## MARCH 2023 ISSUE

## 628 HIGHWAY 27

COMFORT, TX 78013

## CONTACT US TODAY!

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## Volunteer of the Month



CINDY THOMAS
Our volunteer for February is Cindy Thomas. She regularly helps with Meals on Wheels delivery and leading some of our Movement \& Music exercise classes.
Thank you Cindy for sharing your time, energy and hugs.



## MARCH BIRTHDAYS

Beatris A. Carlos
Charlotte Dehn
7 Jo Groff
10 Myrtle Telken
11 Crystal Tedder
12 Maria Lopez
14 Charles Cade
14 Kathy Scoles
15 Greg R Stone
16 Gary Allen Cobb
16 Melissa Martinez
17 Louise Homilius
20 April B. Massey
21 Yolanda Arizola
23 David DeLuna
24 Anne Stewart
25 Carolyn Overstreet
26 Joan Bray
30 Bob Evans
30 Fay Zoeller

## MARCH ANNIVERSARIES

8 Alfredo and Yolanda Arizola
16 Paul and Liz Burge
NOTE: If you are a member and we missed your birthday please let us know.


## ACTIVITY CALENDAR- MARCH 2023

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | $-1-$ <br> Craft Class 10am <br> Poker 2pm-5pm | $-2-$ <br> Bingo 9am Blood Pressure Check 9:30am Movement \& Music Class 10am-11am 11am-Advanced Directives | Bridge 9:30am <br> Singles Group 1pm | - 4 - |
| - 6 - <br> 9am Bingo <br> Movement \& Music Class 10am-11am | Easy Yoga 9am <br> 42-Dominoes 1 pm | 11:30am- <br> MARCH <br> Birthday <br> \& Anniversary Celebration <br> Poker 2pm-5pm | - 9 - <br> Loteria 9am <br> Blood Pressure Check 9:30am Movement \& Music Class 10am-11am <br> 11am-Cold, Flu or CoVid | $-10-$ <br> Bridge 9:30am | - 11- |
| $-13-$ <br> 9am Bingo <br> Movement \& Music Class 10am-11am | $\text { - } 14 \text { - }$ <br> Easy Yoga 9am | - 15- <br> Poker 2pm-5pm | - 16 - <br> Bingo 9am <br> Blood Pressure Check 9:30am <br> Movement \& Music Class 10am-11am | $\text { - } 17 \text { - }$ <br> Bridge 9:30am <br> St. Patrick's Day Potluck 11:30am-1pm <br> BUNCO 1PM | - 18- |
| $\text { - } 20-$ <br> 9am Bingo with a Twist - by Tri County Home Health <br>  <br> Music Class 10am— 11am | $-21-$ <br> Easy Yoga 9am | - 22- <br> Poker 2pm-5pm | $\text { - } 23-$ <br> Bingo 9am <br> Blood Pressure Check 9:30am <br> Movement \& Music Class 10am-11am | $\begin{gathered} -24- \\ \text { Bridge } 9: 30 \mathrm{am} \end{gathered}$ | - 25- |
| - 27- <br> 9am Bingo Movement \& Music Class 10am—11am | $\text { - } 28 \text { - }$ <br> Easy Yoga 9am | - 29- <br> Poker 2pm-5pm | $\text { - } 30 \text { - }$ <br> Bingo 9am Movement \& Music Class 10am-11am | ```- 31- Bridge 9:30am Pinochle Club 1 pm``` |  |
| MARCH <br> BIRTHDAY AND ANNIVESARY CELEBRATION 11:30 AM ON WEDNESDAY, MARCH 8TH Lunch will be provided Cake provided Comfort Nursing \& Rehab Ice Cream by Gaddis Methodist Outreach If you would like to have lunch with us, please RSVP by March 6th Call Dinah Johnson at 830-995-3032 |  |  |  |  |  |

