Volume 44 • Issue 11 November 2024

Davison News & Views

Remember~ The Center is Closed on the Following Days! Monday, November 4th & 11th, Tuesday , November 5th, Thursday, November 28th & Friday, November 29th ! Mark your calendars!

Davison-Richfield Area Senior Citizens Activity Center 10135 Lapeer Rd. Davison 810.658.1566 The Mission of the Davison-Richfield Area Senior Citizens Activity Center is to provide, with the help of its staff and volunteers, information and a range of services, activities and volunteer opportunities which promote personal growth, health, friendship and independence for those 50 years and older in Genesee County.

********* **Note:** Remember all activities are subject **** to change and rescheduling. Those registered for activities that are cancelled or rescheduled will be notified. Follow us on Facebook for the most up to date information! ********** WE HAVE FREE WIFI... **NO PASSWORD NEEDED! NETGEAR GUEST Office Hours** Monday—Friday 8:00 a.m.—4:00 p.m. Memorial Donations Flowers, although pretty for a short time, are gone far too soon. A memorial donation instead of flowers is a way to remember a friend or a family member who has been a part of the Senior Center. This will benefit the Center for a long time. We would like to thank the businesses that are helping support our Newsletter by advertising in our booklet please call on these businesses when looking for products and services and mention to them that you saw their advertisement & please thank them for their support! **NOTE:** Please scan in EVERY time you enter the senior center for what you are here for only! If you do not have a scan card please ask the front desk for one or fill out an application and leave it in the front window. - 20 - 20 - <u>0</u> 0 - 00 - 00







Kathy Davis, Executive Director Joie Hitchcock, Assistant Director Jeniel Payne, Office Clerk

Authority Board Members

Dona Jenks, Davison Twp. Rep., Chairperson Stacey Kalisz, City of Davison Rep., Vice Chairperson Barb Arsenault, City of Davison Rep., Secretary Jim Slezak, Davison Twp. Rep., Treasurer TBA. Davison Twp. Rep.

SCHEDULED MEETING DATES: 11/20/24-12/18/24 @ 4:30 pm Room #5 at Davison Senior Center

Supplies Wish List

Our Center uses many supplies on a daily basis. At this time we welcome donations of Gas Cards, Copy Paper, Individual Wrap Candy,

Postage Stamps!

Non-Discrimination Policy-Davison-21115 Richfield Area Senior Citizens Activity Center has a policy of non-discrimination in all programs, services & employment. No one shall be excluded based on race, color, national origin, sex, sexual orientation, religion, age, marital status, veteran and military status or disability unless required by the eligibility guidelines for services. Inclusiveness is a core value that drives the organization's mission of service & advocacy on behalf of older adults & individuals with disabilities.



RENTALS

The Davison-Richfield Area Senior Citizens Activity Center No Smoking—No Alcohol Allowed

Large Room = 100 Seating Small Room = 20 Seating For more information call 810.658.1566



Davison-Richfield Area Senior Citizens Activity Center Funding Sources Include... Genesee County & The Genesee County Board of Commissioners, City of Davison, Davison Township, Contributions, Memorial Donations & Fundraisers. We appreciate all who have made a difference. This newsletter is fully or partially funded by The Genesee County Senior Millage Funds. Your tax dollars at work!



Coffee, Donuts & Discussion!

Come socialize at the Davison Senior Center We will have coffee made & donuts to be served...

Come bring a friend & strike up conversations.

or welcome new friends...



It is a social hour in our **Room #7 at 10:00 a.m**. Perfect Peace Memorial will be here with goodies & donuts! Have your questions ready...

Friday, November 1st, 2024—RSVP 810-658-1566



Generation Band Dance @ The Davison Area Senior Center November 6, 13, 20 & 27, 2024

6:00—8:00 p.m. \$5.00 cover charge at the door! Classic Country, Classic Rock & more...



Big Brothers—Big Sisters

of Flint & Genesee County

Presentation here at the Davison Senior Center 10135 Lapeer Rd., Davison, MI Wednesday, November 6th @ 11 am In our Lobby answering any questions you may have. Be a mentor...research shows mentoring works when YOUTH develop healthy relationships with caring, supportive adults, they are positioned to do well in school and life, realizing their full potential. Come see what the program is all about and ask guestions if you are interested. RSVP 810.658.1566

> Craft Day with Sherry Picket -FALL CRAFT All supplies included—Limited to 10 people! If you have a hair dryer bring it to dry the paint it's faster!

Wednesday, November 6, 2024 at 10:00-11:30 a.m.

@ The Davison Senior Center—10135 Lapeer Rd. Costs: \$10 pp-must pre-pay to hold your spot!



Beaded Garden Stake Class Thursday, November 7th @ 1:30 pm Cost: \$11 per person



Come and make a beaded garden stake with Bonnie Weber. Pre-pay to save your spot!

Stone Country Dance

Sunday, November 10, 2024 @ 2:00-4:00 p.m.

\$5.00 per person at the door! Includes Dancing & Fun! Come on out for an afternoon of good company, good music & a fun time!

BUNCO—Jan's Group 2nd Tuesday of every month November 12, 2024—At 5:30—8:30 p.m.



A PAR

@ Davison Are Senior Center

10135 Lapeer Rd., Davison Bring your own dice, dinner & drink! \$3.00 per person-No Age Limit (\$1.00 goes for rental of room) We are a fun group of girls-Come check us out! Any questions please call Jan 810.653.4346

Book Club



2nd Thursday of every month November 14, 2024 @ 11:00 a.m. Here at the Davison-Richfield Area Senior

Learn how to paint these! **Watercolor Painting Christmas Cards**



@ The Davison Area Senior Center Thursday, November 14, 2024 1-4 pm - Costs: \$5 per card

Must register & pre-pay! - Limited to 10 people Come learn how to paint in a group setting in this instructional class. Everything will be provided to paint with water colors 3 beautiful designs to choose from. You can paint one, two or do all three. These will be on watercolor paper and be able to use as Homemade Christmas Cards to send to your friends and family!



FREE Tickets for the Flint Firebirds Hockey game against Sault Ste. Marie Greyhounds

Saturday, November 9, 2024 @ 7p.m. at Dort Financial Center Honoring all veterans!



Pick-up tickets here at the Davison Senior Center First come first serve—20 tickets available



We would like to thank Kroger's of Davison for donating the mum plants in the front of the building to make our building look more fall

festive!



