Oct. 25, Nov. 15 and Dec. 20 from 3 – 5 pm.**



ANNOUNCEMENTS



Men's Breakfast

The Burnsville Senior Men's Breakfast meets on the 1st Tuesday of each month at 8:30 am (unless otherwise noted). They meet at The Original Pancake House, 14351 Nicollet Court in Burnsville. The agenda, as usual, will include good great conversation with old and new friends, good great food and separate checks! Please RSVP so we can make a reservation. Call Dan McElroy at 952-797-4548 or simply send him an email at danmcelroy@comcast.net.

Burnsville Senior Living on BCTV

Please be sure to tune to cable channel 14 in Burnsville (BCTV) and see the most recent program taped at the Burnsville Senior Center.

Happy Feet New Telephone Number

This summer we were provided with a new telephone number for Happy Feet. Please call that at 763-346-3390 with questions or to make an appointment.

Old Cell Phones Needed

Keep up the great work! We collect old cell phones and send them to the National Council on Aging. They recycle them and send us a check. We have collected over \$2,000 thus far!

Feed My Starving Children Volunteers

If you have some extra time on your hands and want to be helpful, don't forget that we gather twice a month over in Eagan to package food for Feed My Starving Children. They meet the 2nd and 4th Tuesday of each month at 1130 at the Eagan location. Please contact Jerry at 612-772-8323 or jerryka155@gmail.com to join them.



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ANNOUNCEMENTS

Energy Assistance Available

If you have trouble paying for your energy bills during the winter, the Minnesota Public Utilities Commission has set up a program to help you. Both Homeowners and renters who meet the income guidelines may be eligible. Homeowners may be eligible for furnace repairs and winterization services to help reduce their heating and electric bills. Renters and those in subsidized housing may also be eligible to get help with their energy bills. If you are having trouble, contact your local utility company and make a plan with them to keep your utilities from being shut off. If you make a plan and keep with it, they cannot shut you off from October 15 through April 15. In Dakota County for more information call 651-322-3500.



CapTel Telephones

Caption telephone courtesy of the Americans with Disabilities Act. Yes, you too could be literally seeing what you're missing. There is a telephone on display at the Center and if you are interested, please contact Michele at 952-707-4120.



Health Insurance Counseling - Trellis (MAAA)

Trellis offers one-on-one appointments, in-person or by phone, to help older adults navigate the often-complex world of Medicare. You can schedule your own Medicare Counseling appointment by calling the Senior LinkAge Line at 800-333-2433 or online at trellisconnects.org/get-help/Medicare/. Select a date and time that work best for you and be sure to bring your questions!

They also offer presentations in-person or virtually. To join them for a presentation on Medicare 101, Health Care Fraud and Scams or How the Senior LinkAge Line Can Help You, please register at trellisconnects.org/get-help/upcoming-presentations/.

**You've got questions.
We've got answers.
Call the Senior LinkAge Line
at 800-333-2433**

We Need Your Yarn

Yarn donations are always needed for the Burnsville Senior Center Knitters. With all the busy hands making hats and mittens and scarves and booties and lap-ropes we are going through the current supply and looking to replenish our closet for the ever increasing demand. With plenty of items ready for the children of District 191 this year, we are already preparing for 2024. Help us if you can. All donations are greatly appreciated and put to VERY good use.

Weekly Updates

We will continue to do the weekly updates. This has been determined to be a COVID KEEPER. Due to the very popular response to the weekly updates that you get either by telephone or email, we will continue to 'bother' you on Thursday mornings. IF you do not know what this is all about, it means you are not on our mailing list. IF you wish to be added just call and let us know. IF, you prefer one format over another, let us know. And IF this is 'just another nuisance', call and we can remove you from that list.



Coffee Talks Registering

PREREGISTRATION REQUIRED

Because of the increasing demand for the coffee talks we offer, you can now go on-line and see all the specifics: topic, speaker, date and time. Coffee Talks are at no cost but require pre-registration.

ANNOUNCEMENTS



Card Tournaments

Week of Oct. 23 – 27

\$5 per person

Pre-registration required



Metro Dining Club Cards

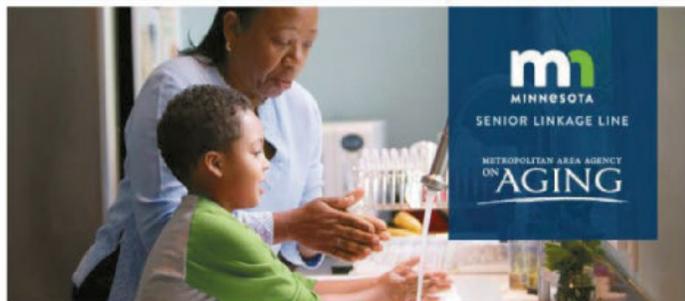
The Burnsville Senior Center will be selling 2023-24 MDC cards again this year. MDC sets consist of about 138 restaurant cards that can be used monthly for discounts when you are dining out at a variety of different restaurants south of the river. Cards will be available mid September. Cost: \$30. MDC card sales are a fundraiser for the Senior Center, and we need your support. The profits are used to support the Center, defray costs and purchase needed items. Financial updates will be given in Fun and Friendship meetings and will also be posted in the Senior Center.

Association Use

If you belong to a Home Owners Association that occasionally needs a larger meeting space, contact Michele to see if your group could use the Senior Center for your meeting.

Jewelry Collection

Due to the success of our vintage jewelry sale, we will continue collecting old jewelry for future sales.



Health Insurance Help

Minnesota seniors can get personalized assistance when it comes to making decisions about their health insurance choices. We're not brokers or agents - we just want to help you find the best plan for you!

- Wondering about your choices with supplemental coverage?
- Have questions about Part D?
- Worried about the details in filing a claim or appeal?

Trained volunteers will help answer these questions and more in a one-on-one information session over the phone. Schedule an appointment by calling with Senior LinkAge Line (800-333-2433) to find a time that works for you!

[Make an Appointment Today](#)

The Senior LinkAge Line is a free service of the Minnesota Board on Aging in partnership with Minnesota's Area Agencies on Aging. Learn more at mn.gov/senior-linkage-line.

ANNOUNCEMENTS



Health Insurance Opportunities

The Burnsville Senior Center is a Silver Sneakers, Silver & Fit and ONE PASS site. IF you believe your health insurance benefits may assist paying for a class or activity please share the following information when registering:

- Your name, address, etc.
- Your date of birth
- A copy of your 2023 insurance card
- And your Silver Sneakers, Silver & Fit or Active Renew Code

Upon confirmation, your class may be covered by your insurance!



Blood Pressure Clinic

4th Thursday of each month at 10:15 am

Arbors at Ridges will be here the fourth Thursday of each month from 10:15 -11 am to do free blood pressures. We welcome Arbors at Ridges to our Center and thank them for providing this wonderful service to everyone.

Sept. 28 • Oct. 26

Closed for holidays

Nov. 23 & Dec. 21

Senior Center Holiday Schedule

Please note that the Burnsville Senior Center will be closed on these dates:

Sept. 4

Nov. 23 & 24

Dec. 22 - Jan. 1, 2024

Reopens Jan. 2, 2024



Flu & Covid vaccinations

Burnsville Senior Center
952-707-4120



Wed. Sept. 27th from 9am – noon

or

Thur. Oct. 26th from 2 – 5pm

Remember to bring your Medicare Card &/or Health Insurance Card or flu voucher.