FEATURED SENIOR OF THE QUARTER

## BARBARA ST. CLAIR ZOELLER

I was born September 13, 1941 to M. B. and Cleo Belle St. Clair at home on the river in the middle of Llano. Though the house is gone I can see the place where it stood every time I cross the bridge. My siblings were M.B. III, Laurina, Alvina, Logan, Waymon and Gorman. Gorman died of pneumonia at 2 years. Carolyn and Cindy were born in Fredericksburg. Daddy worked for Virdell Water Drilling. He was hired by Texas-New Mexico Pipeline and we moved to Fredericksburg. On washday Mother heated water in a black pot over a fire in the backyard. When I was three I got too close, stumbled and feel into the fire. My brother Logan pulled me out. Mom made a paste of flour and water and plastered it over the burns on my leg. I guess it was the right thing to do as I never had any problem with it.
We had a good childhood. We all helped keep the house neat and clean, make beds, do dishes. We never swept after dark....bad luck. Visited with our many cousins and played hide and seek, kick the can, Andy Over and listened to some scary ghost stories. Got chased by a huge tarantula once and found we could run and scream. We rode stick horse, climbed trees and played outside a lot. When I was seven we were doing acrobats and I fell on the edge of the sidewalk and broke my arm. An ambulance was called, but I got hysterical because I thought only dead people rode in ambulances. A kind neighbor drove us to the hospital.
My first book that was my own was Alice in Wonderland. I read it until it fell apart. I still love to read but now I fall asleep when I do.
I was always a bit jealous of people that had grandparents. I only knew my paternal grandfather. My other grandparents died before my mom and dad were teenagers. Their childhoods were really rough. Maybe that is why my mom was so kind and gentle.
The day before my fourteenth birthday my sister Laurina died in a car crash. She was one of the twins and had been married for only a year.
My brother Waymon taught me to drive in a 1949 Ford, standard shift, of course. When I got my license the most fun thing was to "drag main." My dad hated that expression. Gas was about 20 cents a gallon, so for a dollar you could "drag" a lot.
In my Jr and Sr year I took the Distributive Education Course. I would attend class half a day and work half a day at The Prescription Lab.
The place to be on Saturday night was Pat's Hall dancing around the tree and that is where I met "my cowboy." Oh my, he was so handsome in his orange boots and cowboy shirt and "could he dance!!!" He just danced right into my heart and stayed there. C. Daniel and I married after I graduated and we moved to Comfort to live in the Schwethelms Apartments by the river. Our first daughter died shortly after birth and soon after we were fortunate to buy a home on Hwy 27 just past Cypress Creek bridge from Joe and Tillie Heinen. Our daughters Teresa and Donna were born while we lived on 27.
After awhile we moved across town and purchased a home on Lindner Ave. It was around the corner from Opa and Omie so the girls could walk over sometime.
Birthdays at home before marriage had resulted in a cake and a present, but birthdays in the Zoeller family was cause for a celebration! Most all of the family showed up and they all brought food. There was lots of talking, eating and laughter. That is a tradition that I miss a lot. After Opa died we bought the house and moved in with Omie. It was on Cypress Creek and in 1978 flooded with 39 inches of water in the house.
I worked for awhile at International Mapping Co which

employed a lot of local people. We also needed a babysitter and were lucky to find Lillian and Arthur Burow. They were so good to the kids that when I went to pick them up they did not want to go home with me.
The first time I went with C. Daniel to feed his dad's cows I thought it would be so much fun. I did not now the cows would run up to you if you were sitting on back of the truck on top of "their" hay. I was a city girl and had never been around an animal larger than a cat. Cows were huge to me and bulls downright scary. I never made that mistake again. I began working at Mooney Aircraft after Donna was born. It was the most fun job I ever had. Mainly, women got to wear pants. It was my first time to use a drill and rivet gun connected to an air hose. My partner was Marilyn Ernst from Fredericksburg; we built ailerons for the wing. Mooney employed a lot of people at that time and we put out three planes a day. While still at Mooney I began working Saturdays at the Comfort Post Office. This led to part-time and eventually full time work. After 16 years I was named Postmaster and held that job for 16 more years. I worked with some great local people that made my job easier because they got along and respected each other.
I coached a girls softball team, the Basetrotters, for several years and we did not lose a game in four years, then the players change and you lose a few. They were all good sports and supported each other.
We took a few vacations in our travel trailer and Teresa and Donna loved "playing house." Went to Monahans Sand Dunes, Goose Island and Big Bend where we rode the "ferry" across the river to Mexico and on the return trip the rowers were not strong enough for the current and we drifted downstream a bit. We drove to Colorado a few times, Nashville and Memphis Tennessee and Disney World. After Donna and John Spencer married us five flew to Yellowstone Park and rode the rapids on the Snake River. When our grandchildren Haley and Corey were old enough we flew to Disney World and had a great time.
Haley graduated from Schreiner University and Corey from Tarleton University. When he came home he brought not only a new dog Jax but a girlfriend Tori and her dog Rosco. They were married and are parents to my Great-granddaughter, Lorilei Sarajean who shares my middle name Jean. I am humbled by this honor and think about what my grandparents missed and how blessed I am to live a long life $4^{\text {nd }}$ enjoy family and good friends like they did not.