2024



Exercise Class with Abbie Mars The exercise class will help you keep joint flexible & muscles strong, sleep better, increase energy & improve your overall

outlook! It's FREE Monday, 9:15-10:00 a.m. & Wednesday, 10:00-10:45 a.m. No Class 11/4 & 11/11



Chair Beachball Volleyball – FREE Thursday, 8:30 a.m.—10:00 a.m.

Clogging Monday, 1:00-3:00 p.m. \$1.00 Each Time



Drums Alive Thursday, 10:00—11:00 a.m. \$6.00 Each Time





Line Dance with Katie VanPatten Tuesday, 9:00—10:00 a.m. Absolute Beginners \$5.00 per person each time Tuesday, 10:00—11:30 a.m. Regular \$4.00 per person each time

Pickleball



Thursday, 1:00—4:00 p.m. Beginners Only! Thursday, 4:00-8:30 p.m. Regular Play- \$1.00 pp



Shuffleboard-FREE Tuesday, 1:00—3:30 p.m.

Table Tennis-FREE

Monday, 11:00 a.m.—12:50 p.m. Wednesday, 12:30—3:30 p.m.





Tai Chi with Josef-FREE Friday, 1:30—3:00 p.m.

Zumba Gold





Puzzles—Senior Center will take donations of puzzles and puzzles are here to take home to do. Thank You!



Bridge Duplicate Tuesday, 12:00—3:30 p.m.—Room 7

Davison Decorative Art Guild Tuesday & Thursday, 9:30—11:30 a.m.—Room 5



Euchre

Monday, 12:30—3:30 p.m.—Room 7 Friday, 5:00—8:00 p.m.—Large Room—\$3.00 pp

Hand & Foot Hand, Knee & Foot Wednesday, 12:00 p.m.-Set-up 12:30—Play Starts—Room 7

Mah Jong

Monday, 1:00—4:00 p.m.—American—Room 5 Wednesday, 1:00—4:00 p.m.—Chinese—Room 5 Friday, 1:00—5:00 p.m.—Both Groups—Room 5

Mexican Train Dominoes Monday, 10:00 a.m.—12:00 p.m.—Room 7



Double Deck Pinochle Friday, 12:30 p.m.—3:30 p.m.—Room 7

Poker



>>> Pool Table Play

Room available when not scheduled! Scheduled Play—Monday & Thursday, 9:00 a.m.

Quiddler's Card Game Tuesday, 1:00—3:30 p.m.—Room 5



📑 🔜 Samba Card Game Thursdays, 12:30—3:30 p.m.—Room 7

Sit & Stitch Monday, 10:00 a.m.—12:00 p.m.—Room 6



Wood Carving Monday & Friday, 9:00—11:30 a.m.—Room 5



November GO Menu Subject to Change Based or	Product Availability and Quality Standa		ember to call in the day befor our lunches if you <u>will not</u> be	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Image: Second state	Under 60 yrs. old 8	older Genesee Residen Non-Genesee Residen eadline to order is Fri	t = \$6.00 per person	Honey Glazed Chicken Fillets Parsley Potatoes-4oz. California Veggie Blend-4oz. Fruit Cocktail-4oz. WG Sweet Roll-1 ea. Margarine-1 ea. Milk-8oz.
4 CLOSED	5 CLOSED	6 Salisbury Steak w/Gravy-1 ea. Mashed Potatoes-4oz. Mixed Veggies-4oz. Fruit Cocktail-4oz. Biscuit-1 ea. Margarine-1 ea. Milk-8oz.	7 Cheese Ravioli w/Sauce-1 ea. Roasted Potatoes-4oz. Italian Veggie Blend-4oz. Fresh Pear-1 ea. Potato Roll-1 ea. Margarine-1ea. 100% Fruit Juice	New Orleans Chicken StirFry-4oz Over Lo Mein Noodles-2oz Veggie Blend-4oz. Steamed Broccoli-4oz. Apricots-4oz. Hawaiian Roll-1 ea. Fortune Cookie-1 ea. Milk-8oz.
CLOSED	12 Pub Burger w/Cheese-1 ea. Lettuce/Tomato/Onion Potato Wedges-4oz. Fruit Cocktail-4oz. WG Bun-1 ea. Ketchup/Mustard 100% Fruit Juice-4oz.	13 Chef Garey's Choice	14 Chicken Fajitas-3oz. Black Beans-4oz. Chuck Wagon Veggies-4oz. Pineapple Cup-1 ea. Birthday Cake-1 ea. Flour Tortilla Shells-2 ea. 100% Fruit Juice-4oz.	1 Glazed Citrus Salmon-3oz Rice Pilaf-4oz. Mixed Fruit Cup-1 ea. WG Roll-1 ea. Margarine-1 ea. Milk-8oz.
18 Swedish Meatballs-6 ea. Brown Rice-4oz. Green Beans-4oz. Mandarin Oranges-4oz. Crunchy Breadsticks-1 ea. Milk-8oz.	19 BBQ Pork Loin-1 ea. Sweet Corn-4oz. Cole Slaw-4oz. Mango & Papaya-4oz. Wheat Roll-1 ea. Margarine-1 ea. Margarine-1 ea. 100% Fruit Juice	20 Crispy Chicken Salad-3oz. w/Apples & Cranberries Cole Slaw-4oz. Diced Pears-4oz. Potato Roll-1 ea. Milk-8oz.	21 Mostaccioli w/Meat Sauce-8oz. Corn on the Cob-1 ea. French Green Beans-4oz. Fresh Pear-1 ea. Baked Breadstick-1 ea. 100% Fruit Juice-4oz.	2 Philly Chicken w/Cheese-3oz. Potato Wedges-4oz. Veggie Blend-4oz. Sub Bun-1 ea. Margarine-1 ea. 100% Fruit Juice-4oz.
25 Chili w/Ground Beef-8oz. Veggie Blend-4oz. Strawberry Applesauce-1 ea. Corn Bake-4oz. Milk-8oz.	Thanksgiving Luncheon 26 Turkey Breast W/Gravy-3oz. Mashed Potatoes-4oz. HM Mac & Cheese-4oz. Garey's Famous Green Beans-4oz Wheat Roll w/Margarine-1 ea. HM Holiday Cookie-1 ea. 100% Fruit Juice	27 Cobb Salad-4oz. w/Turkey, Cheese, Egg, Bacon Pasta Salad-4oz. Mandarin Oranges-4oz. Fruit Muffin-1 ea. Salad Dressing Pkt1 ea. Milk-8oz.	28 CLOSED	2 CLOSED
Drop box at the Davison Senior Ce Lobby!	enter Please hel "Let No	NEWSBOYS One Hats glo Glo p us with our mission of Child Be Forgotten Toy Social Christmastime! **all	^S Costs ^{Ves} Coloring books ^S Crayons	Old Newsboys of Fline Sing 1924





Let's Walk—Indoor Walking Monday—Friday @ 8am to 10am FREE In the Large Activity Room

We would like to thank Americana Senior Living, AdvisaCare Home Health & Hospice & Cottage Inn Pizza for donating prizes, pizza & fun for





our Halloween Party we had on Thursday, October 31st here at the senior center. We

appreciate them helping us out!