Courtesy of



ECUMEN*
Seasons at Apple Valley

ECUMEN*
Centennial House

Fitness Opportunities

There are SO many options to get fit. For MORE opportunities, check the Community Education catalog



- Sunrise Stretch meets at 8:30 in the morning on Mondays, Wednesdays and Fridays in DEC Studio B for \$1.00 per visit.
- Strength and Balance class meets on Mondays, Wednesdays and Fridays at 10:30am and 11:30am in Studio B, this class is \$32 a month and may be covered by your insurance. (Check with Michele for details.)
- Chair Tai Chi meets weekly on Wednesdays at 11:15am in DEC Studio A, and pricing varies depending on the number of sessions.

ANNOUNCEMENTS



Visit Your Library Today!

Visit Your Library Today! Burnhaven Library's hours are Monday through Thursday 9 am to 8 pm, Friday and Saturday 9 am to 5 pm, and Sunday 1 pm to 5 pm. For Fall, we will be closed on Mon., Sept. 4 for Labor Day, Sat. Nov. 11 for Veteran's Day, Thurs., Nov. 23 for Thanksgiving, Fri. Dec. 9 for an annual Staff Day, Sun. Dec 24 and Mon. Dec. 25 for Christmas. We will be OPEN on Mon., Oct. 9 (Columbus Day/ Indigenous People's Day.)

Upcoming special events:

Tues. Sept. 12 • 6:30 pm: Pounded Plant Art.

Learn about colorful fall flora and create a piece of art by transferring plant colors and shapes with hammers. Presented by Dakota County Parks. Geared for adults. Registration required.

Sat. Sept. 16 • 1-3 pm: Puzzle Swap

Drop in with a new or gently used jigsaw puzzle to trade or donate and take home one that is new to you. Geared for all ages.

Thurs. Oct. 12 • 10 am: Sawyer's Dream.

Transport yourself back in time with this 70's inspired family-friendly 4-part vocal harmony Americana band with elements of pop, rock and soul, featuring powerhouse male and female vocals reminiscent of the Mamas & the Papas, ABBA and Fleetwood Mac, with a unique modern twist.

For more information contact the Dakota County Library website at: <http://co.dakota.mn.us/libraries>



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Funeral and Cremation
Prearrangement Consultant
952-201-6504

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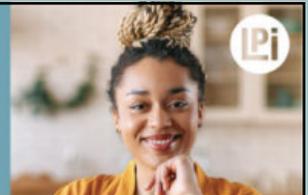
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heintze5@integra.net
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Patty Zukek Broker MN and WI

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I have developed a team of professionals who are also experts in their industries



Welcome to The Rivers

Senior Living in the Heart of
Burnsville, MN

April Showers Bring May Flowers

Schedule a Tour and Leave with Some Flowers!



11111 River Hills Drive, Burnsville, MN 55337

Call us at (952) 890-8174 or visit TheRiversLiving.org to schedule your visit



For ad info. call 1-800-950-9952 • www.lpicommunities.com Burnsville Senior Center, Burnsville, MN

D 4C 02-1021



SPECIAL EVENTS

Burnsville Senior Center Annual Holiday Boutique and Bake Sale

*Thursday, November 30
9 am - 2 pm*



This fundraising event is held to raise funds for the Burnsville Senior Center. This registration form must be completed and submitted by all exhibitors. Applicable fees must be paid with the registration form in order for a space/ table to be reserved in your name. We reserve the right to decide what is appropriate for this 'holiday' event. Registration is on a first-come, first-serve basis. There will be NO refunds.



Return this registration form with a check payable to:
Burnsville Senior Center 200 W. Burnsville Parkway
Burnsville, MN 55337.

_____ \$40 for space

_____ \$50 for table in that space

_____ Do you need electricity? YES NO

Name: _____ Amount enclosed: _____

Address: _____ Phone: (_____) _____

City: _____ State: _____ Zip: _____

Email: _____

Description of merchandise you will be selling: _____

If direct sales, indicate company name: _____

Questions contact Burnsville Senior Center Coordinator: Michele Starkey 952-707-4121
mstarkey@isd191.org

SPECIAL EVENTS



Meal to Remember 2023

We have partnered with Perkins and the Burnsville-Savage Lions Club again this year to make available, a delicious, pre-cooked turkey dinner. Dinner includes: oven-roasted turkey, mashed potatoes, gravy, sage dressing, a vegetable, cranberry sauce & a slice of pumpkin pie for \$7.



- ✓ Dinners must be pre-ordered and pre-paid. To place an order please call 952-707-4120 or go online to www.communityed191.org.
- ✓ Order deadline is Thursday, November 30th.
- ✓ Pick-up will be Tuesday, December 19th select either 9 – 11am or 1 – 3 pm. Please select a time when placing your order.
- ✓ Pick up location will be at the Diamondhead Education Center, 200 W. Burnsville Pkwy. east lower level parking lot, outside door #11.
- ✓ If you qualify for Educational Benefits and want to be consider for a family discount please contact Hamde at 952-707-4153 or Eddieca at 952-707-4142.



Fun & Friendship Holiday Party

Thursday, Dec. 14, 2023
Clive's Roadhouse
13050 Aldrich Ave. So.
Burnsville, MN.
952-426-3625

11 am – Social hour
Noon - sit down luncheon
Followed by entertainment



Cost: \$49 per person for members (09FF-H23)

Name: _____

Phone: (____) _____

Menu choices: _____ Chicken Alfredo
(select one) _____ Smothered beef tips & mashed potatoes
_____ Pan-fried walleye & rice pilaf
_____ Chicken fried chicken & mashed potatoes



Deadline 12/6/23 Amount enclosed _____ Check# _____ Charge _____



Shred Event

Burnsville Senior Center &



Thursday, Oct. 5
1 - 3 pm

\$5 per car, 1 - 3 bags/boxes
\$10 per car, 4 - 8 bags/boxes
\$50 a car with 9+ bags/boxes

200 W. Burnsville Parkway
Just pull up in the lower, east lot
we'll unload it & shred it on the spot!

Annual Holiday Open House



Friday, January 5, 2024
1 – 3 pm

Join us to welcome in the New Year with some new friends, a little food and something sweet!
Please call 952-707-4120 to RSVP.



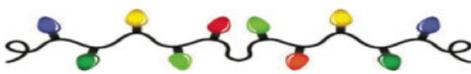
Dessert courtesy of
regent
at burnsville
a ministry of **CASSIA**
senior living on earley lake



SPECIAL EVENTS

**BURNSVILLE
SENIOR
CENTER
HOLIDAY
BOUTIQUE &
BAKE SALE**

**THURSDAY
NOVEMBER 30
9AM - 2 PM**



Crafts

Holiday items

Used jewelry

Homemade baked good

Sloppy joes for sale

**BURNSVILLE
SENIOR CENTER**
200 W. Burnsville Pkwy
Burnsville, MN 55337
952-707-4120




Metro Dining Club Cards

2023 - 24

\$30

138 restaurants
Proceeds benefit the
Burnsville Senior Center

WORD FIND

G	Z	C	R	E	D	I	C	E	L	P	P	A	N	J	V
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- | | |
|--|--|
| <p>FALL</p> <p>COLORED LEAVES</p> <p>SLOPPY JOES</p> <p>APPLE CIDER</p> <p>FLU SEASON</p> <p>HOLIDAYS</p> <p>BAKE SALE</p> <p>SHORTER DAYS</p> <p>TRAVEL TALKS</p> <p>VOLUNTEERS</p> | <p>DINING CARDS</p> <p>BOUTIQUE</p> <p>TURKEY</p> <p>OPEN ENROLLMENT</p> <p>ANNUAL GIVING</p> <p>MEAL DEAL</p> <p>WEATHER WATCH</p> <p>HOLIDAY LIGHTS</p> <p>SHRED</p> <p>FALLING LEAVES</p> |
|--|--|



