

A Newsletter for Reynoldsburg's Senior Community SEPT/OCT, 2023

### 1520 Davidson Drive, Reynoldsburg, OH 43068

614-866-5890 Facebook www.reynoldsburg.gov

## REYNOLDSBURG SENIOR CENTER STAFF

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#### HOURS

Monday - Friday 8:00—4:00 closed all National Holidays

#### **RSCA OFFICERS**

President - Mary Theodoras
Vice President - Rita Syrkin
Treasurer - Chet McMullen
Secretary - Sue Miller
Helping Hands - Pat Cater
Historian - Janet Barr
Library - Marjorie Menaul
Kitchen Coor - Sue Carnahan
Newsletter - Patty Anderson
P&R Liaison - Roseann Seryak
Puzzles - Laurie Bowman
Sunshine - Marian Eck



Member of the Month for September is **Carmen Ellison.** Carmen is a longtime member that is very active here at SCOR. You can find her traveling, exercising and socializing. And, Carmen is always helping with chores around the center, like setting up and taking down chairs and tables. Thanks for all you do!

Member of the Month for October is **Bennie Cohran**. Bennie has been coming to the senior center for years. Not only is he a member, he is also the Tai Chi Instructor. He volunteers for the Taoist Tai Chi Society of the USA and teaches our local Tai Chi enthusiasts the beauty and strength of this ancient movement activity. Thanks Bennie!





## **CENTER INFORMATION**

# Manager's Notes

Fall is upon us and the cooler weather may drive some of our members back inside. Why not try one of our educational presentations, try out a new card game, or go on a day trip with our group? We have lots of activities to keep you busy with your friends. Check out page 4 to read all about the new interesting presentations.

Thank you to Cherry Blossom Senior Living and Cotner Funeral for donating our lunches and providing escorts for the Annual Thrift Store Fashion Show. It's always great to see the beautiful outfits that the members pick out and proudly wear from the local thrift store. If you would like to be one of our models, contact the office and we'll give you the details. If you would like to be part of the audience call the office to sign up (see below).

A couple of fun City of Reynoldsburg events are the Blues and Brews Reynoldsburg on September 8 and the Halloweekend in the Burg, October 19-21. SCOR will be closed Monday, September 4 to honor Labor Day. Hope to see you all soon!

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## Annual Cancer Thrift Store Fashion Show! Monday, September 18 at noon

It's time to show off your Reynoldsburg Cancer Thrift Store finds. If you would like to be one of our models, we have a sign-up list in the office. We'll have lunch for the first 125 that call and RSVP for the annual event. Thanks to Cherry Blossom and Cotner Funeral for lunch. The event begins at noon with the style show immediately

following. Please bring an item to donate to the Reynoldsburg Cancer Thrift Store.

### **ANNOUNCEMENTS**



#### **BOARD MEETING**

Every other 1st Monday 2:00 pm The Reynoldsburg Senior Citizens Association (RSCA) meets on Monday, September 11 at 2:00 pm. All are welcome to attend and have their voices heard.

## GET WELL and THINKING OF YOU

Get well soon to Ginny Bahr, Lydia "Cookie" Bellknap, Ruby Blackhurst, Terry Ellis, Judy Hast, Karen Leslie, Wayne McCain, Joan Phillips and any others not feeling well. If you know of anyone that needs some sunshine, please call the office.



#### **HELPING HANDS DONATIONS**

We are collecting items for the Reynoldsburg Helping Hands Food Pantry. For September and October we are accepting canned soup, Ramen noodles and crackers. All items go to Reynoldsburg residents in need.

#### **MEMBERSHIP**

If you have not renewed your membership, it is time to renew for 2023. Membership runs January-December of each calendar year. For new or returning members, dues are \$15 for Reynoldsburg residents and \$20 if you live elsewhere. If you would like your membership card mailed, send a self-addressed stamped envelope along with your check payable to City of Reynoldsburg.

#### SYMPATHY

SCOR extends our sympathy to the families of Dick DeCavitt, Jean Dixon, Pat Poole, Carl Leckrone and Don Schaefer. Condolences go out to Suzy Bell on the loss of her mother.

#### THANK YOU

Thanks to the many vendors and advertisers that support SCOR.

