Davison

News & Views



Remember~ The Center is Closed Wednesday, January 1st & Monday, January 20th, 2025!



Davison-Richfield Area Senior Citizens Activity Center 10135 Lapeer Rd. Davison 810.658.1566





The Mission of the Davison-Richfield Area Senior Citizens Activity Center is to provide, with the help of its staff and volunteers, information and a range of services, activities and volunteer opportunities which promote personal growth, health, friendship and independence for those 50 years and older in Genesee County.

Note: Remember all activities are subject to change and rescheduling. Those registered for activities that are cancelled or rescheduled will be notified. Follow us on Facebook for the most up to date information!



Staff

Authority Board Members

Dona Jenks, Davison Twp. Rep., Chairperson Stacey Kalisz, City of Davison Rep., Vice Chairperson

Barb Arsenault, City of Davison Rep., Secretary Jim Slezak, Davison Twp. Rep., Treasurer

Sue Johns, Davison Twp, Rep.

SCHEDULED MEETING DATES: 1/15/25-2/19/25-3/19/25-4/16/25-5/21/25-6/18/25-7/16/25

@ 4:30 pm Room #5 at Davison Senior Center

Kathy Davis, Executive Director Joie Hitchcock, Assistant Director Jeniel Payne, Office Clerk



WE HAVE FREE WIFI... NO PASSWORD NEEDED! NETGEAR GUEST



Office Hours Monday—Friday 8:00 a.m.—4:00 p.m.



Supplies Wish List Our Center uses many supplies on a

Our Center uses many supplies on a daily basis.
At this time we welcome donations of
Gas Cards, Copy Paper, Individual Wrap Candy,
Postage Stamps!

Flowers, although pretty for a short time, are gone far too soon. A memorial donation instead of flowers is a way to remember a friend or a family member who has been a part of the Senior Center. This will benefit the Center for a long time.

Memorial Donations

We would like to thank the businesses that are helping support our Newsletter by advertising in our booklet please call on these businesses when looking for products and services and mention to them that you saw their advertisement & please thank them for their support!

NOTE: Please scan in EVERY time you enter the senior center for what you are here for only!

If you do not have a scan card please ask the front desk for one or fill out an application and leave it in the front window.

Non-Discrimination Policy—Davison-Richfield Area Senior Citizens Activity

Center has a policy of non-discrimination in all programs, services & employment. No one shall be excluded based on race, color, national origin, sex, sexual orientation, religion, age, marital status, veteran and military status or disability unless required by the eligibility guidelines for services. Inclusiveness is a core value that drives the organization's mission of service & advocacy on behalf of older adults & individuals with disabilities.



RENTALS

The Davison-Richfield Area Senior Citizens Activity Center No Smoking—No Alcohol Allowed

Large Room = 100 Seating Small Room = 20 Seating For more information call 810.658.1566



Davison-Richfield Area Senior Citizens Activity Center Funding Sources Include...

Genesee County & The Genesee County Board of Commissioners, City of Davison, Davison Township,
Contributions, Memorial Donations & Fundraisers. We appreciate all who have made a difference.

This newsletter is fully or partially funded by The Genesee County Senior Millage Funds. Your tax dollars at work!



Coffee, Donuts & Discussion!

Come socialize at the Davison Senior Center We will have coffee made & donuts to be served... Come bring a friend & strike up conversations,

or welcome new friends...**Americana** will be here. It is a social hour in our **Room #7 at 10:00 a.m.** Have your questions ready...

Friday, January 3rd, 2025—RSVP 810-658-1566



Need a new watch battery?

No Water Resistant Watches!

1st Monday of the Month that the Center is opened!

Monday, January 6, 2025 @ 10:00—11:00 a.m.

Bring your watch to the center and get a new battery, \$3 per battery. Bonnie Weber will change the battery for you. Also, if you miss the day you can bring your watch in a Ziploc bag with a slip with your name & telephone number on it plus your \$3 and Bonnie will pick them up do them and call you when they are finished.



Art Therapy with Valley Area Agency on Aging & Flint Senior Lives Matter here at the Davison Senior Center on Wednesdays @ 10:00am for 8 weeks Starting January 8th, 2025 All Supplies included! RSVP 810-658-1566 if interested



Generation Band Dance

@ The Davison Area Senior Center

January 8, 15, 22 & 29, 2025 6:00—8:00 p.m.

\$5.00 cover charge at the door! Classic Country, Classic Rock & more...



Book Club

2nd Thursday of every month

January 9th, 2025 @ 11:00 a.m.

Here at the Davison-Richfield Area Senior



Stone Country Dance

Sunday, January 12th, 2025 @ 2:00-4:00 p.m.

\$5.00 per person at the door! Includes Dancing & Fun!

Come on out for an afternoon of good company,

good music & a fun time!



Craft Day with Sherry Picket—
Making Vision Boards—All Supplies Included!
Costs: \$1.00 per person—Wednesday, January 8th, 2025
at 10:00 a.m.

@ The Davison Senior Center—10135 Lapeer Rd.

Craft Day with Sherry Picket—January Craft □

All supplies included—Limited to 10 people!

Wednesday, January 15th, 2025 at 10:00—11:30 a.m.

@ The Davison Senior Center—10135 Lapeer Rd. Costs: \$10 pp—must pre-pay to hold your spot!

Wind Chime

BUNCO—Jan's Group 2nd Tuesday of every month January 14th, 2025—At 5:30—8:30 p.m.



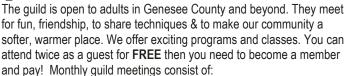
@ Davison Area Senior Center 10135 Lapeer Rd., Davison Bring your own dice, dinner & drink! \$3.00 per person-No Age Limit (\$1.00 goes for rental of room)

We are a fun group of girls—Come check us out! Any questions please call Jan 810.653.4346

Genesee Star Quilters

Meet on the third Friday of the month January 17th, 2025





Get together and setup @ 9 a.m.

~ Business Meeting @ 10 a.m. & ~ Program after lunch break.
For more information contact: webmaster@genstarguilters.org



Exercise Class with Abbie Mars

The exercise class will help you keep joint flexible & muscles strong, sleep

better, increase energy & improve your overall

outlook! It's FREE Monday, 9:15—10:00 a.m. & Wednesday, 10:00—10:45 a.m.