September 2023



SUN	MON	TUES	WED	THURS	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30



Senior Center
952-707-4120

Community Education
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651-602-1111

Senior Linkage
800-333-2433

Senior Legal Assistance
651-222-4731

Meals on Wheels
952-393-9860

AARP Office
952-858-9040

MN Highway Safety Center
888-234-1294

HAPPY FEET
763-346-3390

- Sunrise Stretch 8:30am
- Painting 9am
- Str/Bal 10:30/11:30am
- Hand & Foot 12:15pm

- Sunrise Stretch 8:30am
- Painting 9am
- Knitters 9am
- Ladies Bkft 9am
- Str/Bal 10:30 & 11:30am
- Hand & Foot 12:15pm

- Sunrise Stretch 8:30am
- Foot Care 9am
- Painting 9am
- Str/Bal 10:30 & 11:30am
- Hand & Foot 12:15pm

- Sunrise Stretch 8:30am
- Foot Clinic 9am
- Painting 9am
- Str/Bal 10:30 & 11:30am
- Hand & Foot 12:15pm

- Crafters 9am
- Foot Clinic 9am
- Health Ins. Council 9am
- Def Drive Ref 1pm

- Fun & Friendship 11am
(Program, Entertainment Lunch & Bingo)
- Film Speaking of Dying 2pm
- Def Drive Ref 5:30pm

- Crafters 9am
- Foot Clinic 9am
- Health Ins. Council 9am
- Health Care Dir 2pm

- Sunrise Stretch 8:30am
- Cribbage 10am
- Ukulele Club 10am
- Chair Tai Chi 11:15am
- Str/Bal 10:30/11:30am
- 500 12:45pm

- Sunrise Stretch 8:30am
- Cribbage 10am
- Ukulele Group 10am
- Chair Tai Chi 11:15am
- Str/Bal 10:30 & 11:30am
- 500 12:45pm
- Def Drive Class 1pm

- Sunrise Stretch 8:30am
- Cribbage 10am
- Ukulele Group 10am
- Str/Bal 10:30 & 11:30am
- 500 12:45pm
- Coffee Talk Low Waste 2pm

- Men's Breakfast 8:30am
- Scrabble 11am
- Dup Bridge 11:45 am
- Book Club II 1pm

- Quilters 9am
- Scrabble 11am
- FMSC 11:30am
- Dup Bridge 11:45am
- Travel Talk 1pm
- Def Drive Class 1pm

- Scrabble 11am
- Dup Bridge 11:45am
- Def Drive Ref 5:30pm

- Sunrise Stretch 8:30am
- Cribbage 10am
- Str/Bal 10:30 & 11:30am
- Card Recycle 12:30pm
- Def Drive Ref 5:30pm

- Sunrise Stretch 8:30am
- Advisory Council 9:30am
- Cribbage 10am
- Str/Bal 10:30 & 11:30am
- Books R Us 1pm

- Quilters 9am
- Stroke Support 10:30am
- Scrabble 11am
- FMSC 11:30am
- Dup Bridge 11:45am

- Sunrise Stretch 8:30am
- Cribbage 10am
- Str/Bal 10:30 & 11:30am
- Card Recycle 12:30pm

- Sunrise Stretch 8:30am
- Flu Shot Clinic 9am-12pm
- Cribbage 10am
- Ukulele Group 10am
- Chair Tai Chi 11am
- Str/Bal 10:30 & 11:30am
- 500 12:45pm
- Def Drive Ref 1pm
- FARE FOR ALL 3-5PM

- Blood Pressure 10:15am
- Fun & Friendship 11am
(Program, Entertainment Lunch & Bingo)
- Health Care Dir 2pm
- Deadline Treasure Island



October 2023



SUN	MON	TUES	WED	THURS	FRI	SAT
1	2 • Sunrise Stretch 8:30am • Cribbage 10am • Coffee Talk Should I Go 10am • Str/Bal 10:30 & 11:30am • Def Drive Ref 1pm	3 • Men's Breakfast 8:30am • Travel Talk Chrielebell 10am • Scrabble 11am • Dup Bridge 11:45am • Book Club II 1pm	4 • Sunrise Stretch 8:30am • Cribbage 10am • Ukulele Club 10am • Str/Bal 10:30 & 11:30am • Chair Tai Chi 11:15am • 500 12:45pm • Def Drive Ref 5:30pm	5 • Crafters 9am • Foot Clinic 9am • Health Ins. Council 9am • SHREDDING EVENT 1-3PM	6 • TREASURE ISLAND 8-15AM • Sunrise Stretch 8:30am • Painting 9am • Str/Bal 10:30 & 11:30am • Hand & Foot 12:15pm	7
8	9 • Sunrise Stretch 8:30am • Cribbage 10am • Coffee Talk Fond Farewell 10am • Str/Bal 10:30 & 11:30am • Card Recycle 12:30pm	10 • Quilters 9am • Scrabble 11am • FMSC 11:30am • Dup Bridge 11:45am • Coffee Talk B'ville PD Safety & Scams 1pm	11 • Sunrise Stretch 8:30am • Cribbage 10am • Ukulele Group 10am • Str/Bal 10:30 & 11:30am • Chair Tai Chi 11:15am • 500 12:45pm • Def Drive Class 5:30pm	12 • Fun & Friendship 11am (Program, Entertainment Lunch & Bingo) • Def Drive Class 5:30pm	13 • Sunrise Stretch 8:30am • Knitters 9am • Ladies Breakfast 9am • Painting 9am • Str/Bal 10:30 & 11:30am • Hand & Foot 12:15pm	14
15	16 • Sunrise Stretch 8:30am • Advisory Council 9:30am • Cribbage 10am • Coffee Talk Don't Be Caught 10am • Str/Bal 10:30 & 11:30am • Books R Us 1pm • Coffee Talk - Clutter 2pm	17 • Scrabble 11am • Dup Bridge 11:45am • Def Drive Ref 5:30pm	18 • Sunrise Stretch 8:30am • Cribbage 10am • Ukulele Group 10am • Str/Bal 10:30 & 11:30am • 500 12:45pm • Coffee Talk Write Up Your HCD 2pm	19 • Crafters 9am • Foot Clinic 9am • Health Ins. Council 9am • Travel Talk Landmark 1pm	20 • Sunrise Stretch 8:30am • Foot Care 9am • Painting 9am • Str/Bal 10:30 & 11:30am • Hand & Foot 12:15pm	21
22	23 • Sunrise Stretch 8:30am • Cribbage 10am • Coffee Talk You Don't Know 10am • Str/Bal 10:30 & 11:30am • Card Recycle 12:30pm	24 • Quilters 9am • Scrabble 11am • Stroke Support 10:30am • FMSC 11:30am • Dup Bridge 11:45am	25 • Sunrise Stretch 8:30am • Cribbage 10am • Ukulele Club 10am • Chair Tai Chi 11:15am • Str/Bal 10:30 & 11:30am • 500 12:45pm • Def Drive Ref 1pm • FARE FOR ALL 3-5PM	26 • Blood Pressure 10:15am • Fun & Friendship 11am (Program, Entertainment Lunch & Bingo) • Hearing Clinic 10am-Noon • Flu Shot Clinic 2-5pm	27 • Sunrise Stretch 8:30am • Footcare 9am • Painting 9am • Str/Bal 10:30 & 11:30am • Hand & Foot 12:15pm	28
29	30 • Sunrise Stretch 8:30am • Cribbage 10am • Str/Bal 10:30 & 11:30am	31 • Scrabble 11am • Dup Bridge 11:45am				



