

"We are here because you are here"

HAMILTON COUNTY

SENIOR CENTER



October 2024 Newsletter

Hamilton County Senior Center

1205 11th Street

Aurora, NE 68818

(402) 694-2176

Open Monday - Friday 8:00 a.m. to 4:00 p.m.

Like us on Facebook: www.facebook.com/hamiltoncountyseniorcenter

"We are here because you are here"

Table of Contents

Happenings	2
Movies.....	3
Monthly Activities	4
Information	5
Calendar	6
Calendar	7
Craft	8
Special Happenings.....	9
Puzzle	10
Birthdays and More	11

Hamilton County Senior Center Staff

Jenny Friesen
Director

Debora Irons
Receptionist/ Activities

Pat Phillips
In Home Services

Stephen Reha
Kitchen Manager

Board Members

Dick Phillips

Myra Higgins

Dave Oswald

Donita Friesen

Nancy Salmon

Sue Bengtson

Alan Vetter

Jim Johnson

Kerri Bockelman

Jerry Bucy

Pat Leth

HAPPENINGS AT THE CENTER

Director's Corner

As the fall season rolls in, it's time to start thinking about your healthcare needs for the upcoming year. Medicare Part D Open Enrollment runs from October 15th to December 7th, and it's crucial to review your plan to make sure it covers your medications. Even if you're happy with your current plan, taking a little time to review your options could make a big difference in your healthcare. You have two options for appointments: In-person visits with Jenny or Deb—please call 402-694-2176 to schedule. Over-the-phone assistance—call 800-234-7119 to speak with a Nebraska SHIP representative. Your health is our top priority, so please take advantage of this opportunity to ensure you have the best coverage for your needs.

In addition to open enrollment, Memorial Community Care will be back to host a Flu Shot Clinic on Wednesday, October 2nd, from 9 a.m. to 12:00 p.m. Please remember to bring your Medicare card, and let's make sure you're protected for the flu season.

We have a fun-filled month planned at the center, and we're excited to share what's coming up! Friday, October 4th: The lively group Uke's R Us from Grand Island will entertain us with ukulele music and singing. To celebrate National Taco Day, we'll also be serving up a delicious Taco Bar!

Friday, October 18th: It's our first Soup Day of the season, and Paul Siebert will be performing at 11:30 a.m. What could be better than warm soup and good music on a crisp October day?

Thursday, October 24th: For all you card players, we're hosting a Pinochle Tournament at 12:30 p.m. If you'd like to participate, be sure to sign up at the front desk.

Wednesday, October 30th: Join us for our October Birthday Dinner. We'll celebrate with entertainment from Joyce Torchia of the Merry Makers. Let's come together to enjoy great food and music as we honor our October birthdays.

Thursday, October 31st: It's Halloween, and we're going all out with a Halloween Party! The fun kicks off at 12:30 p.m. with Music Bingo, and Brenda from St. Croix will treat us to an Apple Dessert Bar, featuring freshly sliced apples and all the toppings. Come in costume if you'd like, and enjoy some spooky fun!

We're looking forward to a fantastic month filled with good health, great food, and lots of fun. We hope to see you at these events!

MOVIE MONDAY'S 9:30 a.m. & 12:30 p.m.



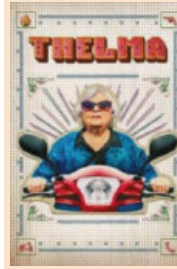
Sight

Monday, October 7th

When a blind orphan arrives in his waiting room seeking a miracle, a world-renowned eye surgeon must confront his past--and draw on the resilience he gained growing up in China during the Cultural Revolution--to try to restore her sight. Based on a true story.



Biography * Drama * History
PG 13 * 1 Hr 43 Min * 2023



Thelma

Monday, October 21st

Inspired by a real-life experience of director Josh Margolin's own grandmother, THELMA puts a clever spin on movies like MISSION: IMPOSSIBLE, shining the spotlight on an elderly grandmother as an unlikely action hero. With infectious humor, Margolin employs the familiar tropes of the action genre in hilarious, age-appropriate ways to tackle aging with agency. In the first leading film role of her 70-year career, Squibb portrays the strong-willed Thelma with grit and determination, demonstrating that she is more than capable of taking care of business -- despite what her daughter Gail son-in-law Alan or grandson Danny might believe.



