# THE UPPER BUCKS

ACTIVITY CENTER



## **MAY & JUNE 2024**



SATURDAY
MAY 25th
8am-2pm
Kitchen will be open!
Tables are \$15 each



FLAG D







THANK YOU TIM!
A BIG THANK YOU to
Tim Johnson, owner of
Indian Creek Electric for
donating the new lights
in the kitchen.



#### **CENTER INFORMATION**

Milford Township Fire Hall 2183 Milford Square Pike Mailing Address: P.O. Box 182 Milford Square, PA 18935

E mail: upbuckssr@yahoo.com Phone: 215-536-3066 Fax: 215-536-7881 www.upperbucksac.org

> Monday 9am-1pm Tues-9am-1pm Wed 9am-1:30pm Thurs 9am-3pm Friday - Closed

Lunch is served only on Thurs day promptly at 11:30. Please be sure to sign up by Tuesday of the week prior..

#### **OUR EXECUTIVE BOARD FOR 2024**

Tom Neilson.....President

Lorraine Fox.....First Vice President

Sue Wismer .....2nd Vice President

Darla Block.....Secretary

Linda Stauffer....Treasurer

Barbara Preston....Member at Large
Rati Madhoo .......Member at Large .
Robert Beck......Past President
Manager Sara Kelly
Assistant Manager Jim Kelly

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MAY 2024 JUNE







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JimLukensArt.com





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- Speech Therapy

Quakertown: 484-244-4827 Eynon: 570-383-7502 Oreland: 215-600-3360

Servicing all counties in Eastern Pa. Offices located in Quakertown, Eynon and Oreland

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## Place Your Ad Here and Support our Community!





## **SUPPORT OUR ADVERTISERS!**

#### TAKE A TRIP WITH US





#### **TRIP POLICY:**

A \$75.00 deposit for our Multi-Day Trips must be paid at the time of sign-up or you may pay the full amount at that time. We would appreciate it if you would pay by check as it makes bookkeeping easier. Please remember to book your trip as soon as you decide to go. All trips have to be paid 1 to 1&1/2 months before trip date unless otherwise stated. This will cause less cancelling of trips for not enough interest. We recommend that you take out insurance at the time of deposit for full coverage on longer trips. If we cancel a trip or the tour company cancels, you will receive a full refund. There will be no refunds from us once we have paid the travel company its first payment when the trip is a go.

We will be glad to arrange monthly payments for you. So, come on and travel with us.



## The River Lady is a 85' authentic reproduction of a paddle wheel riverboat.

The center of the interior deck offers a spacious dance floor, which is naturally lit by a skylight window directly above. The tables are arranged so passengers can enjoy the view while dining. Choose menu when booking The River Lady cruises the Toms River and Barnegat Bay of Toms River, New Jersey. Included in price is transportation, 3 hour cruise, gratuities and Lunch.

June 7, 2024
Depart Center at 8:30 am
Arrive Back 4:30 pm
\$115.00 per person
Call 215-536-3066 for information

"The world is a book, and those who don't travel only read one page."

St Augustine

#### WILDWOOD, NJ

September 15-19, 2024 \$ 613 per person double \$ 788 single \$75 due at time of sign up



Price includes 4 nights lodging at an Oceanfront Hotel, 4 Breakfasts at the hotel, pizza Lunch at Franconi's, 4 dinners at local restaurants, Ice Cream social, Flag Ceremony at Sunset Beach, Cape May lighthouse, Dolphin Watch boat cruise, Trip to Atlantic City, a visit to Cape May and Smithville, 2 baggage handling and much more.

Call 215-536-3066 for information





#### **ACTIVITIES**

#### **MONDAY**

#### **KNITTING & CROCHETING**

Mondays 9:00am
Bring your own projects or learn
new ones! \$1 Members

CHAIR YOGA 9:00 am \$3 Members, \$5 non-members GAMES

Mondays 9:30am We love games, All are welcome! \$1 members, \$2 non-members

#### **CORNHOLE**

Mondays 10:00 am \$1 Members \$2 Non-members

#### **TUESDAY**

#### **COMPUTER CLASS 9:30AM**

Bring your laptop, smartphone, or tablet for some basic help using the internet, word processing, or phone apps.