NO CLASS ON WEDS. 1/1/25 & MON. 1/20/25



If you have not been feeling well or have tested positive for COVID! Please be considerate and stay home until you are fully over it!

2024

LET'S NOT SPREAD
GERMS...Thanks Staff



Chair Beachball Volleyball -FREE

Thursday, 8:30 a.m.—10:00 a.m.





Circuit Training Room 4

Monday thru Thursday, 9:00 a.m.—2:00 p.m. Call for on the hour appointment times

Clogging Monday, 1:00—3:00 p.m. \$1.00 Each Time





Drums Alive Thursday, 10:00—11:00 a.m. \$6.00 Each Time

Line Dance with Katie VanPatten

Tuesday, 9:00—10:00 a.m. Absolute Beginners \$5.00 per person each time Tuesday, 10:00—11:30 a.m. Regular \$4.00 per person each time



Pickleball

Thursday, 1:00—4:00 p.m. Beginners Only! Thursday, 4:00—8:30 p.m. Regular Play- \$1.00 pp Friday, 9:00—12:00 p.m.



Shuffleboard-FREE

Tuesday, 1:00—3:30 p.m.

Table Tennis-FREE

Monday, 11:00 a.m.—12:50 p.m. Wednesday, 12:30—3:30 p.m.





Tai Chi with Josef-FREE

Friday, 1:30—3:00 p.m.







Zumba Gold Monday, 10:00—11:00 a.m.

\$6.00 per person each time



Bridge Duplicate

Tuesday, 12:00—3:30 p.m.—Room 7

Davison Decorative Art Guild

Tuesday & Thursday, 9:30—11:30 a.m.—Room 5



Euchre

Monday, 12:30—3:30 p.m.—Room 7 Friday, 5:00—8:00 p.m.—Large Room—\$3.00 pp

Hand & Foot Hand, Knee & Foot

Wednesday, 12:00 p.m.—Set-up 12:30—Play Starts—Room 7



Mah Jong



Monday, 1:00—5:00 p.m.—American—Room 5 Wednesday, 1:00—5:00 p.m.—Chinese—Room 5 Friday, 1:00—5:00 p.m.—Both Groups—Room 5

Mexican Train Dominoes

Monday, 10:00 a.m.—12:00 p.m.—Room 7



Double Deck Pinochle

Friday, 12:30 p.m.—3:30 p.m.—Room 7



Poker

Wednesday, 5:00—9:00 p.m.—Room 7



Pool Table Play

Room available when not scheduled! Scheduled Play—Monday & Thursday, 9:00 a.m.

Quiddler's Card Game

Tuesday, 1:00—3:30 p.m.—Room 5





Samba Card Game

Thursdays, 12:30—3:30 p.m.—Room 7

Sit & Stitch

Monday, 10:00 a.m.—12:00 p.m.—Room 6





Wood Carving

Monday & Friday, 9:00—11:30 a.m.—Room 5



lanuary GCCard MENU

Menu Subject to Change Based on Product Availability and Quality Standards

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Valley Area Agency On Aging To Al Things Senior	2025	CLOSED 1 HAPPY NEWYEAR	Sweet & Sour Meatballs Brown Rice Green Beans Pineapple Tidbits Flatbread Margarine 100% Fruit Juice	BBQ Chicken Tenders Spinach Yams & Apples Fresh Orange Whole Wheat Roll Margarine Milk
Pork Chops w/Mushrooms Mashed Potatoes Italian Green Beans Fresh Apple Sliced Wheat Bread Margarine Milk	7 HM Chili Whole Kernel Corn Cauliflower Fresh Pear Buttermilk Biscuit w/Honey Margarine 100% Fruit Juice	Open-Face Pot Roast Redskin Mashed Potatoes Sweet Peas Diced Peaches Texas Toast Half Margarine Milk	Chicken Caesar Wrap w/Romaine & Parmesan Cucumber Slices w/Dip Fruit Cocktail Tortilla Wrap 100% Fruit Juice	Country Style Chicken w/Gravy Chopped Broccoli Glazed Carrots Mixed Fruit Potato Roll Margarine Milk
Ham, Bacon, Frittata w/Cheese, Peppers & Onions Roasted Redskin Potatoes Warm Cinnamon Apples Mini Muffin Milk	HM Creamy Tortellini & Sausage Soup Veggie Blend Lima Beans Applesauce Corn Muffin w/Margarine 100% Fruit Juice	Roasted Chicken Breast Roasted Potatoes Italian Veggie Blend Fresh Pear Hawaiian Roll Margarine Milk	Creole Steak European Veggies Sliced Beets Golden Delicious Apple Potato Roll w/ Margarine Cookie of the Month 100% Fruit Juice	Crispy Fish Taco w/Fresh Corn Salsa Au gratin Potatoes Cole Slaw Pineapples Tortilla Shell Milk
CLOSED MARTIN LUTHER KING DAY	HM Sloppy Joes Garden Pasta Veggie Blend Broccoli Florets Apple WG Bun Margarine 100% Fruit Juice	Chef's Choice 22	HM Liver & Onions w/Gravy Mashed Potatoes Sweet Peas Applesauce Birthday Cake Biscuit w/Margarine 100% Fruit Juice	HM Artisan Mac & Cheese French Cut Green Beans Sliced Carrots Mandarin Oranges Wheat Roll Margarine Milk
HM Goulash Spinach Fried Corn Fresh Orange Margarine Milk	HM Chicken Salad Fresh HM Cucumber Salad Fresh Broccoli Bites w/Dip Diced Pears Croissant 100% Fruit Juice	Chicken Cacciatore Spaghetti Mixed Greens Golden Apple Corn Bake Margarine Milk	HM Beef Pot Pie w/Stewed Veggies Green Beans Warm Peaches Biscuit 100% Fruit Juice	Pub Burger w/Cheese Potato Wedges Veggie Blend Diced Pears Multi-Grain Bun Ketchup & Mustard Milk

Suggested Cost:

60 yrs. old & older Genesee Resident = \$3.00 per person - Under 60 yrs. old & Non-Genesee Resident = \$6.00 per person

Senior Medical Transport with Liaison Support Program in partnership with the Genesee County Family Service Agency Office of Senior Services, Family Service Agency now offers a program available to Genesee County Seniors unlike anything before: Transport from your home to your medical appointment—Liaison support at and during your medical appointment—Transport to the pharmacy or grocery for dietary needs following your appointment—Follow-up appointment transportation—Out-of-county specialist transportation. Call to schedule your ride: Barb McCarius, Program Coordinator 810-285-3583





Let's Walk—Indoor Walking

Monday—Friday @ 8am to 10am

Pennies for Projects-We are collecting pennies at the Senior Center! Everyone has pennies laying around, we are asking for you to donate them to the Senior Center. The donation jar is on the front office counter, just drop them in! We will use the money for new items we need around the center.