Comedy * Action * PG 13 * 1 Hr 37 Min

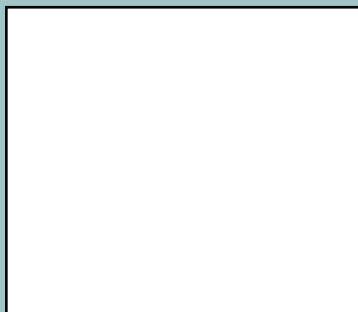


308.850.7236

reyroofingseamlessguttersllc.com

Serving Aurora, Phillips, Hastings, St Paul, Kearney and surrounding areas

10% OFF
your next service
(exclusions apply)



AURORA • HAMPTON • MARQUETTE

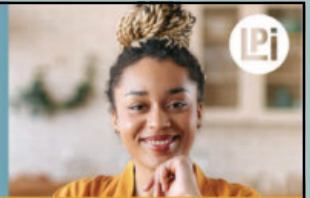
Cornerstone BANK
Bank on a Solid Foundation
cornerstoneconnect.com
Member FDIC

WE'RE HIRING!

AD SALES EXECUTIVES

BE YOURSELF.
BRING YOUR PASSION.
WORK WITH PURPOSE.

- Paid training • Some travel
- Work-life balance
- Full-Time with benefits
- Serve your community



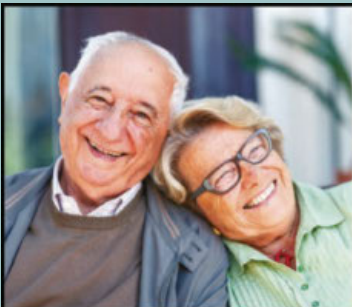
Contact us at
careers@4lpi.com or
www.4lpi.com/careers

ADVERTISE HERE

to reach your community



Call 800-950-9952



Fun, friends, and freedom

Where you live should only **enhance** your lifestyle. East Park Villa provides just the right level of service and amenities to live life to the fullest. **Tours available. Call us today!**

 **East Park Villa**
Independent & Assisted Living

1704 L St., Aurora
402-694-2300
www.EastParkVilla.org



For ad info. call 1-800-950-9952 • www.lpicommunities.com

Hamilton County Senior Center, Aurora, NE

A 4C 02-1036

MONTHLY ACTIVITIES

EXERCISE ROOM

Open Monday thru Friday
8 a.m. to 3:30 p.m.



F.R.O.G.S Exercise Class

Every Tuesday & Thursday
From 9:00 a.m. to 10:00 a.m.



GAMES

Every Thursday & Friday
12:30 p.m.



4th Tuesday
1st & 3rd Wednesday
Each month at
12:30 p.m.

CARD MAKING

2nd & 4th Wednesday
12:30 p.m.



CATHY'S FOOT CLINIC

CANCELLED



Please call the front desk at
(402) 694-2176 to schedule
your appointment

MIRACLE EAR

October 17th
from 9:30 a.m. to 4:00 p.m.
Call (308) 381-2747 for
an appointment

BLOOD PRESSURE SCREENING

**Self take during
business hours in
Health Room.**



COMMODITIES

Commodities pickup is the 2nd Tuesday of every
month from 12:00 p.m. to 3:00 p.m. in the
garage. For more information call (308) 385-5500

INFORMATION



DINE-IN



**CURBSIDE
CARRY-OUT**



DELIVERY

We are here to serve however **you** are most **comfortable**.

We are currently providing
**Dine In, Carry Out,
and Home Delivered Meals**
Please call for reservations by 9:00A.M.

The most important square foot in real estate today
... is yours

And we take that very seriously



Thomas Realty & Auction Co.

(402) 694-6976

cthoma@hamilton.net



**TODD'S
BODY & GLASS**

CALL US: **402-694-4123**

todds@hamilton.net

Collision Repair Specialist

514 12TH STREET.



Edgewood
Healthcare

Memory Care Assisted Living
308.384.0717 • 214 N Piper
edgewoodseniorliving.com

SEAMLESS GUTTERS | GUTTER PROTECTION
GUTTER CLEANING | GUTTER REPAIRS
& MORE



Locally Family Owned and Operated
Fully Licensed and Insured
FREE Estimates!