Donations to the Center, is greatly appreciated! We are needing Gas Cards, Lysol Wipes, Postage Stamps, Regular Coffee & Individual Wrapped Candy!

Please remember to update your contact information if anything has changed in this last year...We need to have updated information in our My Senior Center System in case of emergencies!



It won't be long and tax season will be here again! Please remember we <u>do not</u> start taking appointments until 2nd week of January

and after. We do not get the information from AARP until after then.



Yarn Donations Accepted here at the Senior Center! We also have an abundance of have a project you are in need

yarn so if you have a project you are in need of yarn please come and look & take from the center's supply! - FREE

Genesee County Senior Millage Telephone Intake and Screening Program

The Telephone Intake and Screening Program is funded by the Genesee County Senior Millage and is open to individuals age 60 and older that live in Genesee County. The Valley Area Agency on Aging Telephone Intake and Screening Program will provide screening for all seniors in an effort to mainstream and utilize all programs and services available to seniors in Genesee County. Hours of operation: Monday-Friday 8 am–5 pm

Telephone Number: 1-810-249-6531

Answers, Action, & Advocacy For All Things Senior "These programs and/or services are fully or partially funded by the Genesee County Senior Millage. Your tax dollars at work."

KISS—Keeping Independent Seniors Safe A program for seniors 62 and older. The KISS program is a telephonic reassurance system that keeps seniors and their loved ones worry-free. Participants in the KISS program can call the KISS office or receive a telephone call every Monday through Friday between the hours of 8:00 a.m. and 12:00 p.m. to make sure that the participant is alright. Special arrangements can be made for participants that need weekend coverage. For more information on

the KISS program please call 810.239.7671 The KISS program is sponsored by the VAAA The KISS program is funded in part by grants from United Way

988 Suicide & Crisis Lifeline

"988" is the three-digit, nationwide phone number to connect directly to the 988 Suicide and Crisis Lifeline. The 988 Suicide & Crisis Lifeline is for those who are experiencing suicidal or mental health crises. You can call, chat or text "988" 24/7 if you or a loved one are in a suicidal or mental health-related crisis.

Your Connection to Consumers Protection

Contact the consumer protection team, through the State of Michigan Attorney Generals Office, to file a complaint or ask questions. Reach their office online at <u>mi.gov/agcomplaints</u> or by phone at **877.765.8388**.

Do Not Call Registry 888.382.1222

Veteran's / Thanksgiving Luncheon @ The Davison Area Senior Center 10135 Lapeer Rd., Davison 810-658-1566 Friday, November 8th—Lunched Served at 1:00 pm MUST RSVP Limited Seating! Tickets—\$8 per person ~Veterans—FREE Catered by Jay E. Jacobs Catering LLC Entertainment by The Saints & Sinners Revisited A Variety of Good Music



Genesee County Department of Veterans Services— Veterans 50 yrs. & older November 22, 2024

@ 10am to 3:30pm

@ Davison Area Senior Center 10135 Lapeer Rd., Davison, MI

1/2 hr. appointments

Call to make your appointment 810.658.1566 **Benefit Services Include:**

Disability Compensation



- Pension Benefits *
- Federal Burial Benefits *
- VA Home Loans
- Additional Services Provided at their office-* @1101 Beach St., Flint, MI 48502 810-257-3068
- County burial benefits, Emergent Need Grant applications, \Rightarrow PTSD Counseling, Legal Services, Transportation

Documents Needed:

- DD214 (Separation paper)
- Marriage Certificate *
- Copy of Driver's License *

We want to make sure veterans 50 years and older are receiving all of the benefits you should be receiving because of your service to our

1st & 3rd Tuesday of the month 9:00 am to 3:00 pm at the Davison Area Senior

The Michigan Medicare/Medicaid Assistance Program is a service that can help you make health insurance decisions. MMAP's mission is to educate, counsel and empower Medicare beneficiaries and those who serve them

so that they can make informed health decisions. Our counselor will help with all MDHHS issues, problems, etc. call for an appointment 810.658.1566 or MMAP. Inc. at

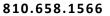


Incontinence Supplies 10 a.m. to 2 p.m. Only!

The Center has donated incontinence supplies, which are given out FREE of charge. Sizes and quantities are limited. Call the center for availability at 810-658-1566. The center accepts supplies also as long as they are not opened. Thank You, Staff

Loan Closet - 10 a.m. to 2 p.m. Only!

We have donated equipment available for you to borrow-Bath seats, canes, crutches, toilet seat raisers, walkers & wheelchairs. We ask for a \$25 CASH deposit & a waiver to be signed. You will receive your \$25 back upon returning the items!



Massage Therapist Emily Maurer, CMT

1 hr. massages on Wednesdays & Thursdays

Must call and make an appointment with the front office at 810.658.1566 Cost per hour: 60 yrs. & older = \$30Under 60 yrs. old = \$35



Senior Centers Library

Our library here at the senior center Hours-8:00 a.m.-3:00 p.m.



We take donations of books to our library but they must be clean! and must have a copyright date of 2013 and newer! Any donations must get the okay from the front office first!

> Our Library is <u>CLOSED</u> on Fridays between 1:30 to 4:00 pm & Friday, November 15th our Library is CLOSED all day!



TAKE THE PATH TO BETTER HEALTH

You are invited to participate in a free 5-week workshop

Learn to manage your ongoing health condition, so you can improve you

health and feel better Get on the Diabetes PATH

Michigan's version of the award-winning Stanford Chronic Disease Self-management Program

Diabetes PATH (Personal Action Towards Health) is designed to help people living with Type 2 Diabetes and their support system live a healthier life. In this workshop, YOU can: Manage everyday activities by making an action plan

- Avoid Complications
- · Learn to balance your blood sugar
- Improve you communication skills with your family and you health care provider
- Understand the importance of monitoring your blood suga
- Manage symptoms and decrease stress
- Improve your overall health and increase your energy!