Pennies, Nickels, Dimes, Quarters & Bills...Also accepted! Thanks! To all the people that have donated

Donations to the Center, is greatly appreciated!

We are needing Gas Cards, Lysol Wipes, Postage

Stamps, Regular Coffee & Individual

Wrapped Candy!



Yarn Donations Accepted here at the Senior Center! We also have an abundance of yarn so if you have a project

you are in need of yarn please come and look & take from the center's supply! - FREE



Remember if the Davison Schools are <u>CLOSED due to the weather</u>... The Davison Senior Center will be <u>CLOSED also!</u>



Before adventuring out, check your local TV Channels 12 & 25 it will be posted on there!



DO NOT Call the center because the telephones will not be answered and remember

All Programs, Classes & Lunches will be cancelled for the whole day!



Tax Time—AARP will be doing income taxes again this year at the Davison Senior Center on

Wednesdays between 9am—3pm, starting January 29th, 2025 We are now taking appointments Call 810-658-1566

Genesee County Senior Millage Telephone Intake and Screening Program

The Telephone Intake and Screening Program is funded by the Genesee County Senior Millage and is open to individuals age 60 and older that live in Genesee County. The Valley Area Agency on Aging Telephone Intake and Screening Program will provide screening for all seniors in an effort to mainstream and utilize all programs and services available to seniors in Genesee County.

Hours of operation: Monday-Friday 8 am–5 pm **Telephone Number:** 1-810-249-6531

Answers, Action, & Advocacy For All Things Senior "These programs and/or services are fully or partially funded by the Genesee County Senior Millage. Your tax dollars at work."

KISS—Keeping Independent Seniors Safe

A program for seniors 62 and older. The KISS program is a telephonic reassurance system that keeps seniors and their loved ones worry-free. Participants in the KISS program can call the KISS office or receive a telephone call every Monday through Friday between the hours of 8:00 a.m. and 12:00 p.m. to make sure that the participant is alright. Special arrangements can be made for participants that need weekend coverage. For more information on the KISS program please call 810.239.7671

The KISS program is sponsored by the VAAA The KISS program is funded in part by grants from United Way

988 Suicide & Crisis Lifeline

"988" is the three-digit, nationwide phone number to connect directly to the 988 Suicide and Crisis Lifeline. The 988 Suicide & Crisis Lifeline is for those who are experiencing suicidal or mental health crises. You can call, chat or text "988" 24/7 if you or a loved one are in a suicidal or mental health-related crisis.

Your Connection to Consumers Protection

Contact the consumer protection team, through the State of Michigan Attorney Generals Office, to file a complaint or ask questions. Reach their office online at mi.gov/agcomplaints or by phone at 877.765.8388.

Do Not Call Registry 888.382.1222

Incontinence Supplies—10 a.m. to 2 p.m. Only!

The Center has donated incontinence supplies, which are given out FREE of charge. Sizes and quantities are limited. Call the center for availability at 810-658-1566.

The center accepts supplies also as long as they are not opened!



Loan Closet - 10 a.m. to 2 p.m. Only!

We have donated equipment available for you to borrow—Bath seats, canes, crutches, toilet seat raisers, walkers & wheelchairs.

We ask for a <u>\$25 CASH</u> deposit & a waiver to be signed. You will receive your \$25 back upon returning the items!



Genesee County Department of Veterans Services— Veterans 50 yrs. & older



January 24th, 2025 @ 10am to 3:30pm

@ Davison Area Senior Center 10135 Lapeer Rd., Davison, MI

1/2 hr. appointments-Call to make your appointment 810.658.1566

Benefit Services Include:

- **Disability Compensation**
- Pension Benefits
- Federal Burial Benefits
- **VA Home Loans**
- Additional Services Provided at their office-@1101 Beach St., Flint, MI 48502 810-257-3068

County burial benefits, Emergent Need Grant applications, PTSD Counseling, Legal Services, Transportation

Documents Needed:

- DD214 (Separation paper)
- Marriage Certificate
- Copy of Driver's License

We want to make sure veterans 50 years and older are receiving all of the benefits you should be receiving because of your service to our country? Call your local Senior Centers to schedule an appointment to make sure you are receiving all of the benefits you are entitled to.

SUDOKU PUZZLE

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				2	8			

Please remember to update your contact information if anything has changed in this last year...We need to have updated information in our My Senior Center System in case of emergencies! Thank You Staff!



Senior Centers Library

Our library here at the senior center Hours—8:00 a.m.—3:00 p.m.



We take donations of books to our library but they must be clean! and must have a copyright date of 2013 and newer! Any donations must get the okay from the front office first!



Our Library is CLOSED all day on Fridays!



TAKE THE PATH TO BETTER HEALTH

You are invited to participate in a free 5-week workshop—Learn to manage your ongoing health

condition, so you can improve your health & feel better!



Michigan's version of the award-winning Stanford Chronic Disease Self-management Program Diabetes PATH (Personal Action Towards Health) is designed to help people living with Type 2 Diabetes and their support system live a healthier life. In this workshop, YOU can:

- -Manage everyday activities by making an action plan
- -Avoid Complications
- -Learn to balance your blood sugar
- -Improve your communication skills with your family and your health care
- -Understand the importance of monitoring your blood sugar
- -Manage symptoms and decrease stress
- -Improve your overall health and increase your energy!

Davison Area Senior Center 10135 Lapeer Rd., Davison, MI 48423 810-658-1566 February 27—March 27, 2025 1:00-3:30pm

Workshops are FREE, led by qualified leaders, and a snack is provided at each session. Paid for funds by the Valley Area Agency on Aging and Aging and Adult Services Agency. For more information, call Abbie Mars, Health & Wellness Program Manager, VAAA at (810) 600-0633.

> RSVP 810-658-1566 So we have a count!





AdvisaCare Home Health & Hospice - Presents FREE Blood Pressure Screenings here at the Davison Senior Center from 12:30 to 1:00 pm in our lobby on the 3rd Thursday of every month. You will receive a blood pressure log and be able to ask questions to the nurse while learning about available services in your community! No appointment needed, just walk in!