- AARP Driving Safety
- Anchor Foot Care
- Alzheimer's Association
- Cherry Blossom Community
- Columbus Speech and Hearing
- Cotner Funeral Home
- James Hardgrove, Attorney
- Ohio Senior Health Insurance Information
- Program (OSHIIP)
- Ohio State University Extension Service WITS
- Trilogy Health Services
- Wesley Communities



### **SPECIAL EVENTS**

### ONGOING EVENTS

#### **BURG BOOKIES!**

Thursday, September 7 and October 5 at 2:00 pm Open to all members. Read the monthly book and drop in to join the discussion with other members. The book selection for September is Fried Green Tomatoes at the Whistle Stop Cafe by Fannie Flagg. The book selection for October is Extraordinary Life of Sam Hell by Robert Dugoni.

## REYNOLDSURG DEMENTIA CAREGIVER SUPPORT GROUP (ALZHEIMER'S ASSOCIATION)

Third Wednesday of each month at 1:00 pm We offer a professional facilitator, Barbara Poplis, led group for those caring for family members with Alzheimer's.

#### LAWYER SERIES WITH JAMES HARDGROVE, ESQ.

Friday, September 15 and October 20 at 9:00 am James Hardgrove comes out to SCOR each month with a different legal topic for discussion. The September topic is Which Assets are controlled by a Will and Which are not? The October topic is Powers of Attorney.

#### **OSU EXT SERVICE - WITS WORKOUT**

Third Wednesday of each month at 11:00 am
Did you know that social connectedness and
intellectual engagement are two lifestyle factors
that contribute to your brain's health? Join OSU for a
monthly series of WITS Workout: An engaging,
interactive and educational brain health
program. Please RSVP!

Upcoming EVENTS

#### MATTER OF BALANCE WITH COAAA

Every Wed, September 6-October 25 at 10:00 am Join Central Ohio Area Agency on Aging for this 8-week program that is a life changer. Work on strength and balance, along with the mental aspects associated with falling. Call early to reserve your space. Class size is limited and the class fills very quickly.

#### **OVER-THE-COUNTER BENEFITS REVIEW**

Tuesday, September 19 at 11:00 am Older Adults with Advantage plans have between \$50 and \$200 a quarter available to them for things like vitamins, incontinence products, Ensure, Tylenol and hundreds of other products. Find out if and how to take advantage of this benefit. Call to RSVP.

MEDICARE 101 with Ohio Senior Health Insurance Information Program (OSHIIP) Wed, Sept 20 at 1:00 pm Will you be eligible for Medicare soon? Are you still employed and wondering how Medicare works with your current coverage? Are you on Medicare but still have questions? Call to let us know your are coming.

#### DESIGNING YOUR HOME TO STAY IN PLACE

Friday, October 6 at 11:30 am

The Strayer Home Team (Todd, Carolyn & Maddy) will have a guest speaker, Angela Kohler, MI Homes to share info on designing to stay in place as you age. Learn about the Reynoldsburg Housing Market. Call the office to reserve your spot for the lunch program.

#### AAPR DRIVER SAFETY PROGRAM

Monday, October 9 from 10-2:30 pm Fee: \$20-\$25 Refresh your driving skills in time for your next big driving adventure. All full, waiting list only!

**TOWN HALL MEETING** Thursday, October 12 at 11:30 am Would you like to hear what's new in the City? Join the Mayor for an informative presentation and stay for a question and answer session.

#### AARP Smart Driver TEK (SDTEK)

Thursday, October 19 from 10:00-11:30 am Fee: Free! Understanding how the newest car technology works can keep you and your family safer-and make you more confident behind the wheel. This workshop is an easy, interactive way to stay up to date on the safety features in your current or future car. Call to reserve your spot.

GENTIVAHS HOSPICE Monday, October 23 at 1:00 pm Looking for a fulfilling way to spend your time and use your skills to give back to others? Join us in learning about the benefits of volunteering with Gentiva Hospice and how you can get involved. Please RSVP!

### **ARTS & CRAFTS**

**CARD CRAFT** 2nd and 4th Wednesdays at 9:00 am Fee: \$5 for supplies

Make your own greeting cards with Ruth. The class is usually full, so call SCOR to get on the waiting list.

#### DIAMOND PAINTING CLASS

Thursdays at 1:00 pm Fee:\$3 includes supplies Learn the process of diamond painting with member, Darlene Zehner. She'll get you started with a basic kit, then you'll be hooked. Come give it a try!