\$3 members, \$5 non-members

#### **CARDS**

Tuesdays 9:30 We play cards, games, All are welcome! \$1 members, \$2 nonmembers

#### **LINE DANCING**

Tuesdays 10:00am –11am
Join Tom (instructor) for a
fabulous hour of exercise and fun
with the greatest hits to get your
dance on! It's tons of fun!
\$3 members \$5 non-members

#### WEDNESDAY BAND PRACTICE

Wednesdays 10am-11am Except our Party Day!

#### **CHOIR PRACTICE**

Wednesdays 12:30-1:30 Except our Party Day!

## THURSDAY QUILTING CLUB

Thursday 9:00 am-11:am. 1st Thursday of each month.

#### **BINGO**

Thursdays 12:15pm-3:00pm Come out and enjoy a fun afternoon of Bingo! \$50 Jackpot the first Thursday of the month! Call for details.





#### TAKE A TRIP WITH US



#### **Niagara Falls**





4 Days 3 Nights
September 16-19, 2024
\$744 per person double occupancy
Call for single rate
Price includes motorcoach transportation, 3
nights lodging, 3 breakfasts and 3 dinners.
Also included is a tour of the Niagara area,
tour of Toronto, Hornblower Boat Tour,
Niagara Fallsview Casino, Niagara -on -the Lake, Welland Canal, a gift for all, Luggage
Handling, all taxes and gratuities.
Call 215-536-3066 or Lois at 215-529-6840

Hunterdon Hills on page 12.

#### **Smoky Mountains Show Trip**





6 Days 5 Nights
September 23-28, 2024
\$899.00 Double Occupancy
\$1118 Single Occupancy
Price includes motorcoach transportation, 5
nights lodging, 5 Breakfasts. 3 Dinners, 2
Morning Shows- Smith Morning Variety
Show, Patty Waszak Show, 1 Afternoon
Show- Magic of Terry Evanswood,
3 Evening Shows- Soul of Motown,
America's Hit Parade and Country Tonite,
Guided Tour of the Great Smoky Mountains
National Park and free time in Historic
Downtown Gatlinburg.
Call Sara or Kit at 215-536-3066







TRAVEL WITH US! IT'S FUN!



#### **BAND AND CHOIR**

#### **OUR BAND- "THE IMPOSSIBLES"**

We are getting good attendance and have removed some winter songs, putting in Irish for St. Patrick's Day and Easter Parade for Easter. They have been replaced with Elvira, This Little Light Of Mine, and the American Patrol March.

A scheduling conflict caused the Community at Rockhill to ask to change our performance from Thursday 25 April 2024 to Thursday 2 May 2024 at 2:30 P.M. We approved.

Paul J. Hassal, our new guitar player and vocalist has been playing with us and we hope to get him singing some songs soon.

Practices for May & June 2024 will be on Wednesdays at 10:00 A.M. at the center. May 1, 15, 22, & 29, 2024 and on June 5, 19, & 26, 2024.

Performances are scheduled for Thur. May 2,2024 at the Community at Rockhill @ 2:30, and on Thur. May 16, 2024 at Meadow Glen @ 2:00 and on Thur. May 30, 2024 at Valley Manor @ 2:00, June Performance is on Thur. June 13. 2024 at Independence Court @ 2:00 P.M.

by Robert E. Beck,

Chair of the Music Committee







THE IMPOSSIBLES BAND\* PLAYING FOR THE RESIDENTS
AND STAFF OF INDEPENDENCE COURT-THURSDAY 8 FEBRUARY 2024
PHOTOGRAPH TAKEN BY CHARLENE - INDEPENDENCE CT. STAFF.



Our Chorus, "The Sunshine Singers".

I have a friend that will record the music for our "Sunshine & Smiles Program" so that we can take it on the road as a Sing-A Long. Bill Sandy, Jr. joined us in March 2024. We hope that Frank Caputo will come back active as the weather warms lessening his breathing problems. Cindy Weir shared her words only songbook with us and we spent three practices singing those songs.

Practices for May & June 2024 are at 12:30 on Wed. May 1, 15, 22, & 29, 2024 and June 5, 19, & 26,2024. No performances are scheduled.