MONDAY—FRIDAY 8:00 AM ~ 4:00 PM **OFFICE HOURS**

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	SAT.			<u></u>
	FRIDAY	Library Closed All Day! 8:00 Walking 9:00 Wood Carving Group 9:00 Pickleball Play 10:00 Coffee, Donuts & Discussion 12:00 Lunch 12:30 Double Pinochle 1:00 Mah Jong 1:30 Tai Chi 5:00 Euchre	Library Closed All Day! 8:00 Walking 9:00 Wood Carving Group 9:00 Pickleball Play 12:00 Lunch 12:30 Double Pinochle 1:00 Mah Jong 1:30 Tai Chi 5:00 Euchre	Library Closed All Day! 9-11am Commodities Curbside Pickup 9:00 Genesee Star Quilters 9:00 Wood Carving Group 9:00 NO Pickleball 12:30 Double Pinochle
101	THURSDAY	8:00 Walking 8:30 Chair Volleyball 9:00 Yoga with Lois 9:00 Pool Table Play 9:30 Decorative Art Guild 10:00 Drums Alive Class 12:00 Lunch 12:30 Sumba Card Game 1:00 Beginner Pickleball 4:00 Regular Pickleball	8:00 Walking 8:30 Chair Volleyball 9:00 Yoga with Lois 9:00 Pool Table Play 9:30 Decorative Art Guild 10:00 Alzheimer's Support 10:00 Drums Alive Class 11:00 Book Club Meeting 12:00 Lunch 12:30 Samba Card Game 12:00 Regular Pickleball	8:00 Walking 8:30 Chair Volleyball 9:00 Yoga with Lois 9:00 Pool Table Play 9:30 Decorative Art Guild 10:00 Drums Alive Class 12:00 Lunch 12:30 Blood Pressure Clinic with AdvisaCare Nurse
T	WEDNESDAY	CLUSED A New Year! A New START!	8:00 Walking 10:00 Abbie's Exercise Class 10:00 Craft Day with Sherry 12:00 Lunch 12:30 Hand & Foot 12:30 Table Tennis 1:00 Mah Jong 5:00 Poker 6:00 Generation Band Dance	8:00 Walking 10:00 Abbie's Exercise Class 10:00 Craft Day with Sherry 12:00 Lunch 12:30 Hand & Foot 12:30 Table Tennis 1:00 Mah Jong
	TUESDAY		8:00 Walking 9:00 MMAP Appointments 9:00 Beginners Line Dance 9:30 Decorative Art Guild 10:00 Regular Line Dancing 12:00 Bridge 12:00 Lunch 1:00 Quiddler's Card Game 1:00 Shuffleboard 4:30 Grief Support Mtg.	8:00 Walking 9:00 Beginners Line Dance 9:30 Decorative Art Guild 10:00 Regular Line Dancing 10:30 Parkinson Support 12:00 Bridge 12:00 Lunch 1:00 Quiddler's Card Game
6:00 AIM ~ 4:00 IM	MONDAY		8:00 Walking 9:00 Wood Carving Group 9:00 Pool Table Play 9:15 Abbie's Exercise Class 10:00 Watch Battery Day! 10:00 Sit & Stitch Group 10:00 Aexican Train Dominoes 10:00 Zumba Gold 11:00 Table Tennis 12:00 Lunch 12:30 Euchre 1:00 Clogging	8:00 Walking 9:00 Wood Carving Group 9:00 Pool Table Play 9:15 Abbie's Exercise Class 10:00 Sit & Stitch Group 10:00 Mexican Train Dominoes 10:00 Zumba Gold 11:00 Table Tennis
0:00 AIVI	SUNDAY		ra	Stone Country Dance 2 -4 pm





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1:00 Mah Jong 1:30 Tai Chi <u>in Room G</u> 5:00 Euchre	24 Library Closed All Day! 9:00 Wood Carving Group 9:00 Pickleball 12:00 Lunch 12:30 Double Pinochle 1:00 Mah Jong 1:30 Tai Chi 5:00 Euchre	31 Library Closed All Day! 9:00 Wood Carving 9:00 Pickleball 12:00 Lunch 12:30 Double Pinochle 1:00 Mah Jong 1:30 Tai Chi 5:00 Euchre
12:30 Samba Card Game 1:00 Beginner Pickleball 4:00 Regular Pickleball	8:00 Walking 8:30 Chair Volleyball 9:00 Yoga with Lois 9:00 Pool Table Play 9:30 Decorative Art Guild 10:00 Drums Alive Class 12:00 Lunch 12:30 Samba Card Game 1:00 Beginner Pickleball 4:00 Regular Pickleball	8:00 Walking 8:30 Chair Volleyball 9:00 Yoga with Lois 9:00 Pool Table Play 9:30 Decorative Art Guild 10:00 Drums Alive Class 12:00 Lunch 12:30 Samba Card Game 1:00 Beginner Pickleball 4:00 Regular Pickleball
4:30 Authority Board Mtg. 5:00 Poker 6:00 Generation Band Dance	8:00 Walking 10:00 Abbie's Exercise Class 12:00 Lunch 12:30 Hand & Foot 12:30 Table Tennis 1:00 Mah Jong 5:00 Poker 6:00 Generation Band Dance	8:00 Walking 10:00 Abbie's Exercise Class 12:00 Lunch 12:30 Hand & Foot 12:30 Hand, Knee & Foot 12:30 Table Tennis 1:00 Mah Jong 5:00 Poker 6:00 Generation Band Dance
1:00 Shuffleboard 4:30 Grief Support 5:00 Bunco Jan's Group	8:00 Walking 9:00 Beginners Line Dance 9:00 MMAP Appointments 9:30 Decorative Art Guild 10:00 Regular Line Dancing 12:00 Bridge 12:00 Lunch 1:00 Shuffleboard 4:30 Grief Support Mtg.	
12:30 Lunch 12:30 Euchre 1:00 Mah Jong-American 1:00 Clogging	CLOSED *** Martin Luther King Jr. Day	8:00 Walking 9:00 Legal Services of Eastern MI 9:00 Wood Carving Group 9:00 Wood Carving Group 9:00 Pool Table Play 9:15 Abbie's Exercise Class 10:00 Sit & Stitch Group 10:00 Sumba Gold 11:00 Table Tennis 12:00 Lunch 12:30 Euchre 1:00 Clogging
	<u> </u>	26

We all have different personalities and behaviors. It is what makes us who we are! In a large group of people sometimes our unique qualities will clash with one another. At the Davison-Richfield Area Activity Center everyone is <u>expected</u> to treat each other with <u>respect.</u> Keep hurtful opinions to Senior Citizens

yourself. When confronted with inappropriate behavior please bring it to the attention of the staff to be dealt with. We have a beautiful facility and wonderful people attending. When everyone works together and respects each other we maintain this beautiful quality

GCCARD Daily Lunch 12:00 Noon Monday—Friday

Must call the center 810.658.1566 one day in advance by 12 pm to sign-up for lunch, reservations for Mondays must be made by 12 pm on the prior Friday. A requested donation of \$3.00 for anyone 60 yrs. and over that lives in Genesee County & \$6.00 for anyone under 60 yrs. and lives outside of Genesee County!