## COMFORT GOLDEN AGE CENTER

We enjoyed our February Birthday and Anniversary celebration.
Cindy from Tri-County Home Health treated us to some beautifully decorated birthday cookies.
Gaddis Methodist Church supplied the ice cream. It is always a good time for food and fellowship with our members.
If you were not able to attend perhaps you could join us on March 8th for our next celebration.

## King and Queen for 2023 are Calvin \& Janice Pfeiffer.



Congratulations!!


We celebrated with birthday themed cookies!!

## NEW MEMBER TESTIMONIAL

Greetings Y'all,
After 6 months in Texas, I now understand how much easier "y'all" is rather than "all of you"....
Being a new resident in Comfort and having come on my own, I must share that the Golden Age Center has been such a blessing of friendship, support, resources, and great company.
The warmth of Dinah, Leah, Doris and all the wonderful folks who gather at the Center have enriched my life and pushed away any loneliness that might have otherwise tried to creep in.
Whether it's fresh eggs from Keith and Schatzie, a warm cup of coffee, crafts, or the joy of listening to the various Texas accents, I always feel welcome, right at home even, from the moment I come in. I always think the Golden Age Center smells like chocolate, but I may also have a good imagination... or an affinity for chocolate.
Another wonderful benefit has been visiting the Center on Thursdays with a friend I care for a few days a week. We play Bingo and enjoy the kindness and humor of Doris, Leland, Mary, Sam, Charlene, and of course Charlie.
Afterwards a game of cards, conversation, and a look through the food pantry and puzzles makes for a great start to our day. My friend just lights up in the company of such fine people who always take a moment to lend a hand or word of encouragement coupled with true sincerity. My friend and I make our time at the Center part of our "ladies time out" and I know she looks forward to it and her wonderful husband gets some free time for himself.
I encourage everyone to stop by the Golden Age Center and share the simple pleasure of good old fashioned hospitality, companionship, and all manner of resources for seniors.
Before I moved here, many asked me what I was going to do in Texas as I didn't know a soul, I replied, "I will make new friends as I am certain there's plenty of good folks to meet."
Indeed there are many kind folks here at the Comfort Golden Age Center, the Hill Country, deep in the Heart of Texas...

Feeling Blessed, Susan Bell

C. Daniel Zoeller was the lucky winner of the February Raffle drawing. The basket was made and donated by Kathy L'Huillier.

## LOCAL HISTORY

The Local History page in this newsletter was started in the April 2020 issue with the story "Der Osterhase, The Easter Rabbit on the Guadalupe" by Anne and Mike Stewart. After that first story Anne Stewart has contributed more stories and has been instrumental in encouraging other local people to write their stories. This has provided us with an insight into some of the original families and their stories.

Anne \& Mike Stewart - The May 2020 issue featured a story in which they wrote about the Spanish Influenza in Comfort in 1918. "Comfort and the Spanish Influenza".

Nancy Jones is the "poet of Cypress Creek" and has also written for several years.
She writes narrative poetry, people, events, special days, family, animals, about places in Comfort like the Alamo Meat Market when the Pankratz owned and operated it and Lindner Mill as a ghost ship in the fog.

Paul Urban and Tony Navarro wrote their pieces based on their theatrical experiences in the now defunct "Comfort Acting Company" under the direction of Harold Duke.

## Elmer Burow

Published author beginning with a family history in the Cypress Creek History album with Mike Stewart in 2008, had a long piece published in the Texas German Historical Society's Journal anchored in Austin, Texas, and three books to his name.

Betty Murphy wrote the story "How Comfort Texas Took On a Challenge-Need For A Jaws Of Life 1981" and it was accompanied by a piece from
Tim and Cyndi Lynch who wrote a story "Volunteers" in which they talked about the fundraiser.

Mary Anne Johnson, Comfort newcomer who walked into town and fit right in. She wrote Comfort, "A Hill Country Gem.

Ralph San Miguel, Ralph (changed from Rafael) had written for several years but never shown anyone. He walked in the Archives one Tuesday morning to research a relative and we met. He and Mike Stewart made an instant connection. And they have been friends and colleagues ever since..
He also writes a form of ghost stories. And, as you see, is also an artist. He drew the two sketches after Anne said, "You really need to start thinking illustrations or photos for your front and back covers. A week later he gave her the originals.
Anne said that it is a privilege to work with such a talented man.


Above is artwork drawn by Ralph San Miguel for one of his stories.

Robin Adams wrote a story about the "Pfeiffer family of Cypress Creek". A.C. Pfeiffer was her grandfather and he took her to eat at the Rathskeller and the cattle auction in Fredericksburg.

Joyce Behr wrote a poem "Comfort before it was Comfort".