Nathaniel & Andrea Hatcher

Owner/CEO

(402) 217-0403

(402) 875-8232

sonuptwosondown@gmail.com

Watson
TURF SOLUTIONS
WHERE THE GRASS IS ALWAYS GREENER

Lawn Care Professionals

Schedule your full program service today,
receive your first application free

Serving Aurora, Phillips, Hastings, St Paul,
Kearney and surrounding areas

(308) 390-2743



For ad info. call 1-800-950-9952 • www.lpicommunities.com

Hamilton County Senior Center, Aurora, NE

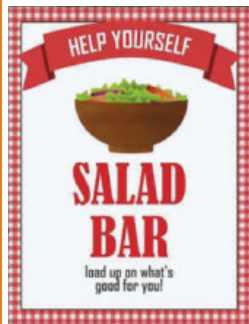
B 4C 02-1036

ACTIVITIES & CHEF STEPHEN'S MENU

MONDAY

TUESDAY

WEDNESDAY



Dine in and we have a Salad Bar each day along with the featured meal!

9:00 FROGS 1
10:00 COFFEE GROUP
12:00 OPTIMIST BOARD
7:00 VFW

HOT BEEF SANDWICH, MASHED POTATOES, CORN, PEARS

9:00 MCH FLUSHOT CLINIC 2
10:00 COFFEE
12:00 BINGO
12:30 BRIDGE

TATOR TOT CASSEROLE, TOSS SALAD, PEAS, PEARS

9:30 MOVIE & POPCORN 7
10:00 COFFEE GROUP
12:30 MOVIE & POPCORN

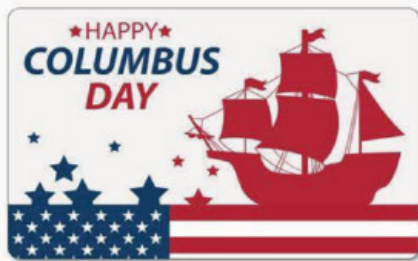
BEEF STEW, COLESLAW, TOSS SALAD, ORANGES