Respectfully submitted,
Robert E. Beck, Chairperson
UBSAC Music Committee

#### DO YOU PLAY AN INSTRUMENT?

The Impossibles' Band is the Upper Bucks Senior Activity Center Band and they are looking for new members. They practice on Wednesday morning at 10:00 a.m.

#### DON'T PLAY AN INSTRUMENT?

They are looking for an Audio Tech and helpers to set up the sign, chairs to set up, power cords to run and many other non–musical and non–technical jobs to be filled.





## MAY CALENDAR

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	-1- Band Practice 10:00	-2- Bingo 12:15	-3- CLOSED	-4-
	Choir Practice 12:30	alwear.		
-7-	-8-	-9-	-10-	-11-
Games 9:30 Computer Class 9:30 Line Dancing 10:00	May	Bingo 12:15	CLOSED	
	11:30 am \$16.00	*		
-14-	-15-	-16-	-17-	-18-
Games9:30 Computer Class 9:30 Line Dancing 10:00	Band Practice 10:00 Choir Practice 12:30	Bingo 12:15	CLOSED	
-21-	-22-	-23-	-24-	-25-
Games 9:30 Computer Class 9:30 Line Dancing 10:00	Band Practice 10:00 Choir Practice 12:30	Bingo 12:15	CLOSED	FLEA MARKET  8am-2pm  Food available  Till 1pm
-28-	-279	-30-	-31-	
Cards 9:30 Computer Class 9:30 Line Dancing 10:00 Membership 12:30	Band Practice 10:00 Choir Practice 12:30	Bingo 12:15	CLOSED	
	-7- Games 9:30 Computer Class 9:30 Line Dancing 10:00  -14- Games 9:30 Computer Class 9:30 Line Dancing 10:00  -21- Games 9:30 Computer Class 9:30 Line Dancing 10:00  -28- Cards 9:30 Computer Class 9:30 Line Dancing 10:00	-7- Games 9:30 Computer Class 9:30 Line Dancing 10:00  -14- Games 9:30 Computer Class 9:30 Line Dancing 10:00  -14-  -15- Games 9:30 Computer Class 9:30 Line Dancing 10:00  -21-  -21-  -22- Games 9:30 Computer Class 9:30 Line Dancing 10:00  -28-  -28-  -279  Cards 9:30 Computer Class 9:30 Line Dancing 10:00  -28-  -279  Cards 9:30 Computer Class 9:30 Computer Class 9:30 Choir Practice 10:00 Choir Practice 12:30  Choir Practice 10:00	-12- Band Practice 10:00 Choir Practice 12:30  -789- Games 9:30 Computer Class 9:30 Line Dancing 10:00  May Days Party 11:30 am \$16.00  -1415- Games9:30 Computer Class 9:30 Line Dancing 10:00  Band Practice 10:00 Choir Practice 12:30  -212223-  Band Practice 10:00 Computer Class 9:30 Line Dancing 10:00  Band Practice 10:00 Choir Practice 12:30  -28279 -30- Cards 9:30 Computer Class 9:30 Line Dancing 10:00  Band Practice 10:00 Choir Practice 12:30  Band Practice 10:00 Choir Practice 12:30  Bingo 12:15  Bingo 12:15	-123-  Band Practice 10:00 Choir Practice 12:30  Bingo 12:15  CLOSED  -78910-  Games 9:30 Computer Class 9:30 Line Dancing 10:00  May Days Party 11:30 am \$16.00  -14151617-  Games 9:30 Computer Class 9:30 Line Dancing 10:00  Choir Practice 12:30  Band Practice 10:00 Choir Practice 12:30  Band Practice 10:00 Choir Practice 12:30  Band Practice 10:00 Choir Practice 12:30  Band Practice 10:00 Choir Practice 12:30  Band Practice 10:00 Choir Practice 12:30  Band Practice 10:00 Choir Practi