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- Meals on Wheels**
952-393-9860
- AARP Office**
952-858-9040
- MN Highway Safety Center**
888-234-1294
- HAPPY FEET**
763-346-3390



November 2023



SUN	MON	TUES	WED	THURS	FRI	SAT
			1 • Sunrise Stretch 8:30am • Cribbage 10am • Ukulele Club 10am • Str/Bal 10:30 & 11:30am • Chair Tai Chi 11:15am • 500 12:45pm	2 • Crafters 9am • Foot Clinic 9am • Health Ins. Council 9am • Def Drive Ref 5:30pm	3 • Sunrise Stretch 8:30am • Painting 9am • Str/Bal 10:30 & 11:30am • Hand & Foot 12:15pm • Deadline Duluth Trip	4
5	6 • Sunrise Stretch 8:30am • Cribbage 10 am • Str/Bal 11:30am	7 • Men's Bkft 8:30am • Coffee Talk <i>Wills and POA</i> 10am • Scrabble 11am • Dup Bridge 11:45am • Book Club II 1pm	8 • Sunrise Stretch 8:30am • Cribbage 10am • Ukulele Club 10am • Chair Tai Chi 11:15am • Str/Bal 10:30 & 11:30am • 500 12:45pm	9 • Fun & Friendship 11am (<i>Program, Entertainment Lunch & Brigo</i>)	10 • Sunrise Stretch 8:30am • Knitters 9am • Ladies Breakfast 9am • Painting 9am • Str/Bal 10:30 & 11:30am • Hand & Foot 12:15pm	11
12	13 • Sunrise Stretch 8:30am • Cribbage 10am • Str/Bal 10:30 & 11:30am • Card Recycle 12:30pm	14 • Quilters 9am • Scrabble 11am • FMSC 11:30am • Dup Bridge 11:45am	15 • Sunrise Stretch 8:30am • Cribbage 10am • Ukulele Club 10am • Str/Bal 10:30 & 11:30am • 500 12:45pm • Def Drive Ref 1pm • FARE FOR ALL 3-5PM	16 • Crafters 9am • Foot Clinic 9am • Health Ins. Council 9am	17 • Sunrise Stretch 8:30am • Foot Clinic 9am • Painting 9am • Str/Bal 10:30 & 11:30am • Hand & Foot 12:15pm	18
19	20 • Sunrise Stretch 8:30am • Cribbage 10am • Str/Bal 10:30 & 11:30am • Books R Us 1pm	21 • Coffee Talk <i>MA and VA</i> 10am • Scrabble 11am • Dup Bridge 11:45am	22 • Sunrise Stretch 8:30am • Cribbage 10am • Ukulele Club 10am • Chair Tai Chi 11:15am • Str/Bal 10:30 & 11:30am • 500 12:45pm	23  Closed for Thanksgiving	24  Closed for Thanksgiving	25
26	27 • Sunrise Stretch 8:30am • Cribbage 10am • Str/Bal 10:30 & 11:30am • Card Recycle 12:30pm	28 • Quilters 9am • Scrabble 11am • Stroke Support 10:30am • FMSC 11:30am • Dup Bridge 11:45am	29 • Sunrise Stretch 8:30am • Foot Clinic 9am • Cribbage 10am • Ukulele Club 10am • Str/Bal 10:30 & 11:30am • Chair Tai Chi 11:15am • 500 12:45pm	30 • <i>Deadline for Meal Deal</i> • HOLIDAY BOUTIQUE AND BAKE SALE 9AM-2PM		



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952-707-4110

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952-393-9860

AARP Office
952-858-9040

MN Highway Safety Center
888-234-1294

HAPPY FEET
763-346-3390



December 2023



SUN	MON	TUES	WED	THURS	FRI	SAT
					1 • Sunrise Stretch 8:30am • Painting 9am • Str/Bal 10:30 & 11:30am • Hand & Foot 12:15pm	2
3	4 • Sunrise Stretch 8:30am • Cribbage 10am • Str/Bal 10:30 & 11:30am • Def Drive Class 5:30pm	5 • Men's Breakfast 8:30am • Scrabble 11am • Dup Bridge 11:45am • Book Club II 1pm • Def Drive Class 5:30pm	6 • Sunrise Stretch 8:30am • Cribbage 10am • Ukulele Club 10am • Str/Bal 10:30 & 11:30am • Chair Tai Chi 11:15am • 500 12:45pm	7 • Crafters 9am • Foot Clinic 9am • Health Ins. Council 9am • DULUTH TRIP 9:15am • Def Drive Ref 5:30pm	8 • Sunrise Stretch 8:30am • Knitters 9am • Ladies Bkft 9am • Painting 9am • Str/Bal 10:30 & 11:30am • Hand & Foot 12:15pm	9
10	11 • Sunrise Stretch 8:30am • Cribbage 10am • Str/Bal 10:30 & 11:30am • Card Recycle 12:30pm	12 • Quilters 9am • FMSC 11:30am • Scrabble 11am • Dup Bridge 11:45am	13 • Sunrise Stretch 8:30am • WRAP PARTY 9:30AM • Cribbage 10am • Ukulele Club 10am • Chair Tai Chi 11:15am • Str/Bal 10:30 & 11:30am • 500 12:45pm	14 • FUN & FRIENDSHIP HOLIDAY PARTY 11AM	15 • Sunrise Stretch 8:30am • Foot Clinic 9am • Painting 9am • Str/Bal 10:30/11:30am • Hand & Foot 12:15pm	16
17	18 • Sunrise Stretch 8:30am • Advisory Council 9:30am • Cribbage 10am • Str/Bal 10:30 & 11:30am • Books R Us 1pm • Def Drive Ref 1pm	19 • Scrabble 11am • Dup Bridge 11:45am • Meal Deal Pickups	20 • Sunrise Stretch 8:30am • Foot Clinic 9am • Cribbage 10am • Ukulele Club 10am • Chair Tai Chi 11:15am • Str/Bal 10:30 & 11:30am • 500 12:45pm • FARE FOR ALL 3PM	21 • Crafters 9am • Foot Clinic 9am • Health Ins. Council 9am	22	23
24	25	26	27	28	29	30
CLOSED FOR THE HOLIDAY • REOPENING 1/2/24						
31						



Senior Center
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952-707-4110

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651-602-1111

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Meals on Wheels
952-393-9860

AARP Office
952-858-9040

MN Highway Safety Center
888-234-1294

HAPPY FEET
763-346-3390

ACTIVITIES



Woodcarving Group

Thursday evenings
from 6 - 9 pm

Are you interested in woodcarving? The Senior Center is the place to come. You don't need experience to try it out. Experienced woodcarvers are on hand to get you started. Bring a carving knife (they will even teach you how to sharpen your knife if it isn't sharp). A carving pattern and a piece of basswood will be made available for all beginners. You're welcome to come and watch and/or speak to the veterans to get yourself started.