9:00 FROGS 8
10:00 COFFEE GROUP
12:00 COMMODITIES
12:30 BOARD MEETING

RANCH STYLE CHICKEN BREAST, SCALLOPED POTATOES, MIX VEGETABLES, APRICOTS

10:00 COFFEE GROUP 9
12:30 CARD MAKING

PORK CUTLET, MASHED POTATOES, GREEN BEANS, TROPICAL FRUIT



9:00 FROGS 15
10:00 COFFEE GROUP
7:00 AMERICAN LEGION

HAM, YAMS, GREEN BEAN CASSEROLE, STUFFING, FRUIT COCKTAIL

10:00 COFFEE GROUP 16
12:30 BRIDGE

MEATLOAF, MASHED POTATOES, CARROTS, PEARS

9:30 MOVIE & POPCORN 21
10:00 COFFEE GROUP
12:30 MOVIE & POPCORN

LASAGNA, PEAS, TOSS SALAD, GARLIC BREAD, PEACHES

9:00 FROGS 22
10:00 COFFEE GROUP
12:30 BRIDGE

HAM LOAF, BAKED POTATO, CARROTS, FRUIT COCKTAIL

10:00 COFFEE GROUP 23
12:30 CARD MAKING

SALSBURY STEAK, ROASTED BABY BAKER POTATOES, PEAS, PINAPPLE

10:00 COFFEE 28

CHICKEN TENDERS, AUGRATIN POTATOES, PEARS

9:00 FROGS 29
10:00 COFFEE GROUP

PORK CHOPS, SCALLOPED POTATOES, CORN, ORANGES

10:00 COFFEE GROUP 30
11:30 BIRTHDAY DINNER
JOYCE TORCHIA WITH
MERRY MAKERS PERFORMS

CHICKEN, MASHED POTATOES, CARROTS, PEACHES, CAKE & ICE CREAM

October 2024

THURSDAY

FRIDAY

9:00 FROGS 3
10:00 COFFEE GROUP
12:30 RUMMIKUB

PHILLY CHEESESTEAK SANDWICH,
POTATO WEDGES,
MACARONI SALAD, ORANGES

9:00 **FROGS CANCELLED** 10
10:00 COFFEE GROUP
12:30 RUMMIKUB

PIZZA, TOSS SALAD, CARROTS,
GARLIC BREAD, PEACHES

9:00 FROGS 17
9:30 MIRACLE EAR
10:00 COFFEE GROUP
12:30 RUMMIKUB

FRENCH TOAST, BACON,
SAUSAGE, SCRAMBLED EGGS,
HASH BRONS, STRAWBERRIES

9:00 FROGS 24
10:00 COFFEE GROUP
12:30 RUMMIKUB
12:30 **PINOCHLE TOURNAMENT**

FISH, MACARONI & CHEESE,
MIXED VEGETABLES, APRICOTS

9:00 FROGS 31
10:00 COFFEE
12:30 **MUSIC BINGO WITH
APPLE DESSERT BAR
PROVIDED BY ST. CROIX**

BBQ BEEF SANDWICH, POTATO
SALAD, CHIPS, BAKED BEANS,
PEACHES

10:00 COFFEE 4
11:30 **UKE'S R US PERFORM**
12:00 OPTIMIST MEETING
12:30 CARDS

NATIONAL TACO DAY!!

TACO BAR, REFRIED BEANS,
SPANISH RICE, PEARS, CHURROS

10:00 COFFEE GROUP 11
12:00 OPTIMIST MEETING
12:30 CARDS

CHICKEN FRIED STEAK, BAKED
POTATO, CORN, PEARS,
BROWNIES

10:00 COFFEE GROUP 18
11:30 **PAUL SIEBERT PERFORMS**
12:00 OPTIMIST MEETING
12:30 CARDS

CHILI, CHICKEN NOODLE OR TACO
SOUP, CELERY & CARROTS, TOSS
SALAD, ORANGES, CINNAMON ROLLS

10:00 COFFEE 25
12:00 OPTIMIST MEETING
12:30 CARDS

SPAGHETTI WITH MEAT SAUCE,
CORN, TOSS SALAD, GARLIC
BREAD, PEACHES, SPICED CAKE

If you are a Home Delivered Meal
Client and would like weekend meals,
Please give us a call to see what we
offer.

To go meals are available! Please call by
9:00 a.m. the day of to place your
order and pick up through the garage.
\$6.00

MEAL RESERVATIONS

Older American Act Federal
regulations require individuals
age 60 and older to complete
an annual registration in order
to participate in the Congregate
Meals Program, or a semi-
annual registration to participate
in the Home Delivered Meals
Program. Individuals are
notified when their registration
needs to be updated.

Suggested Contribution:
OVER 60 meal is \$6.00
UNDER 60 meal is \$8.00

Call at least one day
in advance or by
9:00 a.m. on the day you
will be eating.

(402) 694-2176

*All meals are served in the
center at 11:30 a.m.*

*Milk and bread served with
each meal*

All meals are subject to change

INFORMATION

Come see us for a **FREE**
Medicare Part D consultation.



PART D PLAN VARIABLES



Please call 402-694-2176
For an appointment

Get the
FLU SHOT
not the flu!

Senior Center
Wednesday,
October 2nd
9:00 am-12:00 pm
By Memorial
Health Clinic

HAMILTON

Internet • Cobalt TV® • Telephone • Computers

402.694.5101 • Hamilton.net • 1006 12th St., Aurora, NE

© 2024 Nodelco, Inc.

**Place Your Ad Here and
Support our Community!**

Instantly create and
purchase an ad with

AD CREATOR STUDIO



lpicommunities.com/adcreator

LET'S GROW YOUR BUSINESS
Advertise in our Newsletter!

CONTACT ME
Anthony Praskavich

Apraskavich@4LPi.com
(800) 477-4574 x6656

ADT-Monitored Home Security

Get 24-Hour Protection
From a Name You Can Trust

- Burglary
- Fire Safety
- Flood Detection
- Carbon Monoxide



Authorized
Provider

SafeStreets

833-287-3502



For ad info. call 1-800-950-9952 • www.lpicommunities.com

Hamilton County Senior Center, Aurora, NE

C 4C 02-1036

EVENTS



Uke's R Us Perform



Friday, October 4th
11:30 a.m.



Paul Siebert Entertains

Friday, October 18th
11:30 a.m.

Birthday Dinner



Wednesday, October 30th at
11:30 a.m.