## JUNE CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					-1-
-3- Knitting 9:00 Chair Yoga 9;00 Games 9:30 Cornhole— 10:00	-4- Cards 9:30 Computer Class 9:30 Line Dancing 10:00	-5- Band Practice 10am Choir Practice 12:30	-6- Bingo 12:15	-7- CLOSED	-8-
-10- Knitting 9:00 Chair Yoga 9;00 Games 9:30 Cornhole– 10:00	-11- Cards 9:30 Computer Class 9:30 Line Dancing 10:00	Velcome Summer Party 11:30 am \$16.00	-13- Bingo 12:15	-14- CLOSED	-15-
-17- Knitting 9:00 Chair Yoga 9;00 Games 9:30 Cornhole– 10:00	-18- Cards 9:30 Computer Class 9:30 Line Dancing 10:00	-19- Band Practice 10am Choir Practice 12:30	-20- Bingo 12:15	-21- CLOSED	-22-
-24- Knitting 9:00 Chair Yoga 9;00 Games 9:30 Cornhole– 10:00	-25- Cards 9:30 Computer Class 9:30 Line Dancing 10:00 Membership 12:30	-26- Band Practice 10am Choir Practice 12:30	-27- Bingo 12:15	-28- CLOSED	-29-

#### Presidents Report for May and June

Happy May To All,

As you are reading this, quite a bit has taken place at your activity center. We will have completed another hoagie sale, we are a few days away from the "Double Trouble" Elvis tribute concert. Preparations are underway for our annual spring Flea Market and in July we will be seating a new executive board.

The hoagie sale was a success. We fell a little shy of last years total but still managed to come up with over \$300 in profit. Thank you to everyone who ordered to make that happen. The ticket sales for "Elvis" are moving along. We are about 10 tickets away from a sell out and as I am writing this report, we still have three weeks to get there. I am sure this event will be a great time for everyone who attends as the last two concerts with just Jeff Krick Sr. were outstanding.

The flea market has several tables rented already and we expect many more to be taken. The date would normally have been the first Saturday in June, however Sara discovered that several other establishments had scheduled events for that date so we moved the flea market to May 25th. As far as we know, there are no other large events on that day. If you are available that day and looking for something to do, ask about volunteering. Setting up, helping the day of and clean up afterword are a few ways you can help. Talk to Sara, Barb or a board member if interested.

I will close now as the "Honey-Do" list is growing and I want to keep after it.

Thank You all for your support this last few years,

Tom

## 1st Vice Presidents Report for May and June

Welcome Spring. It's nice to see warmer weather now if we can just get the rain to stop. We have completed our hoagie sale, waiting for the pick-up day and that will be in the books. The total sales were a little shy of what we were hoping for, but we still cleared over \$300 profit.

We are now looking forward to the "Double Trouble" ELVIS concert on May 5th. Ticket sales are going well as we only have 15 tickets left. I hope you got yours already as we are expecting a "SELL OUT". The next event up will be our Flea Market on May 25th. Tables are for rent at \$15 each. Remember this is an inside sale so weather shouldn't be an issue. Hours of the sale are from 8am till 2pm. A bake sale will also be going on that day as well as the kitchen being open for breakfast sandwiches and lunch items,

I'd like to thank everyone in advance for their participation in these fund-raising events. I also want to thank the current board members the committee heads for the help in making these events at the center happen. I wish the new executive board well as it has come time for me to take a break as I have family matters that I would like to spend more time with.

Thank You, Lorraine Fox

"One benefit of Summer was that each day we had more light to read by."

- Jeannette Walls, <u>The Glass Castle</u> "Some of the best memories are made in flip flops."
- Kellie Elmore



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## Memory



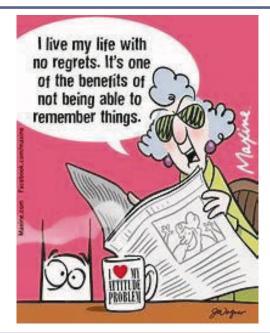
BOOST **ENJOY** LOVE RETAIN CARE **EXERCISE** MEMORY SAVE SHARE CHEER FAMILY NOURISH DELAY HEALTH ONSET ELDERLY LEARN RECOLLECT ENCOURAGE LIVE REMEMBER

Courtesy of wordsearchrus.com

- 1.How is the moon like dentures?
  Both come out at night.
- 2.Old age makes us great multitaskers. Why, I can sneeze and pee at the same time!
- 3. Which underwear brand do seniors love best?
- It Depends.
- 4. Where can single men over 65 find younger women who are interested in them?