Card Recycling Group

2nd and 4th Mon. of the month
from 12:30-3 pm

You won't believe how wonderful these cards (which you paid a small fortune for) "clean up" and these are just the people to do it. With some funny scissors, a little paper and a lot of creativity, these once anticipated trash are made into another's treasure. Join us for the fun! Drop off cards. Help us recycle them or drop by and purchase a few. There are lots of ways to be involved.

Ladies Breakfast Chat

We have a lot to say and now there is a place to say it. Join the ladies for a breakfast filled with conversation about whatever you want it to be. The Ladies Breakfast Chat will take place the 2nd Friday of every month at Morgan's Restaurant in the Best Western (14201 Nicollet Ave) at 9 am. **Dates: Sept. 8, Oct. 13, Nov. 10 and Dec. 8.** Contact Maggie with at 651-226-2373 or email her at danaldy57@yahoo.com.

Tuesday Book Club

Sept 5

The Cartographers
By Peng Shepherd

October 3

Lessons in Chemistry
By Bonnie Gamus

November 7

These Precious Days
By Ann Pratchett

Quilters

2nd & 4th Tuesdays of the
month at 9 am

This creative group of stitchers meets for the purpose of creating warm colorful quilts for children in shelters and hospitals, elderly folks in health care centers, etc. Members of the group have a good time while they share quilting knowledge and skills with each other. Quilts are donated to various organizations by the group. All materials are donated to the group. Open to all senior adults of the community. **We can always use fabric donations.**

Knitting/Crocheting

2nd Friday of each
month at 9 am

Participants make mittens, scarves, lap robes, afghans, booties, slippers, and more for various charitable organizations. If you want to needle for us, give us a call...we want you! We'll even help you learn basic knitting and crocheting. If you have extra yarn, we could use it. Bring it to the Senior Center.

Craft Group

1st & 3rd Thurs of the
month at 9 am

Partake in this community-minded craft-social group by creating and making special projects for older folks in nursing homes, health care centers, and hospitals. You are invited to participate. NOTE: We can always use donations of craft materials.

Men's Breakfast

1st Tuesday of each
month at 8:30 am

The Burnsville Senior Men's Breakfast meets on the 1st Tuesday of each month at 8:30 am (unless otherwise noted). They meet at The Original Pancake House, 14351 Nicollet Court in Burnsville. The agenda, as usual, will include good great conversation with old and new friends, good great food and separate checks! Please RSVP so we can make a reservation. Call Dan McElroy at 952-797-4548 or simply send him an email at danmcelroy@comcast.net.

Community Pantry 191



Food at no Cost to you!

1st & 3rd Tuesday,
2 - 4 pm
Diamondhead
Education Center

200 W Burnsville Pkwy
Lower Level Door #9
Lower level parking lot

Community Pantry 191 is an extension of our BrainPower in a Backpack program.

We've designated Community Pantry 191 in partnership with Second Harvest Food Shelf

to serve community members whose food needs are greatest. For more information, contact Pam Voigt at pvoigt@isd191.org District 191 Community Education

Sept. 5 & 19 • Oct. 3 & 17
Nov. 7 & 21 • Dec. 5 & 19
(2 pm - 4 pm)

Fresh Produce
Sept. 12 & 26 • Oct. 10 & 24
(2 pm - 4 pm)

Please invite those you know
who are in need





ACTIVITIES



BOOKS "R" US BOOK CLUB

September 18

Tender is the Night
by F. Scott Fitzgerald

November 20

Lincoln Highway
by Amor Towles

October 16

Life We Bury
by Allen Eskens

December 18

Showmaker's Wife
by Adriana Trigiani



Burnsville Senior Center
3rd Monday of at 1pm.

Card Games

A variety of card games are held at the Senior Center. Call 952-707-4120 for more information on the following card games:

Cribbage	Mon.	10:00 - 12:30
Scrabble	Tues.	10:30 - 1:00
Duplicate Bridge	Tues.	11:45
Cribbage	Wed.	9:30 - 12:30
500 Cards	Wed.	12:45 - 4:00
Hand & Foot	Fri.	12:15 - 4:00



STAYING HEALTHY



Foot Care Clinic

1st & 3rd Thursdays • 3rd & 4th Fridays

This foot-care clinic will be conducted in half-hour sessions by appointment only and will provide basic foot care including: foot soak, trimming corns/calluses, foot massage, nail trimming & treating ingrown nails. This service is provided by Happy Helpers. It would be helpful if you brought your own towel. Because of the number of people not showing up for their scheduled appointments, people who have not cancelled at least 24 hours in advance will be charged for their missed appointments. Please call Happy Feet at 763-346-3390 for an appointment. Cost is \$45 per person/ per appt.

Hearing Screening and Hearing Instrument Cleaning

4th Thursday • Odd Months



Raphael Cheron of Sounds Good! will be available the fourth Thursday of every odd month from 10 am – noon for screening and hearing aid cleaning appointments. Hearing screening can determine whether or not hearing loss is present and if further testing is needed. Appointments are necessary. Please call 952-707-4120 to make an appointment.



SERVICES



MNhealthcarechoices.com

Connecting You to Senior Services

Senior Linkage Line is a free telephone information and referral service which makes it easy for older adults and their families to find community resources close to home. Trained staff and volunteers can connect you to resources such as: help in managing your health care, resources for seniors with disabilities, low cost legal assistance, support for caregivers, transportation, financial assistance programs, continuing education classes, employment and volunteer opportunities, home delivered meals, senior noontime dining sites, local senior centers and more. 8am-4:30pm, Monday through Friday. **For more information, please call 800-333-2433.**

Sunrise Stretch

This is a morning stretch designed to wake and shake you up! Join us three mornings a week. Cost: \$10.00 a month. Mon/Wed/Fri mornings at 8:30 am, DEC studio.

Meals-On-Wheels

Every day Meals-on-Wheels volunteers deliver meals to approximately 90 homebound people. Many would not be able to stay in their homes without this service. If you want to **MAKE A DIFFERENCE** in someone's life, and you can volunteer 1-1/2 hours a month, please call Susan Dieseth at 952-393-9860.



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For ad info. call 1-800-950-9952 • www.lpicommunities.com Burnsville Senior Center, Burnsville, MN

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AT A GLANCE



Newsletter

The Chatter is published January, May, September and provides information for 4 months of activities.

Knitting-Crocheting Group

Meets on the 2nd Friday of each month at 9:00 am.

Ladies Breakfast Chat

PREREGISTRATION REQUIRED

2nd Friday every month at Morgan's Restaurant in the Best Western (14201 Nicollet Ave) in Burnsville, 9 am.

Men's Breakfast

1st Tues. of each month at the Morgan's, 9 am. Call Dan McElroy at 952-797-4548 with questions. (\$\$)

The Fun & Friendship Club

PREREGISTRATION REQUIRED

2nd & 4th Thursday of each month at 11:00 am, followed by lunch, then Bingo. (\$\$)

Blood Pressures

4th Thursday of each month, 10:15-11:00 am. Provided by Arbors at Ridges.

The Advisory Council

Meets the 3rd Monday of each month at 9:30 am. Sometimes meetings are held away from the Center...check with us any time.

Stroke Support

Meets on the 4th Tuesday at 10:30 am at the Burnsville Senior Center. 952-707-4120.

Hearing Screening & Instrument Cleaning

4th Thursday, odd months, 10 am to Noon. Call for an appointment.