UPCOMING DIABETES PATH WORKSHOPS

Davison Area Senior Center 10135 Lapeer Rd Davison, Mi 48423

February 27 – March 27, 2025

1:00pm - 3:30pm

Workshops are FREE, led by qualified leaders, and a snack is provided at each session. Paid for funds by the Valley Area Agency on Aging and Aging and Adult Services Agence For more information, call Abbie Mars, Health & Wellness Program Manager, VAAA at (810) 600-603.

RSVP 810-658-1566 So we have a count! Wers, Action & Adv

We are looking to supply our library here at the Davison Senior Center with recent magazines. ONLY Current magazines! So if you get a magazine and you are done with it bring it in to the center and we will put it in our library so other people can read it and enjoy it also.

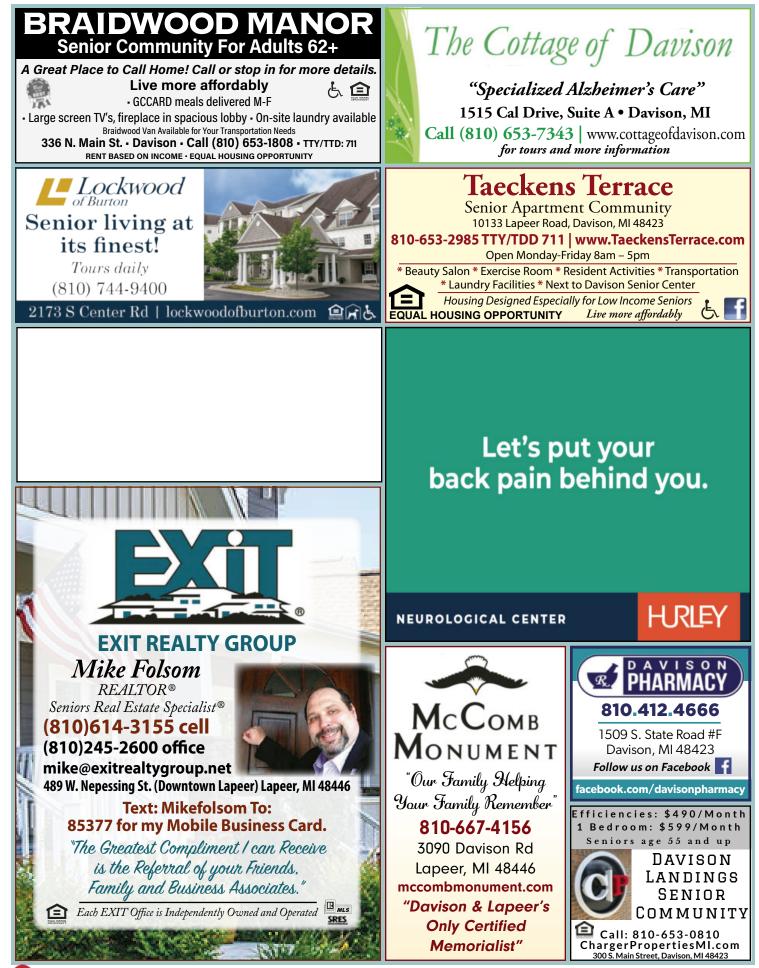


Valley Area Agency On Aging

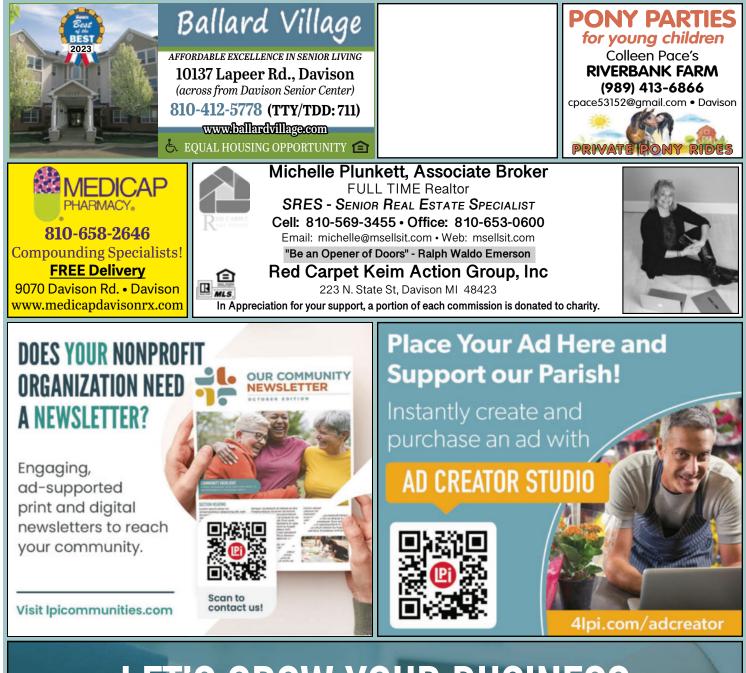
8.1566 8044	SAI.	2	ED	16 Firebirds Hockey Game 7:00pm Honoring all Veteran's
PHONE 810.658.1566 FAX 810.658.8044	FRIDAY	1 8:00 Walking 9:00 Wood Carving Group 10:00 Coffee, Donuts & Discussion 12:00 Lunch 12:00 Mah Jong 1:30 Library Closed 1:30 Lubrary Closed 1:30 Euchre 5:00 Euchre	8:00 Walking 9:00 Wood Carving Group 9:00 Wood Carving Group 10:00 Vood Carving Group 10:00 Veteran's Luncheon 1:00 Veteran's Luncheon 1:30 Tai Chi Room G 1:30 Euchre 5:00 Euchre	15 Library CLOSED All Day! 9-11am Commodities Curbside Pickup 9:00 Wood Carving Group 12:00 Wood Carving Group 12:30 Double Pinochle 12:30 Double Pinochle 12:30 Double Pinochle 12:30 Lunch 12:30 Lunch 12:30 Lunch 12:30 Lunch
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MBER	WEDNESDAY		6 8:00 Walking 10:00 Vable's Exercise Class 10:00 Craft Day Class 10:00 Big Brothers Big Sisters 12:00 Massage Appts. 12:00 Mand & Foot 12:00 Mand & Foot 12:00 Mand S root 12:00 Mand S root 12:00 Mand S root 12:00 Poker 13:00 Poker 13:00 Generation Band Dance	13 8:00 Walking 10:00 Abbie's Exercise Class 12:00 Lunch 12:00 Hand & Foot 12:00 Hand, Knee & Foot 12:00 Hand, Knee & Foot 12:00 Hand, Lennis 12:00 Pable Tennis 12:00 Poker 6:00 Generation Band Dance
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HOURS -FRIDAY 4:00 PM	MONDAY		4 CLOSED Voting Set-up!	CLOSED Rappy
OFFICE F MONDAY- 8:00 AM ~.	SONDAY	-Richfield Area Senior Citiz	eus Activith Center • News & Activith Center • News & Activith Center • News % Activithe Center • News % % Activithe Center • News % % % % % % % % % % % % % % % % %	Igunutry Country 2-4 p.m. 2054 jiews 5054