GLASS CLASS Mondays 10:00 Fee \$10 plus supplies Learn with Brenda Mason to cut hot glass and apply layering techniques to make jewelry or other unique projects. And/or learn cold glass cut and grind techniques for window panels or sun catchers. Also open to work on an ongoing glass project.

### **HOOKS & NEEDLES** Mondays 1:00 p.m.

We do crochet, knitting, needlepoint, cross-stitch and any other type of hook or needle work. If you need some motivation to get that needle project completed, this group will keep you in stitches.

#### REYNOLDSBURG GOLDEN CLEFS CHORUS

Tuesdays at 1:00 pm

The members of the chorus are in the house to fill the building with song. They are always looking for new participants to help them bring joy to area senior facilities. Call for information.

**WATERCOLOR** *Fridays* 9:30 Fee: \$10 plus supplies Learn techniques for painting your choice of source material (could be transparent, watercolor, mixed media, or collage).

WIRE JEWELRY 2nd & 4th Fridays 1:00 p.m.

Fee: \$10 plus supplies

Apply wire skills to a variety of wrapping projects with Brenda Mason. Learn proper tool usage and techniques in wire working.

#### **WOODCARVING** Thursdays at 9:00 a.m.

Everyone is welcome to come and learn to carve. Check out the display next to the art room door. It's filled with wonderful works of art done by our members.



#### **FUSED GLASS PROJECT**

Fee: \$15 each class

Join Brenda Mason in the art room to learn how to fuse glass together to create lovely works of art. They are great to add to your collection or give as gifts. You will start the projects one week at 10:00 am and finish the following Monday at 1:00. Sign up and pay in the office for one or both classes.

## Sunflower Stake or night light

Wed. Sept. 13, 10:00 am



## Halloween Ornament or pendent

Wed. Oct. 11, 10:00 am



Calling all crafters......we'll be having a craft show and sale on Monday, November 13 from 11-2:00 during the Thanksgiving Luncheon. If you would like to participate, let us know and we'll save you a table.



### **EDUCATION AND SERVICES**

#### **CELL PHONE RECYCYLE**

Instead of throwing your old cell phones in the trash, bring them in and drop them in the recycle box. We'll send them to the National Institute of Senior Centers and receive 90% of the scrap value back to SCOR!



#### **COUPON EXCHANGE**

Bring in your unused coupons and take some coupons to the store to get some great deals. The basket is on the back counter.



#### **DVD LIBRARY**

In addition to the book library, SCOR has a lending DVD library. You can donate your DVD's and/or borrow our DVD's.

#### **FOOT CARE AT SCOR**

4th Tuesdays 9-3:00 pm and some Monday hours Fee: \$40 cash & \$42 credit/appointment Lauren Johnson, RN, CFCN of Anchor Foot Care will



be at SCOR to care for your feet. Call 937-738-1761 to schedule your appointment. She now has gift certificates available. Check calendar for dates.

#### **GLASSES RECYCLE**

SCOR collects old eye glasses to donate to The Lions Club Sight Program. They collect the donated glasses, read the prescriptions and give them to those that are in need.



#### **HEARING SCREEN AND SERVICES**

2nd Tuesdays, 9-3:00 pm Columbus Speech & Hearing will be at SCOR to provide screenings and hearing aid services through the Senior Options program in Franklin



County. You will make appointments with Columbus Speech & Hearing for a more detailed service work up. Please call 614-263-5151 for appointments.

#### INK CARTRIDGE RECYCLE

Donate your spent ink cartridges to SCOR and we turn them into office supplies for the center.

#### **LIBRARY**

We have a lending library at SCOR being organized by volunteers. You can donate or borrow books at your convenience. We also have a magazine drop. We try to keep relatively current magazines only.

#### **NOTARY PUBLIC**



Please call to check when Judy or Della are available. Remember to **not** sign your document before coming. We need to watch you put your signature on paper.

**OSHIIP** (Ohio Senior Health Insurance Information Program) *3rd Thursdays from 11:30-2:30* Kim, a volunteer from OSHIIP, will be at SCOR on scheduled Thursdays to answer Medicare and supplemental health insurance questions or concerns. Call 614-866-5890 for availability and to make an appointment.