Fitness Class

A variety of fitness/exercise classes are available. Please see details in this Chatter. (\$\$)

Foot Clinic

1st and 3rd Thursday, 3rd and 4th Friday of each month. Appointments needed and begin at 9 am. Call 763-346-3390.

Card Recyclers

2nd and 4th Monday of the month from 12:30-3:00 pm. This group transforms used greeting cards into new treasures. Donate old cards, help recycle or drop by and purchase a few!

Coffee Talks

Free educational opportunities available. Registration encouraged.

Book Club

PREREGISTRATION REQUIRED

3rd Monday of each month at 1 pm. (See reading list on page 24).

Crafters

1st & 3rd Thursdays at 9 am. If you can cut, paste and have fun, this is the group for you. Make projects such as favors for the Moving Meals Program.

Quilters

These nifty stitchers meet the 2nd and 4th Tuesday of every month at 9 am. They use donated material to provide cheer and warmth. Their beautiful creations are donated to various charitable groups.

Woodcarvers Group

Open carving Thursday evenings 6 - 9 pm. (\$\$)



Fun and Games

Scrabble, 500, Cribbage, Duplicate Bridge and Hand & Foot are held at the Senior Center. Call the Center for times. (\$\$)

Meals-on-Wheels Program

Nutritious meals are delivered to homebound seniors in the area. Call MOW at 952-393-9860. Volunteers are needed.

Health Insurance Assistance

1st & 3rd Thursdays, 9 am - 1 pm provided by a volunteer from the Metropolitan Area Agency on Aging. Call Senior Linkage for appointment at 1-800-333-2433.



FUN & FRIENDSHIP

The Fun & Friendship group meets at the Burnsville Senior Center on the second and fourth Thursdays of each month from 11:00 a.m. to 2:30 p.m. A group meeting is held updating all members on the recent happenings at the Center, followed by either a group activity or entertainment and then lunch. After lunch, those interested stay to play Bingo. This is a core group of volunteers and program leaders and a great way to learn more about the opportunities available. Fun & Friendship Club is open to all adults. Membership fee is \$15/yr. Meeting cost is \$10 for members and \$5 for Bingo. Pre-registration in advance is a required with a deadline of the Friday before each meeting.



Thanks to the Commons on Marice & Home Instead Senior Care for Dessert!



Fun & Friendship Holiday Party

Thursday, Dec. 14, 2023
Clive's Roadhouse
13050 Aldrich Ave. So.
Burnsville, MN.
952-426-3625

11 am – Social hour
Noon - sit down luncheon
Followed by entertainment



Cost: \$49 per person for members (09FF-H23)

Name: _____

Phone: (____) _____

Menu choices: _____ Chicken Alfredo
 (select one) _____ Smothered beef tips & mashed potatoes
 _____ Pan-fried walleye & rice pilaf
 _____ Chicken fried chicken & mashed potatoes

Deadline 12/6/23 Amount enclosed _____ Check# _____ Charge _____



SEPTEMBER 14

**Hunts Polka Band
(Mark Ratek)**

Menu: Chili and cornbread

SEPTEMBER 28

**Genealogy Presentation
by Dakota County Library**

Menu: Meatloaf

OCTOBER 12

Trivia

Menu:

Sloppy Joes

OCTOBER 26

Decorate a Clown Figure

Menu: Meatball

Stroganoff

NOVEMBER 9

Dice Game

Menu: Turkey Dinner

NOVEMBER 23

No Meeting

DECEMBER 14

Holiday Party

See ad on this page

DECEMBER 28

No Meeting

COFFEE TALKS

These talks are free, do require pre-registration and are held at the Senior Center

Speaking of Dying - A Film Screening & Discussion

#09CT-Sep14

Thursday, September 14, 2023

@ 2 pm

DEC Meeting Room

(Sponsor – Speaking of Dying)

Presenter Laurel Riedel

Speaking of Dying



Living Deeply ... Dying Well

“Speaking of Dying” captures the importance of individuals and groups speaking opening about end-of-life. The interviews in this 25 minute documentary reveal the complex medical choices we face while exploring the resources and attitudes that empower us. Now, more than ever, we all need to write thoughtful Health Care Directives. There is also a 2-part Writing Your Health Care Directive Workshop available September 21 & 28. See the class section for more information.

Low Waste Living

#09CT-Sep20

Wednesday, Sept. 20 at 2 pm

DEC Meeting Room



We all know about recycling, but often forget the two most important actions to take before then: reduce and reuse. In this presentation, Burnsville’s Recycling Department will go over tips for reducing the amount of waste you generate on a day-to-day basis and ideas for reusing items before needing to dispose of them.

Should I Stay or Should I Go? Before and After the Funeral

#09CT-OCT2

Monday, October 2 @ 10 am

DEC Meeting Room

Presenter: Jeanne McGill, CSA, CPC and Mary Frances Price, Elder Law Attorney

After a loved one dies, there are a million questions that need to be answered. Understanding what processes take place before and after the funeral will help you make better plans to ease the burden on your loved ones and give you peace of mind. There are approximately 65 decisions that need to be made BEFORE the funeral... who is responsible for payment, types of services, who needs to be notified, what does the family need, is the funeral for the person who died or those who are still living? After death, who is responsible for paying the deceased bills and taking care of the deceased possessions? What happens if there is/isn't a Will? How are assets transferred to heirs? Is probate necessary? How long does probate take? GREAT information that we all need to know for decisions we are going to make! Join us and get some great answers.

A Fond Farewell

#09CT-OCT9

Monday, October 9 @ 10 am

DEC Meeting Room

Presenter: Jeanne McGill, CSA, CPC

Statistics show that 70 percent of us are unprepared in one or more areas of personal responsibility in planning. Do not be one of those statistics! This seminar will give options as to what you need for funeral arrangements, the new laws about what you can do for the funeral arrangements at home and how to compare apples to apples when comparing costs. Can you buy your casket at Sam's Club? Can you spread ashes at the Mall of America or any other public place? Be educated about innovative, creative and proper funeral pre-planning. Plan ahead: Think outside the box (box meaning casket or urn).

Senior Safety and Scam Prevention

#09CT-OCT10

Tuesday, October 10 @ 1 pm

DEC Meeting Room

Presenter: Sgt. Brent Murray & Off. Ben Archambault - Burnsville P.D.



How many times have you seen or heard something that concerned you and you didn't know what to do next? Are there precautions you should take getting in and out of your car at the grocery store? Are seniors actually a target? How many of those annoying phone calls have you received from your grandson lost in another country and needing money? Do you even have a grandson? These are just a few of the topics that will be covered by Sgt. Brent Murray (21 years sworn experience) and Off. Ben Archambault (23 years sworn experience) from our very own Burnsville Police Department. Join us and bring your questions and concerns, leave with some new information and answers.

Don't Be Caught Without One (A Living Will)

#09CT-OCT16

Monday, October 16

@ 10 am

DEC Meeting Room

Presenter: Jeanne McGill, CSA, CPC



Five Wishes has been called the first “living will with a heart.” Statistics show that 70 percent of us are unprepared in one or more areas of living will preparation. Don't be counted as one of those statistics! This seminar will give you a chance to learn what a Health Care Directive (Five Wishes) is all about, as well as step-by-step instructions on completing the form. The fifth wish, “What I want my loved ones to know about my funeral,” will also be discussed.