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	23		
	22 9:00 Wood Carving Group 10:00 Veteran's Services 12:00 Lunch 12:30 Double Pinochle 1:30 Tai Chi 1:30 Tai Chi 5:00 Euchre	CICISED 23	
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9

We all have different

with one another. At the Davison-Richfield Area Senior Citizens Activity Center everyone is expected to treat each other with respect. Keep hurtful opinions to yourself. When confronted with inappropriate behavior please bring it to the attention of the staff to be dealt with. We have a beautiful facility and wonderful

personalities and behaviors. It is what makes us who we are! In a large group of people sometimes our unique qualities will clash

GCCARD Daily Lunch 12:00 Noon each weekday

Must call the center 810.658.1566 one day in advance by 12 pm to sign-up for lunch,



reservations for Mondays must be made by 12 pm on the prior Friday. A requested donation of \$3.00 for anyone 60 yrs. and over that lives in Genesee County & <u>\$6.00 for anyone under 60 yrs. and lives outside of Genesee</u> <u>County!</u>

Commodity Supplemental Food-Curbside pick-up! Friday, November 15, 2024 9:00—11:00 a.m. ONLY

This senior food program follows the federal income guideline of a Family of 1 = \$1,632 & a Family of

2 = \$2,215. <u>Available to people 60 years or older!</u> You must fill out an application & prove your income & get the approval before receiving it.

TeFAP Commodity Program—Curbside pick-up! Given out quarterly—4 Times a year March, June, September & December

This is an additional food program with income eligibility guidelines for 60 years of age & older with a household size of 1 = \$2,510 a month & a household size of 2 = \$3,407 a month.

Home Delivered Meals (Meals on Wheels)

Home Delivered Meals are available to any Genesee County resident 60 years of age or older who is incapacitated due to illness, surgery, physical handicap or advancing age, AND is unable to prepare their own meals, AND is without support of family, friends or neighbors for meal preparation. Meals are available up to seven (7) days per week. **Call 810.235.3567 to schedule it.**



The 1st Thursday of every month Davison Bakery donates birthday cake to celebrate



331 N. Main St..

Davison

the people with birthdays for the month! People that reserve lunches on the 1st Thursday of the month will get a piece of **FREE** birthday cake from the Davison Bakery!





Pennies for Projects-We are collecting pennies at the Senior Center! Everyone has pennies laying around, we are asking for you to donate

them to the Senior Center. The donation jar is on the front office counter, just drop them in! We will use the money for new items we need around the center. **Pennies, Nickels, Dimes, Quarters & Bills...Also accepted!** Thanks! To all

the people that have donated so far we appreciate it.

Genesee Star Quilters

Meet on the third Friday of the month **Friday**, **November 15th**, **2024**



(2) Davison Area Senior Center

The guild is open to adults in Genesee County and beyond. They meet for fun, friendship, to share techniques & to make our community a softer, warmer place. We offer exciting programs and classes. You can attend twice as a guest for **FREE** then you need to become a member and pay! Monthly guild meetings consist of:

Get together and setup @ 9 a.m. ~ Business Meeting @ 10 a.m. & ~ Program after lunch break.

For more information contact: webmaster@genstarquilters.org

ELDER ABUSE - Office of Sheriff—If you suspect elder abuse or exploitation, please call ELDER ABUSE HOTLINE 810-257-3422—Senior Safety Tips: Never give out personal information over the phone, including birth date, social security number and account numbers. Do not throw paperwork containing sensitive information in the trash, shred it. Never let strangers in the house to use the phone.

A Legal Services of Eastern Michigan

Zach Pelech from Legal Service of Eastern Michigan November 25th, 2024 @ 9:00 -10:30 am to help with your

Iegal problems! Services Include: Consumer Issues, Housing Complaints, Family Law, Domestic Violence, Employment Issues, Public Benefits, Wills, Durable Power-of -Attorney for Finances, Durable Power-of-Attorney for Healthcare, Medicaid Planning, Social Security, Income Tax Issues, Nursing Home Issues. Do Not Offer:

Trusts, Criminal Matters, Personal Injury, Financial or Business Advice. Must call and make appointments @ 810.658.1566



Important

Reminder— Open Enrollment goes thru December 7th—Call for your appointment 810-658-1566 with Allyson!



Save the "Our Family UPC barcodes" from VG's and help the senior center earn money! Through the Direct Your Labels program we can raise money

simply by doing something we all do each week-going to the grocery store. Every time you shop at any local store carrying Our Family brand products, clip and save your UPC barcodes. Every time we collect 500 UPC barcodes, we can turn them into a \$25 check for the senior center. With your support and more than 2,000 Our Family brand products available to purchase, there is no limit to the amount of labels we can collect. Drop off your labels in the box in the lobby labeled Direct you labels! Thank you for your support to the senior center.

Senior Astronomers w/Bob Kren—Come join Bob as he meets with seniors across the county to discuss their shared passion for astronomy.



Meetings take place the third Wednesday of each month @ 10am. Schedule as follows—

Flushing Area Senior Center November 20th Clio Senior Center December 18th Swartz Creek Area Senior Center January 15th Grand Blanc Senior Center February 19th **Davison Senior Center** March 19th Members will also schedule dates for evening Observations!

Christmas Party / Cookie Exchange Bingo & Prizes! Sponsor By Genesee Gardens Thursday. December 12th **@ Davison Senior Center** 11:00am to 12:30pm Bring a dozen homemade cookies & take home a dozen of variety cookies! **RSVP 810-658-1566**



Need a new watch battery? No Water Resistant Watches!



1st Monday of the Month that the Center is opened! Monday, December 2, 2024 @ 10:00-11:00 a.m.



Bring your watch to the center and get a new battery, \$3 per battery. Bonnie Weber will change the battery for you. Also, if you miss the day you can bring your watch in a Ziploc bag with a slip with your name & telephone number on it plus your \$3 and Bonnie will pick them up do them and call you when they are finished.