Commodity Supplemental Food-Curbside pick-up! Friday, January 17, 2025 9:00—11:00 a.m. ONLY

This senior food program follows the federal income guideline of a Family of 1 = \$1,632 & a Family of 2 = \$2,215. Available to people 60 years or older!

You must fill out an application & prove your income & get the approval before receiving it.

TeFAP Commodity Program—Curbside pick-up! Given out quarterly—4 Times a year March, June, September & December

This is an additional food program with income eligibility guidelines for 60 years of age & older with a household size of 1 = \$2,510 a month & a household size of 2 = \$3.407 a month.

Home Delivered Meals (Meals on Wheels)

Home Delivered Meals are available to any Genesee County resident 60 years of age or older who is incapacitated due to illness, surgery, physical handicap or advancing age, AND is unable to prepare their own meals, AND is without support of family, friends or neighbors for meal preparation. Meals are available up to seven (7) days per week.

Call 810.235.3567 to schedule it.



The 1st Thursday of every month Davison Bakery donates birthday cake to celebrate

the people with birthdays for the month! People that reserve lunches on the 1st Thursday of the month will get a piece of **FREE** birthday cake from the Davison Bakery!



331 N. Main St., Davison 810-658-7777



Legal Services of Eastern Michigan

Zach Pelech from Legal Service of Eastern Michigan
January 27, 2025 @ 9:00 am -12:00 pm to help with your
legal problems! Services Include: Consumer Issues,
Housing Complaints, Family Law, Domestic Violence,
Employment Issues, Public Benefits, Wills, Durable Power-of
-Attorney for Finances, Durable Power-of-Attorney for
Healthcare, Medicaid Planning, Social Security,
Income Tax Issues, Nursing Home Issues. Do
Not Offer: Trusts, Criminal Matters, Personal
Injury, Financial or Business Advice. Must call

and make appointments @ 810.658.1566



Highway To Health—Transportation to medical appointments outside Genesee County—Open to all Genesee County Residents—Veterans Welcome!

Rides available weekdays to Ann Arbor, Saginaw, Lansing & the Detroit area. Wheelchair lift-equipped vehicle.

Fees based on income and Medicaid accepted.

Scheduling is done on a first-call, first-serve basis following intake.

Call 810.767.5922 to schedule Jewish Community Services, Flint Jewish Federation



5080 W. Bristol Rd., Ste. 3, Flint, MI 48507 www.jcsflint.org

Local Transportation

Open to all Genesee County residents age 60 and over or residents of any age with disabilities or mobility problems.

Door thru door transportation **Suggested Fee:** \$4.00 round-trip **Call:** 810.767.5922

to schedule transportation

Jewish Community Services ,Flint Jewish Federation 5080 W. Bristol Rd., Ste. 3, Flint, MI 48507—www.jcsflint.org



Funded by the Flint Mass Transportation Authority and the Flint Jewish Federation The mission of JCS is to provide social services and support for Jewish, ethnic & general populations.



Puzzles—Senior Center will take donations of puzzles and puzzles are here to take home to do.

Thank You!



Save the "Our Family UPC barcodes" from VG's and help the senior center earn money! Through the Direct Your Labels program we can raise money

simply by doing something we all do each week-going to the grocery store. Every time you shop at any local store carrying Our Family brand products, clip and save your UPC barcodes. Every time we collect 500 UPC barcodes, we can turn them into a \$25 check for the senior center. With your support and more than 2,000 Our Family brand products available to purchase, there is no limit to the amount of labels we can collect. Drop off your labels in the box in the lobby labeled Direct you labels! Thank you for your support to the senior center.

Senior Astronomers w/Bob Kren—Come join Bob as he meets with seniors across the county to discuss their shared passion for astronomy.



Meetings take place the

third Wednesday of each month @ 10am.

Schedule as follows-

Swartz Creek Area Senior Center January 15th February 19th Grand Blanc Senior Center **Davison Senior Center** March 19th

Members will also schedule dates for evening Observations!



Vets to Wellness-

Don't let your lack of transportation keep you

from getting to your wellness appointments!



Eligible Riders:

- Veterans with an honorable discharge(DD214 required)
- Spouse of the veteran
- Unmarried spouse of a deceased veteran
- Must live in Genesee County
- Must be pre-approved for C & P exams

Genesee County Wellness Locations:

Doctor's Appointments Pharmacv **Grocery Store** Farmer's Market Dept. of Veterans Services C & P exams (in & out of

County) ~ Veterans only

Contact Department of Veterans Services @ 810-257-3068 To establish eligibility for **FREE** rides.

Your local Senior Center can assist you with getting your documents to us via or email.



We are in <u>NEED</u> of Meet & Greet Sub—Volunteers 9:00 a.m. to 12:00 p.m. or 12:00 p.m. to 3:00 p.m.

Our Meet & Greet volunteers sit at the desk in our lobby and help people with the scan card sign-ins, answers telephone calls when needed, help show people where to go in the building for programs, etc.

If you are interested in volunteering please call 810.658.1566



VOLUNTEERS NEEDED We are in need



of Volunteer Drivers here at our senior center. You will have to fill out a l-chat form. we will need a copy of your license & you will need to sign a driver information sheet. You use the centers vehicle & take our seniors places around the Davison School District. The Rides cost \$4 each way. You collect the money and turn it into the center. If you are interested in volunteering one

> day a week give us a call at 810-658-1566 Ask for Jeniel.