In the bookstore, under "Fiction."







The Upper Bucks Senior Activity Center (UBSAC) is one of four, full-service senior centers operated by Bucks County Association for Retired and Senior Citizens, a not-for-profit corporation on Aging. This project is funded, in part, under a contract with the Pennsylvania Department of Aging and The County of Bucks The BCARSC is an equal-opportunity employer. The Association was incorporated 8 July, 1965 as "Bucks County Association for Retired and Senior Citizens" (B.C.A.R.S.C.) and is the (501) (C) (3) Nonfor-Profit Corporation representing four (4) Activity Center's throughout the County of Bucks.

**SUPPORT OUR ADVERTISERS!** 

#### **HOME DELIVERED MEALS**

"You can make a difference! Join our Home Delivered Meals Team by being a substitute driver. On that occasion you will donate about two hours one morning and make 10 shut-in people so happy to see your smiling face and meals for the week. There is mileage reimbursement. Thanks for considering being someone's Angel!

Call 215-536-3066

HERE ARE PICTURES OF OUR
PARTY MASCOTS
SALLY MAST and JIM BIRLI
With GEORGE BRUNEIO OUR DJ

#### CHRISTMAS PARTY



**NEW YEARS PARTY** 



#### **VOLUNTEERS NEEDED**

Volunteers are the work force of our Center. In order to have events, as well as our activities and classes, volunteers are needed. Each volunteer is valuable to our activities and programs. Regardless of the program or activity, volunteers are the unsung heroes that make these activities and fundraisers successful. Without their help, our Center might just be a great building with not much going on inside.

We always welcome new volunteers, and there are many different volunteer opportunities.

These include:

**Parties** 

Front desk receptionist

**Fundraising** 

Newsletter production and delivery Start and host a club of your own based on your special skills or interests



Low-cost lunches are served on Thursday only for a suggested donation of \$2.00 for ages 60 and over. Sign-ups are required one week in advance by Tuesday afternoon. We deliver Home Delivered Meals to people who qualify. Please call the Bucks County Area Agency on Aging for more information at (267) 880-5700.

#### PRODUCE VOUCHERS

We will be having Produce Vouchers in June. They will be distributed on Tuesdays between 10am & 12 noon. Call for start date.







You can read our Newsletter along with many other interesting information on our website:

www.upperbucksac.org

#### HUNTERDON HILLS PLAYHOUSE CHRISTMAS SHOW

November 20, 2024 Depart Center 10:00am \$129.00 per person



An ensemble cast of multitalented performers celebrate Christmas in an original holiday song and dance fest featuring traditional carols, classic and contemporary Yuletide compositions, humorous skits, and spectacular dance numbers, all backed by a live onstage orchestra. Price includes transportation from Center, bus driver gratuity, your choice of entrée and coffee or tea.

Menu will be available at a later date. Call 215-536-3066 for information.









# UPPER BUCKS SENIOR CENTER HOURS

MONDAY 9 am-2:30pm

TUESDAY 9am-2:30pm

WEDNESDAY 9am-2:30pm

THURSDAY 9am-3:30pm

FRIDAY Reserved for Special Events

For Example: (Trainings, Social Programs, Community Outreach)

My wife asked me what I was going to do today.
I told her, "Nothing".



She said, "You did that yesterday".

I said, "I wasn't finished".

#### **CENTER INFORMATION**

#### **IMPORTANT NUMBERS**

Social Security (National) 1-800-772-1213 7AM-7PM Monday-Friday Social Security (Allentown) 877-405-6748

Area Agency on Aging 267-880-5700 8:30 AM-4:30 PM Monday-Friday

Bucks County Transport 215-536-2522 1-888-795-0740 RSVP 215-340-1210

BCARSC-John Greer 111 215-355-4766

Bucks County Info. Line 215-529-7250 Property Tax & Rent Rebate 1-888-222-9190 or www.revenue.state.pa.us To check status of claim: 1-888-728-2

937

Craig Staats, Pa Rep. 215- 536-1434 Tracey Pennycuick, Pa. Senator. 215-541-2388 Pa Dept. of Aging 1-800-783-7607

Bucks County Health Dept. 215-529-7000

#### **THRIFT SHOP NEWS**

Enjoy our Thrift Shop to shop and donate when you are able. Barb and Gloria have made such a professional presentation in our Thrift Shop that our shelves are getting full again. Our Center now needs a few things still. We need small appliances and household goods of all kinds. Please see what you have. Come by and take a peek, or donate or both. The income from our Thrift Shop is now a very strong source of support for our operating fund. Please, make sure the items you donate are items that you would resell. Please do not donate items that are opened, used and dirty.