SNOW & ICE WEATHER WILL BE HERE SOON...Remember if the **Davison Schools are CLOSED due to** the weather...The Davison Senior **Center will be CLOSED also!**

Before adventuring out, check your local TV Channels 12 & 25 it will be posted on there! **DO NOT Call** the center because



the telephones will not be answered!



McLaren Health Care here at the Davison Senior Center Navigating Healthcare Presentation Monday, November 18, 2024 1:00-2:30 pm

What does it mean "Navigating Healthcare"? It is the ability to navigate the Healthcare system when "Life Happens". From a Hospital stay to Rehabilitation and back home. Which health care services are available to you? Most importantly, you should prepare yourself

prior to the "event" that forces you into this system. Knowledge is power!



RSVP 810-658-1566 Limited Seating



To all the people that purchased items in our Poinsettia Fundraiser we would like to say thank you for supporting our senior center! It all helps and we are very appreciative!

TTIDS



Transportation—Monday thru Friday

We have a vehicle available to bring you to and from (healthy) medical visits, pharmacy, and grocery shopping in the Davison Area Only. We have volunteer drivers so we have to check with them before we can confirm rides! You must call the day before to schedule a ride

by 12:00 p.m.

Cost: \$4.00 each way The vehicle is **NOT** handicap accessible Requirements for the transportation services ~



Must be 60 years of age or older, must be able to get into vehicle independently, must complete a senior center participation form!



Alzheimer's Support Group—FREE

November 14th, 2024 @ 10:00 a.m.-12:00 p.m. The Alzheimer's Support Group is open to anyone caring for a family member or a friend with Alzheimer's Disease or some form of dementia.

For more information call Bonnie Guith @ 810.869.4722 or Kathy Davis @ 810.658.1566



Grief Support—FREE

Tuesdays, 4:30-6:30 p.m.—Room 6 If interested call 810.496.8625 and leave a message.

Parkinson's Disease Support Group—FREE

November 12th, 2024 @ 10:30 a.m.—12:00 p.m.

We understand the need to share common experiences and to gain the support of others in similar health situations. If you or a loved one are facing the challenges of Parkinson's, make plans now to join us for one of our helpful support group meetings to gain valuable insight and learn more about the disease. If interested in coming call 810.658.1566 to get on the list.

Other groups meet in Genesee County at the following locations.

<u>Genesee County</u>—Flint Daytime -Central Church of the Nazarene, 1261 W. Bristol Rd, Flint, MI 48507 (Use Southeast Maintenance Door) 2nd Thursday, 2 pm—David Mack 810-610-5055 davidmack@usa.com & Judy M....ack 810-610-9373 judy575vanderpool@yahoo.com

Flint Evening- McLaren Neurologic Rehab Institute, G-3239 Beecher Rd. Flint, MI 48532-2nd Thursday, 6 pm Kristin Daniels 810-342-5352

The Davison-Richfield Area Senior Citizens Activity Center acts only as an agent for the independent suppliers that provide hotel accommodations, transportation, sightseeing activities, or other services connected with these tours. All such services are subject to the terms and conditions of those suppliers. Davison-Richfield Area Senior Citizens Activity Center, its employees, agents, directors and representatives are not responsible for any injury, damages, expenses, or losses of any kind sustained by any person as a result of participation in these tours.

Cancellation Policy

Cancellation of any trip if subject to a refundwill have a \$5.00 cancellation fee from the Davison-Richfield Area Senior Citizens Activity Center, Cancellation on the day of the trips or NO SHOWS! No Refunds...No Exceptions! Trip flyers may be picked up at the Davison-Richfield Area Senior Citizens Activity Center.

Overnight prices are based on double occupancy. Trip reservations are not guaranteed until payment is received. To avoid waiting lists or finding out that a trip has been cancelled, sigh up early! Travel programs have registration deadlines! At deadline time, the trip will be cancelled if we do not have enough committed travelers or you may have to drive to a different pick-up spot!

Please arrive 15-20 minutes before departure time

for all trips and PLEASE park your vehicles in our trip parking lot, the bus will pick you up over there!

Note: All person traveling to Canada must have a passport or an enhanced driver's license. All casino packages are subject to change without notice. Proper identification & Social Security Card are required to collect prizes over the amount of \$1,199.

2024-2025 TRIPS

San Antonio Holiday with Premier World Discovery December 5-9, 2024—\$2,599 per person/dbl

Tour Highlights: San Antonio City Tour, Alamo, Riverwalk Cruise, IMAX Theatre & San Jose Mission, LBJ Ranch & Hill Country, Tower of the Americas, Austin



City Tour, Texas State Capitol, LBJ Library & Museum at UT, Fredericksburg, Nat'l. Museum of the Pacific War, Fiesta de las Luminarias, 4 Nights at One Hotel. Inclusions: Roundtrip Airfare—DTW, Roundtrip Transfers—DTW, 6 Meals: 4 Breakfasts & 2 Dinners. Professional Tour Director. Hotel Transfers, Motorcoach Transportation, Admissions per Itinerary, Sightseeing per Itinerary, Baggage Handling at Hotel. Accommodations: 4 Nights-Holiday Inn Riverwalk, Drury Inn Riverwalk, Westin Riverwalk or Sheraton Gunther, San Antonio. Tour Activity Level: 3

Puerto Vallarta All-Inclusive Getaway featuring Paradise Village Neuvo Vallarta with Premier World Discovery February 16-23, 2025—\$3,199 per person/dbl **Tour Highlights:** Resort Amenities will include a welcome drink, 4 restaurants with Internation cuisine, Theme Dinners

Tríps

Continued—nightly including: Mexican Fiesta, Shrimp Fest, Western Night, Tropical Night, Neptune Night, Italian Night &

BBQ Night, Lobby bar with TV via satellite, 2 beach snack bars, wait service at pool & beach area, high speed internet access, Paradise village Palenque Spa & Spa



Hacienda del Paraiso: body & beauty treatments, massages (additional charge), Hospitality room for late departures, shopping Plaza with variety of shops. Inclusions-Roundtrip Airfare—DTW, Roundtrip Transfers—DTW, 6 Nights-Paradise Village Nuevo Vallarta in a Superior Jr. Suite, All Meals & Drinks during resort stay, All taxes, security fees & fuel charges, Hotel Transfers, Baggage Handling.