Charter Senior Living of Davison

Presents Little Debbie Bingo @ the Davison Senior Center 10135 Lapeer Rd., Davison



March 18th, 2025 @ 11:00 am

Room 6

Please help us celebrate spring with Little Debbie Bingo. We will be playing bingo and winners will receive boxes of Little Debbie Snack Cakes. We will have a variety and the Spring flavors will be available. Last game will be a coverall with a special Little Debbie Door Prize.



Sponsored by: Charter Senior Living Davison—Cheryl St. Charles

RSVP 810-658-1566 so we have a count!

ELDER ABUSE - Office of Sheriff—If you suspect elder abuse or exploitation, please call ELDER ABUSE HOTLINE 810-257-3422—Senior Safety Tips: Never give out personal information over the phone, including birth date, social security number and account numbers. Do not throw paperwork containing sensitive information in the trash, shred it. Never let strangers in the house to use the phone.







Transportation—Monday thru FridayWe have a vehicle available to bring you to and from (healthy) medical visits, pharmacy,

and grocery shopping in the <u>Davison Area Only</u>. We have volunteer drivers so we have to check with them before we can confirm rides! You must call the day before to schedule a ride by 12:00 p.m. <u>Cost: \$4.00 each way</u>

The vehicle is <u>NOT</u> handicap accessible

Requirements for the transportation services ~
Must be 60 years of age or older, must be able to get into vehicle independently, must complete a senior center participation form!

Alzheimer's Support Group—FREE
January 9, 2025 @ 10:00 a.m.—12:00 p.m.
The Alzheimer's Support Group is open to anyone caring for a family member or a friend with Alzheimer's Disease or some form of dementia. For more information call Bonnie Guith @ 810.869.4722 or Kathy Davis @ 810.658.1566

Grief Support—FREE

Tuesdays, 4:30-6:30 p.m.—Room 6 If interested call 810.496.8625 and leave a message.



Parkinson's Disease Support Group—FREE

January 14th, 2025 @ 10:30 a.m.—12:00 p.m.

We understand the need to share common experiences and to gain the support of others in similar health situations. If you or a loved one are facing the challenges of Parkinson's, make plans now to join us for one of our helpful support group meetings to gain valuable insight and learn more about the disease. If interested in coming call 810.658.1566 to get on the list.

MMAP—Michigan Medicare/Medicaid Assistance Program

1st & 3rd Tuesday of every month from 9:00am to 3:00pm here at the Davison Area Senior Center

This program is a service that can help you make health insurance decisions. MMAP's mission is to educate, counsel & empower Medicare beneficiaries and those who serve them so that they can make informed health decisions. Our counselor will help with all MDHHS issues, problems, etc. call for an appointment 810-658-1566 or MMAP, Inc. at 1-800-803-7174 for assistance all year round.

The Davison-Richfield Area Senior Citizens Activity Center acts only as an agent for the independent suppliers that provide hotel accommodations, transportation, sightseeing activities, or other services connected with these tours. All such services are subject to the terms and conditions of those suppliers. Davison-Richfield Area Senior Citizens Activity Center, its employees, agents, directors and representatives are not responsible for any injury, damages, expenses, or losses of any kind sustained by any person as a result of participation in these tours.

Cancellation Policy

Cancellation of any trip if subject to a refund—will have a \$5.00 cancellation fee from the Davison-Richfield Area Senior Citizens Activity Center. Cancellation on the day of the trips or NO SHOWS! No Refunds...No Exceptions!

Trip flyers may be picked up at the Davison-Richfield Area Senior Citizens Activity Center. Overnight prices are based on double occupancy.

Trip reservations are not guaranteed until payment is received. To avoid waiting lists or finding out that a trip has been cancelled, sigh up early! Travel programs have registration deadlines! At deadline time, the trip will be cancelled if we do not have enough committed travelers or you may have to drive to a different pick-up spot!

Please arrive 15-20 minutes before departure time

for all trips and PLEASE park your vehicles in our trip parking lot, the bus will pick you up over there!

Note: All person traveling to Canada must have a passport or an enhanced driver's license. All casino packages are subject to change without notice. Proper identification & Social Security Card are required to collect prizes over the amount of \$1,199.

2025 TRIPS

Sunny San Diego & So Cal Highlights with Premier World Discovery February 20-26, 2025—\$3,549.00 per person/dbl

Tour Highlights: 5 Nights in San Diego at one hotel, Old Town San Diego, San Diego City Tour, USS Midway Museum, San Diego Harbor Cruise, Palm Springs City Tour, Temecula



Valley Wine Tasting, San Diego Zoo with Guided Bus Tour, Pacific Surfliner Train, Mission San Juan Capistrano, La Jolla, Coronado Island. Inclusions: Roundtrip Airfare—DTW, Roundtrip Transfers—DTW, 8 Meals: 5 Breakfasts & 3 Dinners, Professional Tour Director, Motorcoach Transportation, Admissions per Itinerary, Sightseeing per Itinerary, Baggage Handling at Hotels. Accommodations: 5 Nights—Embassy Suites San Diego Bay Downtown or Hilton Garden Inn San Diego Old Town, San Diego. Tour Activity Level: 3



Detroit Institute of Arts with a taste of Polonia!

with Route 23

Wednesday, March 19, 2025

\$95.00 per person

Trip Includes: Round trip motor coach transportation to Detroit, Admission & Tour of the Detroit Institute of Art. & Lunch at Polonia's. **Departs:** 8:30am



Approx Return: 4:30pm.

Firekeepers Casino with Route 23



Tuesday, April 8th, 2025— \$55.00 per person

Trip Includes: Round trip motor

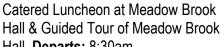
coach transportation to Battle Creek, Michigan, 4 hours of gaming at Firekeepers Casino with each person to get back \$20 in gaming & \$5 in food from the casino with extra specials for Senior Day! Departs: 8:00am Approx Return: 4:00pm

Auto Barons Mansion Tour with Route 23 Tuesday, April 15th, 2025—\$114.00 per person

Trip Includes: Round trip deluxe motor coach transportation. Guided Tour of the Ford House, Free time to



Explore Exhibits & The Shop at the Ford House Visitor Center, Gourmet



Hall. **Departs:** 8:30am





Frederik Meijer Gardens & Sculpture Park—Butterflies Are Blooming! Featuring: Gerald R. Ford Museum with Route 23

Tuesday, April 22nd, 2025—\$89.00 per person Trip Includes: Round trip motor coach transportation to



Grand Rapids, Michigan, Admission to Butterflies Are Blooming at Frederik Meijer Gardens & Sculpture Park, Free

time for lunch at the Meijer Gardens Café and Gift Shop. Admission and Self Guided Tour of the Gerald R. Ford Museum. **Departs:** 8:00am.