> Public Welcome Tues.-Wed. 9am-1pm Thurs. 9am-3pm





#### WHAT WE DO



#### THE IMPORTANCE OF WHAT WE DO

Being Part Of Our Community

- 1. Eyeglasses are still being collected and given to the Lion's Club.
- 2. Tabs from pop top cans (soda) are being collected for the Ronald McDonald House, which shelters families of children who are seriously ill or injured. We give them to the Women's Club who takes them to a McDonald's repository.
- 3. Both our choral group "The Sunshine Singers" and our band "The Impossibles" go to different nursing homes and assisted living facilities to entertain those residents every month.
- 4. Please bring in any post-marked stamps to the front desk. We collect cancelled stamps, and they are given to the Blind Association.
- 5. The V.A. Clinic in Allentown has a little coffee room available to patients while they wait for their appointments. They need sugar, tea bags, artificial sweeteners and stirrers.
- 6. We are collecting pennies for Cancer Research. Please bring your pennies and loose change in to help.
- 7. Our Volunteers distribute our newsletter throughout the Upper Bucks Area.

Find Out What's Going On In Your Community . . . And Then Get Involved!

HOLIDAYS
We are closed
Mon. Memorial Day May 27th
Wed. Juneteenth June 19th

Lunch will be served at 11:30am on Membership Meeting days. Please sign up by Tuesday of the week prior. Sign up is at the front desk.

#### **MEMBERSHIP MEETINGS**

Tuesday May 28th 12:30 Pm Tuesday June 25th 12:30 Pm



Come on out!

#### **MISSION STATEMENT**

Development of our Mission Statement: The core principles that guide us are compassion, volunteerism, fellowship and action. We exist to provide services and support, using fundraising to support our programs. We provide Information and Resources and activities in such areas as Entertainment, Education, Nutrition, Health and Travel. Our customers are adults 55+ in the broad community of Upper Bucks County, as well as community business and groups that support our goals. We also provide a clean, safe and healthy environment for all to enjoy. "This project is funded, in part, under a contract with the Pennsylvania Department of Aging and the County of Bucks."



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**Pi** 

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# SUPPORT THE **ADVERTISERS** that Support our Community!

The Upper Bucks Senior Activity Center is supported in part by the Pennsylvania Department of Aging and the Bucks County Area Agency on Aging. Services are available to all older persons, regardless of race, color, sex, religious creed, ancestry, handicap/disability or national origin. BucksCounty.org

#### F-Y-I

## If you are a member and need additional income, this program may be helpful!

The Senior Community Service and Employment Program serves persons who are low income and age 55 years of age or older by placing them in part-time community service positions where they can gain skills and work experience to transition to employment.

The program has 3 main goals:

- -Upgrade Job skills to help participants obtain job Placement
- -Help the participants get involved in his/her community
- Provide participants with added income during training

Please do not hesitate to reach out to Sara at the Upper Bucks Senior Activity Center or use the contact info below if you would like more information about this program.

Linda Kahlert, T&E SCSEP
Pathstone Corporation
1200 Veterans Highway Suite C-13
Bristol, Pa
Office 215-826-0150
E-Mail\_lkahlert@pathstone.org

#### **SPECIAL EVENTS**



May Days Party
May 8th
11:30 am
\$16.00 Per person
Includes Luncheon and Music



Welcome Summer Party
June 12th
11:30 AM
\$16.00 Per Person
Includes Luncheon and Music

Tickets to be purchased in advance.

#### **Stop Telemarketing calls**

Register for the national list and the Pennsylvania list. Make sure to register all names in the household. You must call from the number you are registering. National Do Not Call 1-888-382-1222 Pennsylvania Do Not Call 1-888-777-3406



To all who have birthdays in May and June