COFFEE TALKS

These talks are free, do require pre-registration and are held at the Senior Center

How to Write & Update a Health Care Directive

#09CT-OCT18

Wednesday, October 18 @ 2 pm

DEC Meeting Room

(Sponsor – M Health Fairview)

Presenter: Lauren Harding



Have you ever wondered who will communicate your preferences for your health care when you are not able to yourself? We provide straight-forward information on how to complete or update a legal document called a health care directive. In this session we will walk you through the basics - what to do and what not to do when your doctor, your lawyer or your family member gives you a blank document to fill out.



You Don't Know What You Don't Know

#09CT-OCT23

Monday, October 23 @ 10 am

DEC Meeting Room

Presenter: Jeanne McGill, CSA, CPC and Mary Frances Price, Elder Law Attorney

We do the best we can with what we know at the time when making decisions but, unfortunately, there can be huge consequences both financially and emotionally if we decide wrong. Is there a place, person or website that has all the answers as we try, as seniors and adult children, to navigate the obstacles? Have you ever asked yourself, "Why didn't someone tell me that"? Learn from the real life stories of people who wish they "would have, should have or could have" known more to make a better decision. Topics discussed will include; the aging process, important documents and assuming you know everything.

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952-882-4025 or 952-882-4000
adalluge@preshomes.org

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Ben Allrich

ballrich@lpicomunities.com
(800) 950-9952 x2757



COFFEE TALKS

These talks are free, do require pre-registration and are held at the Senior Center

Hearing Health and Resources

#09CT-NOV2

Thursday, November 2 @ 1 pm

DEC Meeting Room

Presenter CapTel (CR II)



Did you know that 1 in 5 people experience hearing loss? Did you hear that! You may not be alone. Do you ever have trouble talking on the phone? Do you know what your options are? Please join us for a presentation about hearing health as we age. In addition to hearing health, we will also share hearing resources available – some at no cost because of the help provided by the Americans with Disabilities Act. Don't miss it - you're gonna want to hear this one!

Wills and Powers of Attorney

#09CT-NOV7

Tuesday, November 7

@ 10 am

DEC Meeting Room

Presenter Mary Frances Price, Elder Law Attorney



So you want to plan ahead and get your legal documents in order, but do you know where to start and what documents you will need? What is the difference between a will and a trust? Do you really need a Power of Attorney and a Health Care Directive? Mary Frances Price is an accredited elder law attorney who will help alleviate all confusion on these issues.

Medical Assistance & Veterans Benefits

#09CT-NOV21

Tuesday, November 21

@ 10 am

DEC Meeting Room

Presenter Mary Frances

Price, Elder Law Attorney



Join Mary Frances Price, an accredited elder law attorney who will address medical assistance, VA aid and attendance benefits. It is important to anticipate your future needs, including long-term care and the associated costs. Can you ensure money saved during a lifetime of hard work will be enough to cover medical and long-term care expenses? Are there other resources available to help? Can you gift money to your children? Will your home be 'taken' when you go into a nursing home? Did you know that Veterans or their spouses can receive up to \$1,949 of tax free money to supplement their income to pay for health care costs at home, in assisted living facilities and in nursing homes? If you or your spouse served in the military during a wartime period (WWII, Korea, Vietnam, etc.) and you meet certain financial and health criteria, you could be eligible for this additional income - even if you did not retire from the military!

TRAVEL TALKS

Landmark Tours Travel Talk

#09TT-Oct19

Thursday, October 19 @ 1 pm

DEC Meeting Room



Join us as Landmark Tours presents an array of unforgettable travel experiences in the U.S. and abroad. A local, family-owned tour operator, Landmark's inclusive packages feature round-trip airfare, quality accommodations in great locations, many enjoyable meal experiences, admission to all itinerary attractions, deluxe cruise and motor coach transportation, and the services of a professional Tour or Cruise Manager. Questions – feel free to call Landmark Tours at 612-230-2040 or the Burnsville Senior Center at 952-707-4120.



Upcoming Landmark Tours travel opportunities include:

Tournament of Roses Parade: Dec. 29 - Jan. 2, 2024
Florida Keys: Jan. 6 - 12, 2024
Hawaii 4-Island Cruise & Tour: Jan. 11 - 21, 2024
Egypt with a Nile River cruise: Feb. 8 - 17, 2024
Arizona Escape: Feb. 29 - Mar. 6, 2024
Washington, D.C. Cherry Blossoms: Mar. 23 - 27, 2024
Savannah, Charleston, & Asheville: Apr. 6 - 12, 2024
Holland, Belgium & Paris: Apr. 14 - 22, 2024
Portugal & Douro River cruise: Apr. 22 - May 5, 2024
Taste of Italy: May 13 - 22, 2024
California Dreaming: June 4 - 11, 2024
Yellowstone Wildlife Safari: June 9 - 15, 2024
Cape Cod & Martha's Vineyard: June 19 - 25, 2024
Canadian Rockies: Summer 2024
Scandinavia: Summer 2024
Alaska: Land & Sea Adventure: Summer 2024
And so many more!

If you can't attend the presentation, call for a catalog: 612-230-2040 or visit www.gowithlandmark.com

You're invited!

ChmieBell TOURS

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Patty Chmielewski
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Where aging is embraced



PRIZE DRAWINGS!

Tuesday, October 3rd
10:00-11:00am
Burnsville Senior Center

Lower Level - Diamondhead Education Center



200 W Burnsville Pkwy | Door 11

Come out and meet Patty and Michael as they tell you about their unique ONE-OF-A-KIND Hosted Group Tours you'll find no where else!



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For more information:

ChmieBellTours.com | (612) 749-6330

TRIPS & TOURS



Treasure Island Day Trip #09TI-F23

(Lunch Cruise and Casino)

Friday, October 6 • \$99

Registration deadline: Sept. 28

Price includes coach, \$5 food coupon, \$20 in slot play and lunch cruise. Bus departs at 8:15 am, returns at 6 pm

Begin your day with a deluxe motor coach ride to Treasure Island Resort & Casino. Try your luck a little until we board the Spirit of The Water, 125-passenger air-conditioned luxury cruise liner for a bag lunch. Lunch will be hot turkey buffet with mashed potatoes and gravy, vegetable, cookie served with water and coffee.

Then just sit back and enjoy the beauty of the Mississippi River in the fall of the year. This occasionally narrated tour points out some of the beauty found along the Mississippi River. Upon returning to the marina, bus transportation will be provided back to the casino where you can try your luck 'one more time'. Play or relax before returning from your fun filled day at Treasure Island. We will need you Player Card number or date of birth AND meal choice at registration.



Christmas in Duluth

#09DU-F23

Thursday, December 7 • \$99

Registration deadline: Nov. 3

Price includes coach, lunch, Glensheen tour

Bus departs at 9:15 am and returns at 10:15 pm

Rise bright and early because the bus will leave the Burnsville Senior Center at 9:15am on Thursday, December 7. We will stop at the Blackwoods Restaurant for a late lunch and you can choose either a chicken potpie or homemade meatloaf. After lunch we will tour the Glensheen Mansion located on the shores of Lake Superior.

After this famous historic tour, we will head to Bayfront Festival Park to experience "Bentleyville Tour of Lights". This is thee magic place to celebrate the Christmas Holiday season. Millions of lights, trees and music, an inside gift shop and 15 outdoor fire pits.

With our long day winding down, the bus will await us for the return trip with a final stop by Tobies in Hinckley...on your own because you might want to stock up!