**Joyce Torchia with the Merry
Makers here to perform**



**JOIN US FOR A
HALLOWEEN PARTY**
Music BINGO at 12:30 p.m.

**Apple dessert bar
provided by St. Croix**



PUZZLE

Halloween Word Search

B B Z D L X F I K P R O Z A A X E Y N L X H C C T M C F L S
 B R N P T E L H P G P Y M E K D I D J O N V R A H Y I S K W
 P G O P R D H X T F F Z I M X R D O I F Z O E U N A Z E Q F
 I C N O I Y T L A K F Q R A Z S Q Q V R I I E L D U L F W S
 F U W C M S I A L S R Y E M S W O E K U Y F P D G E L I P U
 Y Y B G E S Z D Y D T Q F M Q N F Q W D R A Y R T X M I Z T
 B Z Q V U L T T E B J B A H J C A D M A I B H O A N D Z H X
 S Q R L J S S I L V C Q Q Q T S Q F V N D K N N C E I W I H
 I A T I S C O Q C M O N S T E R Q E S P H U O O R Y M G T K
 H O L M J D I E L K R S L C U L N F P Q O D C I T A U U H E
 O R V B N Y O H X H M W G F O W O Z X K G G I P M G P K O T
 U T Z Y R K R A T R H A M Q B B X J P R A M C X F J H A F X
 J Y G J E H H B U Y A W J H X X W P W S Z A R D S C R E A M
 L V C Q T E H C Q C P Z C Y Y V A E T X W O M X K E A H P C
 B A B Z N X J Y Y N G F R D F C Y S B K Y J X Y E D E N P O
 E N F W A E K M G R E Q S U P I C M B J T L X X C S H Q X S
 E O J J L K B B R U H P U O B J L S A Q S J M R U Z L U Q W
 M I Q O O C D V P H E O K C X Z M W F B I E C Q Y N N C S B
 M T V W K Q T U B T D E T N U A H O K U J K I R N I L B O G
 U O V F C J A D J T I A P U S U L D V Z C S E A W H Q S J K
 M P X L A V A G D T N Z I M V E Y A E G U P O E R N K N E P
 M S I X J H O C U S P O C U S L R H H G A R F J M M T T I B
 Y L Z V E L E D U L Z J H S I K H S I E N P O K T H V S U T
 W Q W B C E T H I Q G T P G F O C F R K X A L F J M O P P C
 C W B O I E Y N V R D B D H T C O M T P C H R O H Z D V O G
 F J Z B H D H E Q F F A F D Q K I G L R W P N O W F B C S H
 C F M V X V S L U E V T Z J Z R I O G N V B S Q P Y U M T L
 P O J S D C K A F D R O U B G F G F Y E M V H C Z W W L B G
 Z X W G P K D M D K R U W U F D S K W U I H E I U D P P O B
 G N C Q Y E G H F F A N V M X Z P B X G F K S A M D H H L Q

Haunted Cauldron Cobweb Creepy Spider Fog Grim Reaper
 Hocus Pocus Mask Goblin Skeleton Hayride Orange
 Night Mummy Shadows Harvest Monster Jack o Lantern
 Howl Potion Raven Zombie Broomstick Scream