#### SERVICES/FORMS

We have Living Will forms, handicapped parking applications, Homestead applications and Golden Buckeye applications on the information wall near the offices.





| MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY   |
|---|---|---|---|--|
| 9 Trip Lottery 10 Balance (NO) 10 Glass Class 11 Arthritis 11 Yoga 12 Pinochle 12:30 Pickle 1 Hooks 2:15 Line Dance   | <b>3</b><br>10 Total Fitness<br>12:30 Mahjongg<br>1 Chorus<br>1 Euchre                                  | 4<br>9 Cardio (NO)<br>10 Balance (NO)<br>10 Matter of Balance<br>12 Texas Hold'em<br>1 Rummikub   | 5 9 Woodcarving 10 Total Fitness 10:30 Bridge Lesson 12 Bridge 1 Bunco 1 Diamond Painting 1 Dominoes 1 Euchre 2 Burg Bookies          | 9 Chair Volleyball<br>9 Coffee Shop Hop<br>9 Tai Chi<br>9:30 Watercolor<br>10:10 Zumba Gold<br>11:30 Stay in Place<br>12 Texas 12:30 Bingo |
| 9 8:30 Union County<br>9 Cardio & Strength<br>10 Balance & Strength<br>10 Glass Class<br>10-2:30 AARP Driver<br>11 Arthritis Ex 11 Yoga<br>12 Pino 12:30 Pickle<br>1 Hooks 2:15 Line Dn | 10<br>9-3 Columbus Speech<br>and Hearing<br>10 Total Fitness<br>12:30 Mah jongg<br>1 Chorus<br>1 Euchre | 11 9 Card Craft 9 Cardio & Strength 10 Balance & Strength 10 Fused Halloween 10 Matter of Balance 12 Texas Hold'em 1 Rummikub                   | 9 Woodcarving 10 Total Fitness 10:30 Bridge Lesson 11:30 Town Hall Meet 12 Bridge 1 Bunco 1 Diamond Painting 1 Dominoes 1 Euchre      | 9 Chair Volleyball<br>9 Tai Chi<br>9:30 Watercolor<br>10 BalletMet On Stage<br>10:10 Zumba Gold<br>12 Texas Hold'em<br>12:30 Bingo 1 Wire  |
| 9 Cardio & Strength<br>10 Balance 10 Glass cl<br>11 Arthritis Ex 11 Yoga<br>12 Pinochle<br>12:30 Pickle Ball<br>1 Hooks n' Needles<br>2:15 Line Dance                                   | 17<br>10 Total Fitness<br>11 Mystery Lunch<br>12:30 Mah jongg<br>1 Chorus<br>1 Euchre                   | 18 9 Cardio & Strength 10 Balance & Strength 10 Matter of Balance 11 OSU WITS Work 1 Rey Dementia Care- giver Support Group 12 Texas 1 Rummikub | 19 9 Woodcarving 10 Total Fitness 10-11:30 AARP SDTEK 10:30 Bridge Lesson 11:30-2:30 OSHIIP 12 Bridge 1 Bunco 1 Diamond/Domino/Euchre | 9 Chair Volleyball<br>9 Lawyer Series<br>9 Let's Take a Hike<br>9 Tai Chi<br>9:30 Watercolor<br>10:10 Zumba Gold<br>12 TX 12:30 Bingo      |
| 9 Cardio & Strength<br>10 Balance & Strength<br>10 Glass Class<br>11 Arthritis 11 Yoga<br>12 Pino 12:30 Pickle<br>1 Gentivah's Hospice<br>1 Hooks 2:15 Line                             | 9:30 Shephard's Ecological Center 10 Total Fitness 12:30 Mah jongg 1 Chorus 1 Euchre                    | 9 Card Craft 9 Cardio & Strength 10 Balance & Strength 10 Matter of Balance 11:30 Rey Steppers 12 Texas Hold'em 1 Rummikub                      | 26 9 Woodcarving 10 Total Fitness 10:30 Bridge Lesson 12 Bridge 1 Bunco 1 Diamond Painting 1 Dominoes 1 Euchre                        | 8:30 LaComedia 9 Chair Volleyball 9 Tai Chi 9:30 Watercolor 10:10 Zumba Gold 12 Texas Hold'em 12:30 Bingo 1 Wire                           |
| 30 9 Cardio & Strength 10 Balance & Strength 10 Glass Class 11 Arthritis Ex 11 Yoga 12 Pino 12:30 Pickle 1 Hooks 2:15 Line Dn   | 31<br>9-3 Anchor Foot Care<br>10 Total Fitness<br>12:30 Mah jongg<br>1 Chorus<br>1 Euchre               |   |   |  |



### **EXERCISE AND WELLNESS**

#### ARTHRITIS EXERCISE

Mondays 11:00 a.m.