EXTENDED TRIPS & TOURS



2024 Travel Destinations

Thursday, October 19th

at 1:00 PM



Are you ready to travel more, worry less?
Explore the exciting, enriching, and hassle free world
of guided group travel at our travel presentation.

We'll gather in person at the Burnsville Senior Center.
Call 952-707-4120 to register, space is limited.

ALL TRIPS INCLUDE

- Roundtrip Airfare from MSP / Airport Greeting
- Quality Accommodations in Great Locations
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- Deluxe Motorcoach Transportation
- Must-See Attractions
- Many Quality Meals

Tournament of Roses Parade
Long Beach, Catalina Island



Florida Keys
Miami, Everglades National Park



Hawaii
4 Island Cruise & Tour



Egypt
with a Nile River cruise



Arizona Escape
Scottsdale, Tucson, Saguaro Nat'l Park



Washington, D.C.
Cherry Blossoms



Holland
Belgium, Paris



Portugal
with a Douro River cruise



Taste of Italy
Rome, Florence, Venice



California
San Francisco, Yosemite



Yellowstone
& the Grand Tetons



Cape Cod
Martha's Vineyard, Nantucket



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Visit www.GoWithLandmark.com for more tours & details.



Be a Santa To a Senior

*As the tree goes up,
we need your help!*



Call the Burnsville Senior Center with the name of someone you know will be isolated during the holidays.



Take an ornament off the tree and purchase the noted item. Then, without wrapping it, attach the paper ornament and drop them at the Senior Center by Dec. 8th



Purchase some the general kinds of things people need and leave them at the Senior Center. Things like: nail polish, towels, laundry detergent and slippers



Then come help us "WRAP" all these goodies on

Wed., Dec 13, 9:30 am – noon.

THEN JUST SMILE!

*For more info go to
www.beasantatoasenior.com
and use zip code 55337 or
contact us at 952-707-4120*





REGISTRATION FORM

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CE _____

Name _____

Street Address _____

City _____ State _____ Zip _____

Home Phone _____ Work Phone _____ Cell Phone _____

Email _____

<i>Participant</i>	<i>Course Name</i>	<i>Course #</i>	<i>Start Date</i>	<i>Fee</i>
Cash _____ Check # _____ UCare # _____			TOTAL \$	

Visa MC _____ - _____ - _____ - _____ Exp Date _____ / _____

Cardholder's Signature _____

Special Information/Needs (i.e. meal, seating) _____

10/17



UCare members may be eligible for a \$15 discount on most classes in this catalog. If a class is less than \$15, the member may take the class free of charge. UCare for Seniors members are limited to three \$15 discount per year. Members must be on UCare at the time of registration, and through the duration of the class(es). Members need to include their UCare number when registering.

NOTICE!

When you participate in a Senior Center activity, please be aware that the Community Education Department may use the directory information which you supply (name, address, phone number, and program data) for other purposes within the School District. This directory information is not shared outside of the School District. Credit card information is never shared with anyone.

LOST & FOUND

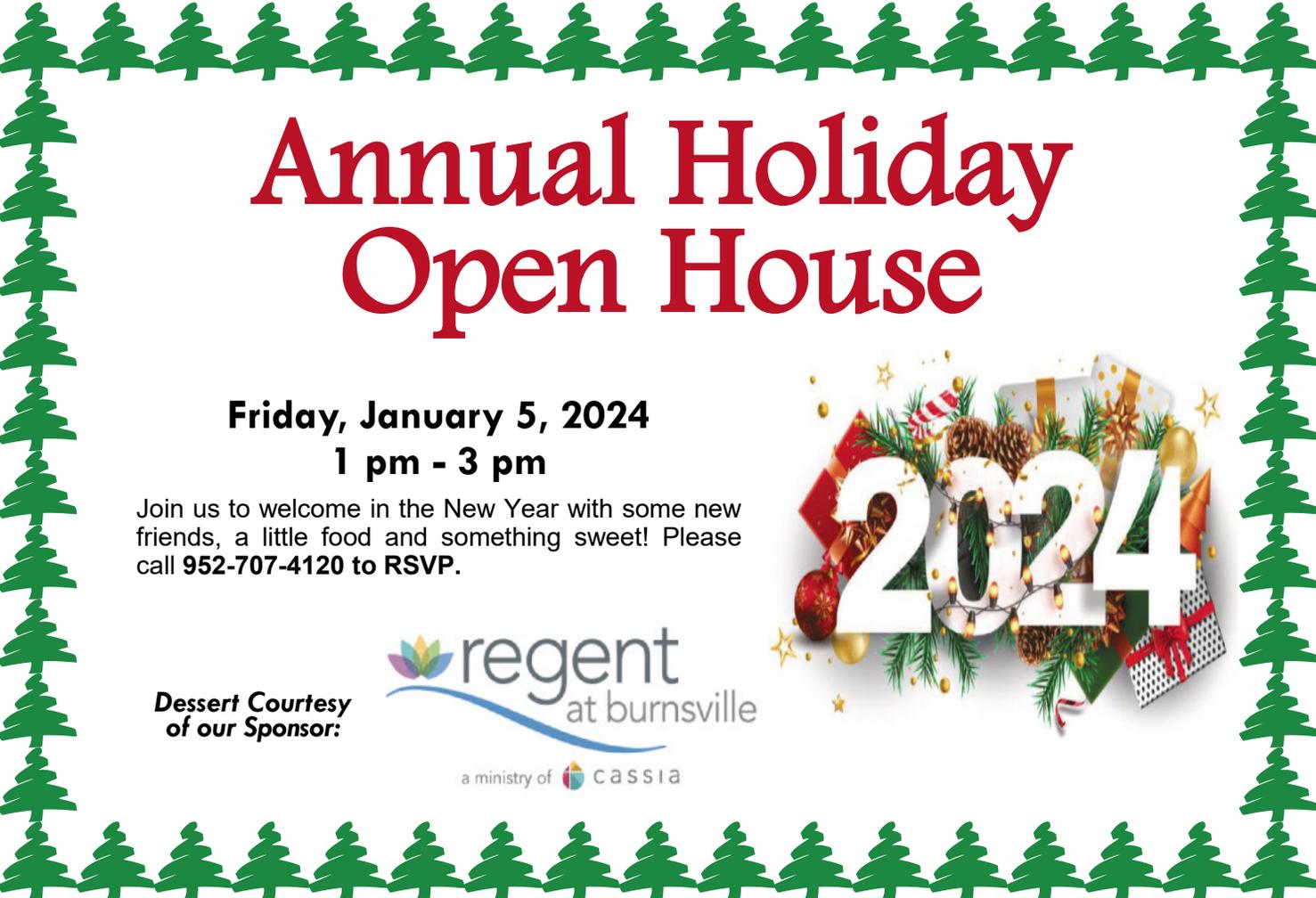
We have a collection of coats, scarves, table runners, glasses and some jewelry. If you are missing something, please give us a call at 952-707-4120 and we can check the items in our lost and found.

COMMUNITY EDUCATION NOW ACCEPTS



ISD 191
BURNSVILLE SENIOR CENTER
200 W. Burnsville Parkway
Burnsville, MN 55337

(located in the lower level
200 Burnsville Parkway Bldg.)



Annual Holiday Open House

Friday, January 5, 2024
1 pm - 3 pm

Join us to welcome in the New Year with some new friends, a little food and something sweet! Please call **952-707-4120** to RSVP.

*Dessert Courtesy
of our Sponsor:*