BIRTHDAYS and MORE

HAPPY BIRTHDAY

10/01 RICHARD PHILLIPS
MARIANN QUIRING

10/02 PATRICIA LONG

10/03 VIRGINIA NUNNENKAMP

10/04 CHUCK ANDERSEN
WILFORD BERGMARK

10/05 DAMARIS OLSEN
MIKE WILLIAMS

10/06 ALAN TOMPKINS

10/07 DAVID SANDERSON

10/08 DEB VETTER

10/10 BONNIE CAMPBELL
MARY ATHEY

10/11 RACHEL CORDOVA

10/12 CLINT JENSEN
LARRY BENGTON

10/13 DARLENE KEASLING
JEFF NIELSEN

10/14 KATHY MARTEN
PATRICIA COLEMAN
RICHARD SIEGL

10/19 GLEN BERAN
PAT WILLIS
BONNIE NICKOLAUS
GWEN GRIFFITH
LONNIE KOPECKY

10/22 CATHERINE RAHRS
GARY ROSS
LAWREMCE MADEAU
NORMA MASON

10/23 GLADYS EDIGER

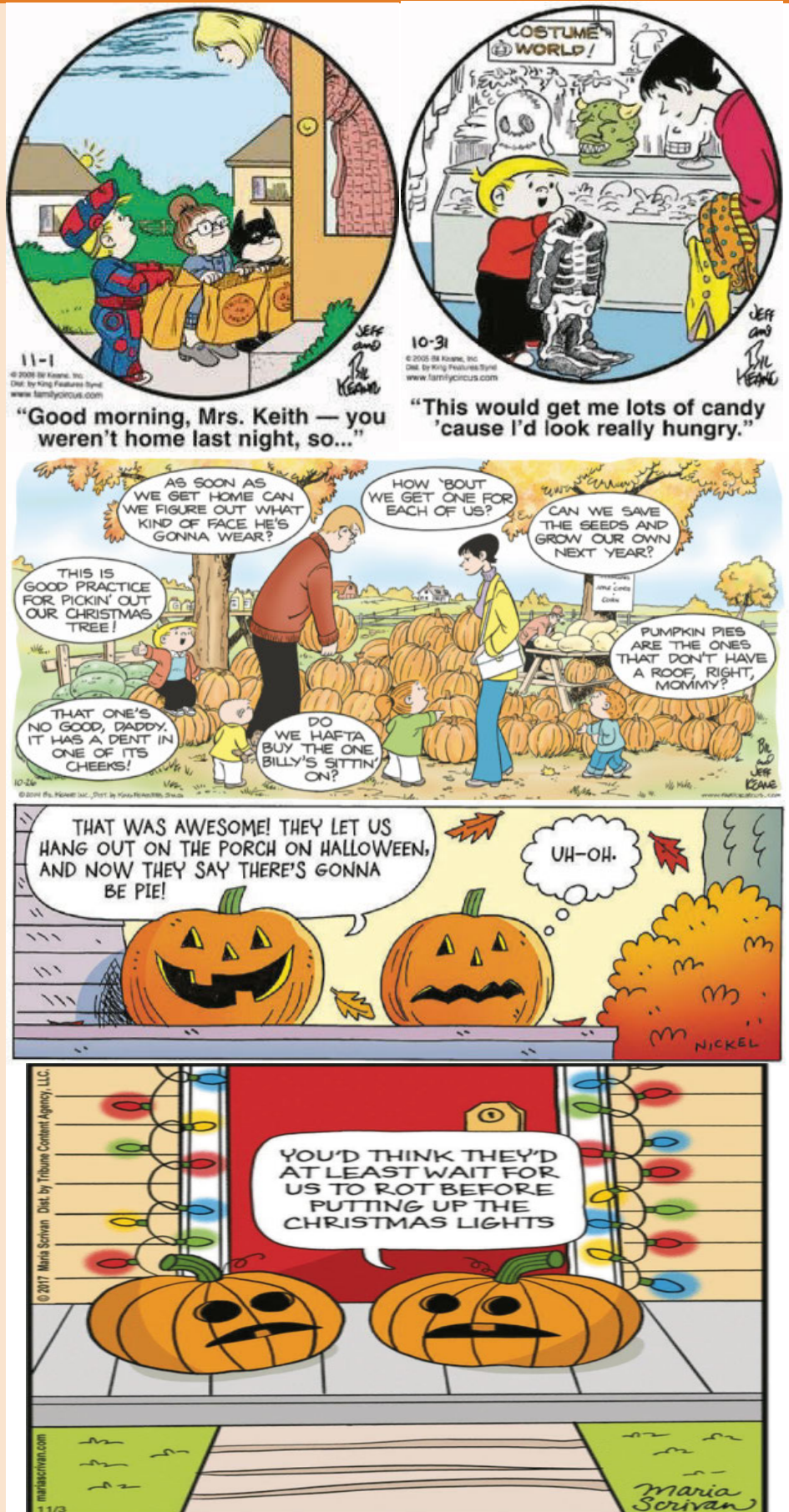
10/24 LLOYD ABBOTT

10/26 NADINE MYERS

10/27 ROBERT COOL

10/29 SHIRLEY GREENOUGH
KEITH EMMELKAMP

10/30 JIM KOEPKE





1. okypos
2. pkpinum
3. treta
4. oghst
5. ydanc
6. rpivame
7. keonstel
8. luhgo
9. pecyre
10. tomcuse
11. nthua
12. owaercrcs
13. iyderah
14. oblod
15. labck act
16. ogbiln
17. mymmu
18. rasyc
19. piserd
20. sremca