Great Trains & Grand Canyons with Premier World Discovery May 4-10, 2025—\$3,549 per person/dbl

Highlights: Two Rail Journeys—Grand Canyon Railway, Verde Canyon Railroad, Grand Canyon National Park, Oak Creek



Canyon, Sedona Trolley Tour, Chapel of the Holy Cross, Tlaquepaque & Uptown Sedona, Montezuma Castle, Jerome, Chuckwagon Supper & Show. Inclusions: Roundtrip Airfare—DTW, Roundtrip Transfers—DTW, 5 Nights Hotel Accommodations, 8 Meals-5 Breakfasts & 3 Dinners, Professional Tour Director, Motorcoach Transportation, Sightseeing per Itinerary, Admissions per Itinerary, Hotel Transfers, Baggage Handling at Hotels. Accommodations: 5 Nights—Hilton Sedona Resort, Sedona Courtyard by Marriott, Poco Diablo Resort or Element Sedona. Tour Activity Level: 2

Holland Tulip Festival & Saugatuck with Route 23 May 8th, 2025—\$154.00 per person

Trip Includes: Round trip motor coach transportation to Holland, Michigan,

Admission and Free Time at Veldheer Tulip

Gardens, Lunch at Coral Gables Restaurant, Free time downtown Saugatuck, Ride on the Saugatuck Dune Rides. Departs: 7:15am Approx Return: 8:15pm.

Great Canadian Cities with Shoreline Tours Gananoque & 1000 Islands—Montreal-Quebec City— Ottawa "Capital of Canada" May 11-18, 2025—\$3,099.00 per person/dbl

Note: A Passport, Pass Card, or Enhanced Drivers License is required for travel into Canada & re-entry to the

U.S. Tour Includes: Modern Motorcoach Transportation, 1 Night Gananoque, 2 Nights Montreal, 2 Nights Quebec City, 2 Nights Ottawa, 5 Breakfast—1 Lunch—3 Dinners,



1000 Island Cruise with Lunch, Montreal Sightseeing Tour, Norte-Dame Basilica, St. Joseph's Oratory, Mount Royal, Ste. Anne de Beaupre, Montmorency Falls, Sightseeing Tour of Quebec City, Rideau Canal Dinner Crise, Sightseeing Tour of Ottawa, Byward Market, Luggage Handling, Tax & Tip on Included Meals, All Gratuities for Step-on Guides. Deposit of \$500 per



Continued—person at time of registration. Final Payment Due Date March 18, 2025. Cancellation Protection \$250 per person.

Taste of Michigan's Sunrise Side with Route 23 Thursday, June 19, 2025—\$119.00 per person

Trip Includes: Round trip motor coach transportation to Northeast Michigan, a stop for a breakfast on your own at The Rose City Café, Dinner at Iva's Famous Chicken Dinners (includes: Chicken Family Style Dinner with all the fixings, N/A Beverage Service, and Ice Cream for



Dessert), Stop at Fairview Organic Maple Syrup, Stop at Amish Creamery, Wine Tasting at Rose Valley Winery (Includes: 6 Wine Tastings). Stop at Sherri's Candies.

Departs: 7:45am Approx Return: 8:30pm

Mississippi River Cruise with Shoreline Tours July 14-17, 2025—\$1,399.00 per person/dbl

Tour Includes: Modern motor coach transportation, 1 Night— Moline, Illinois, 2 Nights— Dubuque, Iowa, 3 Breakfasts—1 Lunch—2 Dinners, Celebration Belle Mississippi River Cruise,



All Day Cruise on Mighty Mississippi, National Mississippi River Museum & Aquarium, Field of Dreams Movie Site, New Melleray Abbey Monastery, Luggage Handling, All tax & tips on included meals. Deposit of \$200 per person at time of registration with balance due 5/14/25. Cancellation Protection \$115 per person at registration.

Cape Cod & Martha's Vineyard with a Salem Witch Experience with Shoreline Tours September 12-19, 2025—\$2,799 per person/dbl

September 12-19, 2025—\$2,799 per person/dbl

Tour Includes: Modern motor coach transportation, 2 Nights—Pennsylvania To/From, 2 Nights—Salem, MA area, 3 Nights—Cape Cod, Red Jacket Oceanfront Resort, 7 Breakfasts—4



Dinners, Bill's Bike Barn, Salem Historic Trolley, Salem Witch Museum, House of 7 Gables, Peabody Essex Museum, Tour of Cape Cod—Hyannis, Provincetown Whale Watch Cruise, Roundtrip Ferry—Martha's Vineyard, Tour of Martha's Vineyard, New Bedford Whaling Museum, Houdini Museum & Magic Shoe, Tax & tip on included meals, Luggage Handling, Gratuities for all

Continued—step on guides. Deposit of \$200 per person at time of registration with balance due 6/12/25. Cancellation Protection \$175 per person.

Iceland Explorer with Premier World Discovery September 17-24, 2025—\$5,125.00 per person/dbl

Tour Highlights: 5 Nights at One Hotel—Reykjavik, Reykjavik City Tour, Blue Lagoon, Golden Circle Tour, National Museum, Strokkur Geyser & Gullfoss/Golden Falls, Hot Spring Bread



Experience, Thingvellir National Park, South Coast Tour, Skogar Folk Museum, Skogafoss Waterfall, Keflavik & Bessastadir, Viking Ship Museum, Lake Kleifarvatn.