Ryan Murphy contributed a story "Follow the Comfort Brick Road". He jumped off the second story porch of the Faust Hotel (now the Hotel Giles) with his friends onto the mattresses laying in the courtyard out back.

Judi Youngers wrote a story about the Comfort Barber Shop, "The Hats on the Wall Speak."

Anne Stewart stated "All in all, they are a talented bunch. I was privileged to work with them."

I am looking forward to printing more stories in the newsletter. There are more stories in the works and we hope that you are enjoying the ones that we have already shared with you.


## Busy with Birdhouses!



## Join us on

Wednesday, March $1^{\text {st }} @ 10: 00$ AM to decorate your own BIRD HOUSE!

Blank-slate houses will be provided for the first 9 to sign up. Sign-ups after will be asked to bring their own...

Bring your own special items to decorate! Bling, buttons, coins, charms, beads, caps, jewelry, stamps, etc. etc.
Basic supplies and some rustic décor will be provided.

Please RSVP at the
Comfort Golden Age Center, or email guestgac2016@gmail.com to hold your spot!



Please RSVP by Monday, February 27 ${ }^{\text {th }}$, at the Comfort Golden Age Center, or call Doris at 210-912-2730!
Members AND Non-Members welcome!

If you would like to carpool or need a ride, please let us know when you RSVP!

We will meet up at the Comfort Golden Age Center at 12:30 for a 12:45 departure!

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        Join us at the
        Comfort Golden Age Center
            for our first in a series of
        2023 Health & Wellness Programs!
        ADVANCED DIRECTIVES
        and
MEDICAL POWER OF ATTORNEY
Thursday, March \(\mathbf{2}^{\text {nd }}\) 11:00 AM
Donna Collier with New Century Hospice Snacks or a Lite Lunch will be provided!
This session is open to both members of the GAC and non-members - all ages welcome! *
Please RSVP at the Golden Age Center, call 830-995-3032,
or email gacguest2016@gmail.com to hold your spot.
Comfort Golden Age Center 628 Front St.
*Membership gives you access to all programs, Comfort, Texas
830-995-3032 activities, and events at the Golden Age Center! foln as a new member for only \(\$ 25 /\) year! And you can join any time, any age!
```


## MARCH MENU

THE CENTER

Comfort Golden Age Center
Please have your meal request by 8:15
on day of delivery. $830-995-3032$

|  |  |  |  |
| :--- | :--- | :--- | :--- | :--- |

## LUNCH * ALMUERZ0-12:00 PM-1:00 PM

Lunch is based on a voluntary contribution of $\$ 5.00$ for members, $\$ 7.00$ for non-members and $\$ 3.00$ for Meals on Wheels. All reservations will be accepted until $8: 15 \mathrm{AM}$. Services will not be denied if a contribution is not made.

Hay una contribucion voluntaria de $\$ 5.00$ para miembros, $\$ 7.00$ para no miembros y $\$ 3.00$ para Meals on Wheels (servicio de comidas a domicilio). Todas las reservaciones seran aceptadas hastalas $8: 15 \mathrm{AM}$. No se negaran los servicios si no se hace una contribucion.

## CENTER INFORMATION

COMFORT GOLDEN AGE CENTER MISSION STATEMENT
Enriching life for older adults to enhance their well-being and social interaction.

VISION STATEMENT
The "Go To" place for older adults in our community...

## CONTACT

Email: gac.356@gmail.com
Phone: (830) 995-3032
Executive Director: Dinah Johnson
Location: 628 State Hwy. 27
Mailing Address: P. O. Box 356
Comfort, Texas 78013

The center has several volunteer opportunities at this time. If you have some spare time and would like to help out please call Dinah Johnson at 830-995-3032.

## 2023 Membership Information! New members ALWAYS WELCOME!

## We now have both Individual and Business Memberships! <br> And ANYONE - any age, any time - can be a member!

When you become a member of the Comfort Golden Age Center, you join a group of caring community members that support and empower older adults to build even more active, healthy, and inspired lives. We encourage people of all ages to join our Center for social interaction, fun, and a sense of sharing and community!

Individual Membership

- \$20 per year for renewing members, \$25 for new members
- Includes access to the following (not all inclusive!): games, social activities, health and wellness programs, luncheons, exercise classes, and various community resources.
- Junior Membership (18 and younger) - \$10 per year


## Business Membership

- \$100 per year
- Includes general recognition/publicity in support of our local senior community, and invitation to the Comfort Golden Age Center for special activities and programs.

Come by the Comfort Golden Age Center at 628 Front Street - email us at gacguest2016@gmail.com - for more information or to complete a 2023 Membership Application!

## VOLUNTEEROPPORTUNTITES 

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