Join us for Arthritis Foundation Range of Motion exercises performed in a chair. This class is a great way to start back into exercising and keep your joints supple.

## CARDIO & STRENGTH RENEW ACTIVE & SILVERSNEAKERS

Mon/Wed 9:00 a.m.

Fee: Free for Renew Active and SilverSneakers® Members and \$4 for non-members

Join Leah Siefert for a standing low-impact cardio class with upper-body strength work.

Bring water, hand weights and your Renew Active or SilverSneakers® card.

#### **CHAIR VOLLEYBALL**

Fridays from 9-11:00 am

Come on over for a fun new event. We'll learn the rules and have some laughs as we sneak in some extra movement into our day. Everyone welcome!

#### LINE DANCING

Mondays 2:15 p.m. Fee: \$1 donation

Get in line with fellow members. Try out some of the newest steps in line dance!

#### PICKLE BALL

Mondays 12:30 p.m.

Get in on the fun! SCOR will have all the equipment to play this team sport. We'll teach you the basics and how to keep score. You do not need a partner, just come to play round robin!

#### REYNOLDSBURG STEPPERS WITH WESLEY

Last Wednesday of each month at 11:30 am Wesley Ridge's monthly walking program is on the move with Kristi and Leah! Call 614-738-6099 to get signed up. Monthly speaker and light lunch provided. Check out the brochure in the office for information.

## STRENGTH & BALANCE RENEW ACTIVE & SILVERSNEAKERS

Mon/Wed 10:00 a.m.

Fee: Free for Renew Active and SilverSneakers®
Members and \$4 for non-members
Join Leah Siefert for a seated class focusing on increasing range of movement, strengthening muscles and stability using a chair for support. Bring water, hand weights and your Renew Active or SilverSneakers card.

**T'Al CHI** Fridays 9:00 a.m.

Fee: \$20 Tai Chi registration fee for all participants, \$30/month, \$79/3 months, \$149/6 months, or \$300/year.

New sessions begin as soon as the International Taoist Society permits. See instructor if you have any questions.

**TOTAL FITNESS** *Tuesdays/Thursdays 10:00 a.m.*Join Judy Doran as we work with Thera-bands to help build strong muscles and increase bone density. A little aerobics and stretching, too!

YOGA Mondays 11:00 a.m.

Fee: \$5/in person class, \$3/Zoom class Get your Zen on with Lynn Spichiger for some stretching and bending designed for those over 55.

**ZUMBA GOLD** Fridays 10:10 a.m.

Fee: \$5/class or 10 classes for \$50

Join Carolyn Strayer for this fun dance/exercise class. No experience necessary and levels are designed for seniors.



### **GAMES AND ENTERTAINMENT**

#### **BID EUCHRE**

We are looking for some new players! Come join the fun and we'll teach you to play!

#### **BINGO**

Every Friday 12:30 pm
Fee: 50¢ a card
Everyone is welcome to come and try their luck!
Looking for some
volunteers to help with bingo. Interested members give us a call and we'll get you all the details.



#### **BRIDGE** Thursdays noon

Contract bridge, or simply bridge, is a trick-taking card game using a standard 52-card deck. We are always looking for some new members to jump in and challenge your bridge skills. (We're teaching bridge lessons again on Thursdays in October at 10:30 am. Call the office if you would like to participant in the four week lessons.)

#### **BUNCO** Thursdays at 1:00 pm

Bunco is a social dice game, traditionally played with 12 players who are divided into three tables with four players at each table. Really, though, almost any number can play. Come on in and we'll teach you everything you need to be a champ at this fun new game.

#### **CHESS**

Anyone interested in playing chess? Let us know if you would like to get a group together to play. It's a great game to keep your brain in tip top shape.

#### **DOMINOES**

Thursdays 1:00 pm

If you love to play Dominoes or would like to learn to play, come on in and learn this tile game.

#### **EUCHRE**

Tuesdays and Thursdays 1:00 pm

Fee: \$2.25

Euchre is played progressive style. You do not need a

partner, just come on in and join the fun!