Inclusions: Roundtrip Airfare—DTW, Roundtrip Transfers—DTW, Int'l Air Departure Taxes/Fuel, 8 Meals: 5 Breakfasts, 1 Lunch & 2 Dinners, Professional Tour Director, Motorcoach Transportation, Admissions per Itinerary, Sightseeing per Itinerary, Baggage Handling at Hotels. Accommodations: 5 Nights—Grand Hotel Reykjavik, Iceland Air Hotel Marina or Foss Hotel, Reykjavik, Iceland. Tour Activity Level: 3

Shipshewana Amish Backroads Brown Bag Tour with Route 23

Thursday, September 18, 2025—\$145.00 per person Tour Include: Round trip motor coach transportation to

Shipshewana, Indiana, Step on Guided Tour of Shipshewana Amish Backroads by Karleen Richter, Brown Bag with Amish goodies, Thresher's Amish Family Style



Luncheon, shopping at an Amish Bulk Food Store, Stop at a Woodworking shop specializing in unique wooden baskets, Stop at an Amish Bakery, Stop at an Amish Leather Craftsman specializing in exotic leathers. **Departs:** 7:30am

Rails, Riverboats & The Pocono Mountains with Shoreline Tours

October 13-17, 2025—\$1,899.00 per person/dbl

Tour Includes: Modern motor coach transportation, 4-Nights Lodging, 4-Breakfast—3 Lunches—2 Dinners, Jim Thorpe Trolley Tour, Linda Ronstadt



Tribute @ Penn's Peak, Lehigh Gorge Scenic Railway, American on Wheels Museum, American Treasure Museum, Colebrookedale Railroad Lunch Train, Valley Forge National Park, Gettysburg Visitor Center & Guided Tour of Gettysburg Battlefield, Luggage Handling *May not be available at all hotels*, Tax & tips on included meals, Gratuities for Step on

Continued—Guides. Deposit of \$200 per person at time of registration with balance due 8/13/25. Cancellation Protection \$145 per person.

Albuquerque Balloon Fiesta & Santa Fe with Premier World Discovery October 3-9, 2025—\$3.675.00 per person/dbl

Tour Highlights: Albuquerque Balloon Fiesta—Dawn Patrol & Balloon Glow, Old Town, Albuquerque, 3 Nights in Santa Fe, Indian Pueblo Cultural Center, Los



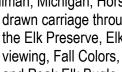
Alamos Science Museum, Santa Fe City Tour, Loretto Chapel, Taos Pueblo, Taos, Hight Road to Taos.

Inclusions: Roundtrip Airfare—DTW, Roundtrip Transfers— DTW. 7 Meals: 5 Breakfasts & 2 Dinners. Professional Tour Director, Motorcoach Transportation, Admissions per Itinerary, Sightseeing per Itinerary, Baggage Handling at Hotels. Accommodations: 2—Albuquerque Marriott, Doubletree or Crowne Plaza, Albuquerque, 3—Inn of the Governors, Doubletree by Hilton or Hilton, Santa Fe. Tour **Activity Level: 3**

Thunder Bay Elk Viewing Meal & Carriage Ride Also featuring Northeast Michigan's Fall Colors with Route 23

Thursday, October 9, 2025—\$229.00 per person

Trip Includes: Deluxe motor coach transportation to Hillman, Michigan, Horse





and Peak Elk Bugle season, A 5 course gourmet meal and wine tasting.

Departs: 7:30am

Soaring Eagle Casino with Uncle John's Cider Mill with Route 23

Wednesday, October 22, 2025—\$55.00 per person



Trip Includes: Round trip motor coach transportation to Mt. Pleasant, Michigan, 4.5 hours of gaming at Soaring Eagle

Casino & Resort, Each

person to get back \$20 in gaming, \$10 in food, & \$10 Bingo Bucks which are only

valid for the 1:30pm matinee session, & visit Uncle John's Cider Mill. **Departs:** 9:30am **Approx Return:** 7:15pm.

SUDOKU ANSWER KEY

3	1	6	5	4	9	8	2	7
4	8	9	6	7	2	5	3	1
7	5	2	8	3	1	6	4	9
6	9	1	2	8	4	7	5	3
5	4	7	3	9	6	2	1	8
2	3	8	1	5	7	4	9	6
8	7	3	4	1	5	9	6	2
9	2	4	7	6	3	1	8	5
1	6	5	9	2	8	3	7	4



We are looking to supply our library here at the Davison Senior Center with recent magazines. ONLY Current magazines! So if you get a magazine and you are done with it bring it in to the center and we will put it in our library so other people can read it and enjoy it also.

DO YOU HAVE CONCERNS about falling?



Many older adults experience concerns about falling and restrict their activities. A MATTER OF BALANCE is an award-winning program designed to manage falls and increase activity levels.

This program emphasizes practical strategies to manage falls.

YOU WILL LEARN TO:

- · view falls as controllable
- · set goals for increasing activity · make changes to reduce fall
- risks at home · exercise to increase strength

WHO SHOULD ATTEND?

- · anyone concerned about falls
- anyone interested in improving balance, flexibility and strength
- anyone who has fallen in the
- anyone who has restricted activities because of falling

Location: Davison Area Senior Center

1:00pm - 2:00pm

Monday, February 10, 2025 Monday, February 24, 2025 Monday, February 24, 202 Monday, March 3, 2025 Monday, March 10, 2025 Monday, March 17, 2025 Monday, March 24, 2025 Monday, March 31, 2025 Monday, April 7, 2025 ** No class on February 17 – Presidents Day!!

Classes are conducted over eight sessions, meeting once a week, one hour per session.

To sign up for the class please contact Davison Senior Center. Space is limited.



Matter of Balance: Managing Concerns About Falls Volunteer Lay Leader Model ©2006 his program is based on Fear of Falling: A Matter of Balance. Copyright ©1995 Trustees of Boston University

Paid for with ACLS Bureau. & Valley Area Agency on Aging. If you would like additi-contact Abbie Mars at the Valley Area Agency on Aging at 810-239-7671, Ext 213.



Davison-Richfield Area Senior Citizens Activity Center 10135 Lapeer Rd. Davison, MI 48423

Phone: 810.658.1566

We are on the web! www.davison-sc.org



PRST STD U.S. Postage PAID Davison, MI Permit No. 28



CASH OR CHECK ONLY!

(January- December) **** 2025 Ne	ewsletter Form ***	Suggested Donation \$ 20	<u>0.00</u> ***
DAVISON-RICHFIELD AREA SENIOR CITIZENS AC	CTIVITY CENTER 10135 LAPEER	RRD., DAVISON, MI 48423 810	.658.1566
FULL NAME:	BIRTHDATE	<u> </u>	
SPOUSE FULL NAME:	BIRTHDATE	:	
ADDRESS:			
CITY:	STATE:	ZIP:	
COUNTY:	TOWNSHIP:		
TELEPHONE:	CELL PHONE:		4
SPOUSE CELL PHONE:	AMOUNT:		21.