Sunny San Diego & So Cal Highlights with Premier World Discovery February 20-26, 2025—\$3,549.00 per person/dbl

Tour Highlights: 5 Nights in San Diego at one hotel, Old Town San Diego, San Diego City Tour, USS Midway Museum, San Diego Harbor Cruise, Palm Springs City Tour, Temecula Valley Wine Tasting, San



Diego Zoo with Guided Bus Tour, Pacific Surfliner Train, Mission San Juan Capistrano, La Jolla, Coronado Island. Inclusions: Roundtrip Airfare—DTW, Roundtrip Transfers— DTW, 8 Meals: 5 Breakfasts & 3 Dinners, Professional Tour Director, Motorcoach Transportation, Admissions per Itinerary, Sightseeing per Itinerary, Baggage Handling at Hotels. Accommodations: 5 Nights-Embassy Suites San Diego Bay Downtown or Hilton Garden Inn San Diego Old Town, San Diego. Tour Activity Level: 3

Detroit Institute of Arts with a taste of Polonia! with Route 23 Wednesday, March 19, 2025-

\$95.00 per person Trip Includes: Round trip motor coach transportation to Detroit. Admission & Tour of the Detroit Institute of Art. & Lunch at





Polonia's. Departs: 8:30am Approx Return: 4:30pm.

Frederik Meijer Gardens & Sculpture Park—Butterflies Are Blooming! Featuring: Gerald R. Ford Museum with Route 23

Tuesday, April 22nd, 2025—\$89.00 per person



Trip Includes: Round trip motor MEIJERGARDENS coach transportation to Grand Rapids,

Michigan, Admission to Butterflies Are Blooming at Frederik Meijer Gardens & Sculpture Park, Free time for lunch at the Meijer Gardens Café and Gift Shop, Admission and



Self Guided Tour of the Gerald R. Ford Museum. Departs: 8:00am.

Great Trains & Grand Canyons with Premier World Discovery May 4 -10, 2025-\$3,549 per person/dbl

Highlights: Two Rail Journeys—Grand Canyon Railway. Verde Canyon Railroad, Grand

Canyon National Park, Oak Creek Canyon, Sedona Trolley Tour, Chapel of the Holy Cross,



Tlaquepaque & Uptown Sedona, Montezuma Castle, Jerome, Chuckwagon Supper & Show. Inclusions: Roundtrip Airfare—DTW, Roundtrip Transfers—DTW, 5 Nights Hotel Accommodations, 8 Meals- 5 Breakfasts & 3 Dinners, Professional Tour Director, Motorcoach Transportation, Sightseeing per Itinerary, Admissions per Itinerary, Hotel Transfers, Baggage Handling at Hotels. Accommodations: 5 Nights-Hilton Sedona Resort, Sedona Courtyard by Marriott, Poco Diablo Resort or Element Sedona. Tour Activity Level: 2

Holland Tulip Festival & Saugatuck with Route 23 May 8th, 2025—\$154.00 per person

Trip Includes: Round trip motor coach transportation to

Holland, Michigan, Admission and Free Time at Veldheer Tulip Gardens. Lunch



at Coral Gables Restaurant. Free time downtown Saugatuck, Ride on the



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Saugatuck Dune Rides. Departs: 7:15am Approx Return: 8:15pm.

Tríps

Great Canadian Cities with Shoreline Tours Gananoque & 1000 Islands—Montreal-Quebec City— Ottawa "Capital of Canada"

May 11-18, 2025—\$3,099.00 per person/dbl Note: A Passport, Pass Card, or Enhanced Drivers License is required for travel into Canada & re-entry to the U.S. Tour Includes: Modern Motorcoach Transportation, 1 Night



Gananoque, 2 Nights Montreal, 2 Nights Quebec City, 2 Nights Ottawa, 5 Breakfast—1 Lunch—3 Dinners, 1000 Island Cruise with Lunch, Montreal Sightseeing Tour, Norte-Dame Basilica, St. Joseph's Oratory, Mount Royal, Ste. Anne de Beaupre, Montmorency Falls, Sightseeing Tour of Quebec City, Rideau Canal Dinner Crise, Sightseeing Tour of Ottawa, Byward Market, Luggage Handling, Tax & Tip on Included Meals, All Gratuities for Step-on Guides. Deposit of \$500 per person at time of registration. Final Payment Due Date March 18, 2025. Cancellation Protection \$250 per person.

Taste of Michigan's Sunrise Side with Route 23 Thursday, June 19, 2025—\$119.00 per person

Trip Includes: Round trip motor coach transportation to Northeast Michigan, a stop for a breakfast on your own at The Rose City Café, Dinner at Iva's Famous Chicken Dinners (includes: Chicken Family Style Dinner with all the fixings, N/A Beverage Service, and Ice Cream for Dessert), Stop at Fairview Organic Maple Syrup, Stop at Amish Creamery, Wine Tasting at Rose Valley Winery (Includes: 6 Wine Tastings). Stop at Sherri's Candies. **Departs:** 7:45am **Approx Return:** 8:30pm

Mississippi River Cruise with Shoreline Tours July 14-17, 2025—\$1,399.00 per person/dbl

Tour Includes: Modern motor coach transportation, 1

Night—Moline, Illinois, 2 Nights— Dubuque, Iowa, 3 Breakfasts—1 Lunch—2 Dinners, Celebration Belle Mississippi River Cruise, All Day Cruise on Mighty Mississippi,



National Mississippi River Museum & Aquarium, Field of Dreams Movie Site, New Melleray Abbey Monastery, Luggage Handling, All tax & tips on included meals. Deposit of \$200 per person at time of registration with balance due 5/14/25. Cancellation Protection \$115 per person at registration.

Cape Cod & Martha's Vineyard with a Salem Witch Experience with Shoreline Tours September 12-19, 2025—\$2,799 per person/dbl

Tour Includes: Modern motor coach transportation, 2

Nights—Pennsylvania To/From, 2 Nights— Salem, MA area, 3 Nights—Cape Cod, Red Jacket Oceanfront Resort, 7 Breakfasts—4 Dinners, Bill's Bike Barn, Salem Historic



Trolley, Salem Witch Museum, House of 7 Gables, Peabody Essex Museum, Tour of Cape Cod—Hyannis, Provincetown Whale Watch Cruise, Roundtrip Ferry—Martha's Vineyard, Tour of Martha's Vineyard, New Bedford Whaling Museum, Houdini Museum & Magic Shoe, Tax & tip on included meals, Luggage Handling, Gratuities for all step on guides. Deposit of \$200 per person at time of registration with balance due 6/12/25. Cancellation Protection \$175 per person.