#### MAH JONGG

Tuesdays 12:30 pm

Fee: \$4 pie

Come play this ancient tile game. The game tiles are provided but you should bring your own card that you purchase from the National Mah Jongg League.

#### **PINOCHLE** Mondays noon

Double Deck version of the game is played. Would you like to learn to play pinochle? Call the office and we'll get a group to learn together. The class will be about 1.5 hours.

#### **POOL TABLES**

The pool room with 2 tables, is open to all when SCOR is open. Come in and check out the new furniture for the pool room.



#### **PUZZLES**

We always have a jigsaw puzzle out for you to work. You can borrow/donate puzzles to our library.

#### **RUMMIKUB** Wednesdays 1:00 pm

Come on in to play this numbers game played with tiles. It's a great game to add a little challenge to your day! If you would like to learn, come on in and we'll give you a quick lesson!

#### TEXAS HOLD'EM

Wednesday/Friday noon

Fee: \$10 buy in

Feeling lucky? All members are encouraged to come try your poker skills with Texas Hold'em.

## WORDSEARCH

| Name: Date:   |                 |     |     |     |  |    |                      |     |     |   |     |     |              | _ |   |   |         |   |   |
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| E   | Α               | E   | I   | 0   | P  | E  | N                    | N   | S   | Y   | L   | V   | Α            | N | I | Α | 0       | R | В |
| WORD LIST:  MONOPOLY MEDITERR VERMONT CONNECTI VIRGINIA STJAMES YORK KENTUCKY ATLANTIC VENTNOR NORTHCAROLINA PENNSYLV RAILROAD READING WATER UTILITIE |                 |     |     | CUT | UT STCHARLES TENNESSEE INDIANA MARVINGARDENS |    |                      |     |     | ORIENTAL STATES NEW ILLINOIS PACIFIC BOARDWALK ELECTRIC CHEST |     |     |              |   |   |   |         |   |   |
| CHANC   | THIMBLE TERRIER |     |     |     |  |    | IRON HAT HOTEL HOUSE |     |     |   |     |     |              |   |   |   |         |   |   |

## TRAVEL, ON THE ROAD AGAIN!

**Trip Lottery Guidelines**—Bring your membership card to drop in the container. You may sign up for yourself and one other companion member. All trips that require payment must be paid at time of sign-up (check or cash). An (\*) means there is no need to sign up at lottery. OYO means pay for your food "On Your Own".

## **Trip Lottery for September**

## TUESDAY, September 5 at 9:00 am

#### \*COFFEE SHOP HOP

Friday, September 1 at 9:00 am Fee: 0Y0 Let's load up the van and try out a coffee shop. All are welcome, but only the first 14 ride in the van.

#### LACOMEDIA - JUST DESSERTS ASUF

Thursday, September 7 at 8:30 am Fee: \$50

#### **MYSTERY LUNCH**

Tuesday, September 12 at 11:00 am Fee: 0Y0 You never know where you are going, but you know it will be fun!

#### **VIOLET SPRINGS BRUNCH AND TOUR**

Thursday, September 14 at 9:30 am Fee: Free! We'll go have a lovely brunch and then tour the independent and assisted-living Violet Springs Community in Pickerington.

#### LET'S TAKE A HIKE!

Friday, September 15 at 9:00 am Fee: Free jaunt in the woods We'll go explore the Rocky Fork Metro Park trails for on the way home. a 2-3 mile jaunt in the woods!

#### **UNION COUNTY - COVERED BRIDGE LUNCH**

Monday, October 9 at 8:30 am Fee: \$40 We'll start the guided tour of the County's seven covered bridges. Then stop at Pottersburg Bridge for a box lunch. We'll have some shopping time at Berbee Company, some wine tasting at Dalton Union Winery & Brewery and a final stop at Eda's Italian Ice. The colorful Fall Foliage is just an added bonus!

#### LACOMEDIA - GRUMPY OLD MEN: THE MUSICAL

Friday, October 27 at 8:30 am Fee: \$50 Get ready for some laughs with Grumpy Old Men. It is the hilarious musical comedy about two aging men, Max and John. They face off as romantic rivals who will stop at nothing to win the new neighbor's heart. The buffet is pretty good too!

## **Trip Lottery for October**

Monday, October 2 at 9:00 am

\*COFFEE SHOP HOP Friday, October 6 at 9:00 am Let's load up the van and try out a local coffee establishment OYO. All are welcome, but only the first 14 ride in the van.

#### **BALLETMET - ON STAGE**

Friday, October 13 at 10:00 am Fee: \$32
The music of Sinatra, a sneaker ballet, and daring athleticism come together in On Stage. Twyla Tharp's Nine Sinatra Songs, Justin Peck's The Times Are Racing, and Ulysses Dove's masterpiece Vespers unite for a show of American choreographic innovation.

We'll do lunch OYO after the show.

MYSTERY LUNCH Tuesday, October 17 at 11:00 am YO You never know where you are going, but you know it will be fun!

**LET'S TAKE A HIKE!** Friday, October 20 at 9:00 am We'll go explore the Clear Creek Metro Park trails for a jaunt in the woods! We might have to stop for a treat on the way home.

#### SHEPHERD'S ECOLOGICAL CENTER

Tuesday, October 24 at 9:30 am Fee: Free!
The center's purpose is to invite others to join in experiencing the joys and responsibilities of caring for land, life and spirit, inspiring others to become shepherds of creation in their own corners of the world. They have nature trails open to the public on Friday, sheep, chickens, and even a llama!

#### LACOMEDIA - MIRACLE ON 34TH STREET: MUSICAL

Thursday, December 7 at 8:30 am Fee: \$50
The story of the real Santa Claus, Miracle on 34th
Street is one of the most beloved holiday films of all
time, and one of the most popular shows we have ever
produced. This touching musical version of the classic
holiday film proves that miracles do happen and is sure
to fill both the young and the young at heart with the
Christmas spirit.

## TRAVEL, ON THE ROAD AGAIN!

#### FRENCH LICK GETAWAY

September 5-7, 2023 waiting list only

#### ALBUQUERQUE BALLOON FIESTA

October, 6-11, 2023 waiting list only

COLONIAL CHRISTMAS November 30-December 5 Starting at \$1699/double occupancy Revel in holiday traditions and festivities on the 5night/6-day tour of historical destinations in Pennsylvania and Virginia. Visit some of the region's most popular locales decked out in their holiday best - lights, garlands, ornaments, wreaths and so much more! Deadline to sign-up is September 29!



#### PANAMA CANAL WITH COSTA RICA & CARIBBEAN

January 18-29, 2024 starting at \$2999/double occ. Trip presentation Monday, September 11 at 11:00 am. Sailing into the engineering masterpiece that is the Panama Canal is a bucket-list event on it's own, but along the way you'll also visit other exciting tropical destinations steeped in culture, history and natural beauty. Deadline to sign up is October 1, 2023!



#### **VIRGINIA WINE COUNTRY**

April 24-27, 2024 starting at \$1499 double occupancy Trip presentation Monday, September 11 at 11:30ish am. Virginia Wine Country is scenic, peaceful and one of the favorite destination in the state. On this tour you will be able to try more than just wine as you explore a manor house, sip at a cidery and brewery and try farm fresh local foods. Deadline to sign up is March 1, 2024!



## WILD WONDERS OF SOUTHERN AFRICA with POST-TOUR VICTORIA FALLS

August 26-September 7 with post-tour 9/6-9/9
Starting at \$5699/person double occupancy
Trip presentation Monday, September 11 at 12:00ish.
Southern Africa is a vast, beautiful and diverse region presenting a dazzling array of opportunities for that exceptional African experience of a lifetime. This tour takes you to the wild heart of South Africa and it's most beautiful city. Then we're off to Kruger National Park to see Africa's big 5 up close (but from a safe distance). We'll end in Johannesburg with wild memories. If you want to extend your adventure, stay for a 2-night post-tour to the awe inspiring Victoria Falls. Deadline is May 24, 2024.



**SOUTHERN HOLIDAY, 2024** coming soon! It seems like a long way off, but stay tuned for details on the 2024 Holiday trip!

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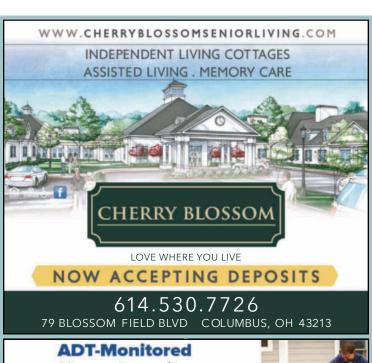
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