Iceland Explorer with Premier World Discovery September 17-24, 2025—\$5,125.00 per person/dbl

Tour Highlights: 5 Nights at One Hotel— Reykjavik, Reykjavik City Tour, Blue Lagoon, Golden Circle Tour, National Museum, Strokkur Geyser & Gullfoss/ Golden Falls, Hot Spring Bread Experience,



Thingvellir National Park, South Coast Tour, Skogar Folk Museum, Skogafoss Waterfall, Keflavik & Bessastadir, Viking Ship Museum, Lake Kleifarvatn. **Inclusions:** Roundtrip Airfare—DTW, Roundtrip Transfers—DTW, Int'l Air Departure Taxes/Fuel, 8 Meals: 5 Breakfasts, 1 Lunch & 2 Dinners, Professional Tour Director, Motorcoach Transportation, Admissions per Itinerary, Sightseeing per Itinerary, Baggage Handling at Hotels. **Accommodations:** 5 Nights—Grand Hotel Reykjavik, Iceland Air Hotel Marina or Foss Hotel, Reykjavik, Iceland. **Tour Activity Level:** 3

Shipshewana Amish Backroads Brown Bag Tour with Route 23

Thursday, September 18, 2025—\$145.00 per person

Tour Include: Round trip motor coach transportation to Shipshewana, Indiana, Step on Guided Tour of Shipshewana Amish Backroads by Karleen Richter, Brown Bag with Amish



goodies, Thresher's Amish Family Style Luncheon, shopping at an Amish Bulk Food Store, Stop at a Woodworking shop specializing in unique wooden baskets, Stop at an Amish Bakery, Stop at an Amish Leather Craftsman specializing in exotic leathers. **Departs:** 7:30am

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It's Time To <u>**Renew**</u>-If you want the newsletter mailed to your home it's time to pay! Use the form on the back of this newsletter & send it in to the senior center and get put back on the newsletter mailing list. Newsletter mailings go from January 2025 thru December 2025 for only \$20 for the year.



Memorial Bird Bath Given to us from Lorna Atkinson &

Robert Honeycutt in memory of **Shirley Velat**



If you have not been feeling well or have tested positive for COVID! Please be considerate and stay home until you are fully over it! LET'S NOT SPREAD GERMS...

Thanks Staff



NOVEMBER 11TH TO JANUARY 9TH, 2025

\$15.00 PER PERSON

EXTRA \$3 FEE FOR BOWLING EVENT INCLUDES: T-SHIRT, UNLIMITED EVENTS, OPENING CEREMONY WITH ENTERTAINMENT, AND CLOSING BANQUET LUNCH!

2025 EVENTS:

PIE EATING, DARTS, CORN HOLE, JIGSAW PUZZLE, SPADES, CHECKERS, SCRABBLE, YAHTZEE, HAND KNEE & FOOT, SHUFFLEBOARD, TABLE TENNIS, PING PONG, CRIBBAGE, PINOCHLE, SUDOKU, SENIOR GRAND PRIX, SOFTBALL TOSS, FREE THROW, EUCHRE, BAKING, PICKLEBALL, MINIATURE GOLF, LINE DANCING, DOMINOES (MEXICAN TRAIN), SPELLING BEE, ANTS & CRAFTS, POOL, FRISBEE TOSS, LADDER GOLF AND BOWLING. LOCATIONS ARE LISTED ON REGISTRATION FORM!



ALZHEIMER'S R ASSOCIATION



Pop Can/Bottle Drive

for the Alzheimer's Association October thru December we will be collecting pop cans/bottles here at the Davison Senior Center we will take them to the store to get the cash and donate the money to the Alzheimer's Association in the memory of Rosalie Doyle, the Directors mother. If you have cans and bottles at home and do not want to bother with returning them bring them to the senior center for us or you can donate money for the cause!



Michigan Secretary of State Mobile Office For Senior Citizens Only!

To process your secretary of state transactions! Here at the Davison Area Senior Center 10135 Lapeer Rd., Davison Thursday, December 19th, 2024 Room 6 | 10:00 a.m. to 2:00 p.m. Call for an appointment @ 810-658-1566

bo YOU HAVE CONCERNS about falling?



Many older adults experience concerns about falling and restrict their activities. A MATTER OF BALANCE is an award-winning program designed to manage falls and increase activity levels.

This program emphasizes

This program emphasizes practical strategies to manage falls.

- YOU WILL LEARN TO: . view falls as controllable
- set goals for increasing activity
- make changes to reduce fall risks at home
- exercise to increase strength
 and balance

WHO SHOULD ATTEND?

- anyone concerned about falls
 anyone interested in improving balance, flexibility and strength
- anyone who has fallen in the
- past
 anyone who has restricted
- activities because of falling concerns

Location: Davison Area Senior Center 1:00pm – 2:00pm

Monday, February 10, 2025 Monday, February 24, 2025 Monday, March 3, 2025 Monday, March 10, 2025 Monday, March 17, 2025 Monday, March 24, 2025 Monday, April 7, 2025 ** No class on February 17 – Presidents Day!!

Classes are conducted over eight sessions, meeting once a week, one hour per session.

To sign up for the class please contact Davison Senior Center.



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A Matter of Balance: Managing Concerns About Fails Volunteer Lay Leader Model 02006 This program is based on Fault of Failing. A Matter of Balance. Copyright 01995 Trustees of Boston University. All rights reserved Used and adapted by permission of Boston University. Paid for with ACLS Bureau. & Valley Area Agency on Aging. If you would like additional information, ples contact Abbie Mars at the Valley Area Agency on Aging at 810-239-7671, Ext 213.



Davison-Richfield Area Senior Citizens Activity Center 10135 Lapeer Rd. Davison, MI 48423

Phone: 810.658.1566





DAVISON-RICHF SENIOR CITIZENS AC IS A TOBACCO BOTH FACILITY NO SMOKING, NO VAP ANY F	TIVITY CENTER FREE ZONE! AND GROUNDS! NG & NO TOBACCO OF
I (January- December) ***	2025 Newsletter Form *** Suggested Donation \$ 20.00***
	DR CITIZENS ACTIVITY CENTER 10135 LAPEER RD., DAVISON, MI 48423 810.658.1566
FULL NAME:	BIRTHDATE:
SPOUSE FULL NAME:	BIRTHDATE:
ADDRESS:	
CITY:	STATE:ZIP:
COUNTY:	TOWNSHIP:
TELEPHONE:	CELL PHONE:
SPOUSE CELL PHONE:	AMOUNT: